



Women
by Design

February 2012

Noland Road Baptist Church | 4505 S. Noland Road | Independence, MO 64055 | 816-373-0106 | nolandroadbaptist.org

PRAY WITHOUT CEASING

First Thessalonians 5:17 says: “**Pray without ceasing**” (KJV, NKJV, ESV, NASB), “**Pray continually**” (NIV), “**Pray all the time**” (The Message). No matter which version of the Bible you choose, the command is the same—always pray. That seems like an insurmountable command in our hectic lives, doesn’t it? Add verses 16 and 18 to it and it really feels difficult—but it is God’s will for us: “**Rejoice always, Pray without ceasing, Give thanks in all circumstances, for this is the will of God in Christ Jesus for you.**” I Thessalonians 5: 16-18 (English Standard Version)

One way we can pray without ceasing is living our life as a prayerwalk. If you have not prayerwalked before, there is nothing special or magical about it, except that it is **praying on-site with insight**. For example, if you were to prayerwalk the neighborhood around NRBC, you would be able to see lifestyle, possible spiritual strongholds,

people as they drive by or are outside, and you would have a better understanding of their lives. This would help you to pray more specifically for the people of our neighborhood than it would if you were sitting in a classroom at NRBC, not being as able to visualize what and whom you are praying for.

Living your life as a prayerwalk is similar—it is going about your day having your mind engaged with God, with heart, eyes and ears open about who and what He wants you to pray for. For example, if you are in the grocery store and you have a very unhappy clerk or see an unhappy customer, God might trigger your mind to pray for this person to know God’s peace. You hear your child crying in his sleep and it reminds you to pray for him to know God’s love and hope. You may be reading a news article and see information about a famine in the Horn of Africa—God is opening your eyes to another prayer

need. You may even be cooking dinner or running errands and the Holy Spirit brings someone to mind...pray without ceasing...pray for this person as you think about them! And how about your colleagues and clients at work who need prayer? Instead of (possible) negative feelings toward them, take time to pray for them!

Having your eyes, heart and mind in tune with God allows you to rejoice always, pray without ceasing, and give thanks in all circumstances...knowing it is Him whom we live for and He who has provided all that we need according to His glorious riches in Christ Jesus (Philippians 4:19) When we fix our eyes on Jesus, the author and perfecter of our faith (Hebrews 12:2), He will give us the strength and desire to live in accordance with His will.

Today, who is it that God has for you to pray for?

THE GREAT RACE

Women's Retreat

Stonecroft Retreat Center, Kansas City, MO

April 20-22

**EXTRA Early Bird Registration:
February 11th at Girls Morning Out**

Register with a \$20 deposit and receive a free gift!

Early Bird Registration:

February 26 - March 11 — Cost \$65

Registration: March 12 - April 1 — Cost \$75

Watch for your retreat flyer with all the details!



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4505 S. Noland Road
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February Challenge

Love others through your prayers. Make a plan to pray continually. Choose something in your daily routine as a reminder to pray... sitting at a stop light, brushing your teeth, driving by a school, waiting in line at the store or drive-thru, when you hear a siren or the voices of children. Begin to practice praying—always.

MARK YOUR CALENDAR!

CHRISTIAN BOOK CLUB

Broken Wings

by Carla Stewart

Thursday, February 9, 7 pm

Connection Café

PROJECT LINUS

Tuesday, February 21

10 am - 12 noon

Welcome Center



Girls Morning Out

Incredible **H**our **O**f Pancakes, Praise and Prayer

Saturday, February 11, 9 am

Connection Café

Are things stacking up in your life? Are you thirsting for some encouraging conversation? Bring a friend and join the fun! Meet our retreat speaker via video.

**Make your reservation by Sunday, February 8
in the Welcome Center**

**Admission: \$1 at the door
Proceeds to benefit Hope Lodge**