



The Messenger

“Our purpose is to be a faithful and inviting community focused on the worship of God, growing in our relationship with Jesus Christ, and sharing His life in all that we do.”

Volume IV, Issue 6

June 2009

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Summer Sunday Service Schedule

8:00am

Holy Eucharist Rite II

9:00am

Christian Education

10:00am

*Holy Eucharist, Rite II
with Music*

*Summer Biblical Arts for
Kids*

Nursery Available

The Necessity of Sabbath Time

“Remember the sabbath day, and keep it holy. Six days you shall labor and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work...” Exodus 20:8-10

Dear St. Margaret’s Parish Family,

During the summer months, it is nice for the life of the congregation to slow down somewhat, to allow folks to rest and to get their energies back up to a higher level. This is one of the main reasons that the Academy of St. Margaret goes into recess during the summer. It gives everyone a chance to take a break. It is a time of Sabbath.

The concept of Sabbath is given to us right away in Holy Scripture. We know from the Creation story in Genesis chapter 1 that, on the seventh day, after His labors in creating our world and the universe, God rested. In addition, when God spoke to Moses on Mt. Sinai, He made it clear to the Jewish people that they were called to rest as well. When Jesus was here on earth, he often went round and round with the Pharisees about their understanding of Sabbath. Sabbath was initially a tool to build people up, and the Pharisees had turned it into a weapon to try to beat Jesus down.

By continuing to focus on Sabbath, Jesus made it a part of the New Covenant as well. We are still called to keep the Sabbath. As the passage above from Exodus makes reference, there are two important aspects to Sabbath time – that it be a time of rest, and that it be a time of focusing on God. This does not mean that you have to spend every waking Sabbath hour in your Bible, or in prayer, but it does mean that what you do on your Sabbath should honor God, and not distract you from Him.

Although this is not a hard and fast rule, our *Book of Common Prayer* designates Saturday as the day of Sabbath rest. If you read through the collects (prayers) of the Morning and Evening Prayer service, you will see that the Saturday collects are very Sabbath oriented. This is to recognize the fact that, on the day after Jesus died on the cross – Good Friday – he lay in the tomb on the Sabbath day, before rising again on the morning of Easter Sunday. This is why the Prayer Book calls Saturday the day of Sabbath, and Sunday is the Lord’s Day. It is also why, on most columnar calendars, Sunday is the first day of the week (the first column) and Saturday is the last day of the week (the seventh calendar). That’s a bit of the liturgical history behind it, but again, this is not a hard and fast rule, and I think that God is most likely more concerned with whether or not you are taking Sabbath, rather than which particular day that you choose.

In my experience, I have found that striking the right balance is a difficult thing to do when it comes to Sabbath. Probably the biggest challenge to Sabbath time is the workaholic mentality. This usually happens when a person has so much to do that Sabbath time is very difficult. This person, if they can even force themselves to take a break, often can’t enjoy it because they allow their thoughts to be consumed by what they could be doing. For people who are in this category, first be intentional about scheduling your Sabbath time and not letting anything interfere with that schedule. In addition, prayer time is critically important. Invite God in to take away the worries and doubt and give you peaceful rest. Don’t be afraid to sit down and read a good book, or go out and enjoy the great outdoors.

It is my prayer that, over the summer, we all recommit ourselves as Christian disciples to the concept of Sabbath. Our very spiritual well being depends on it. May God bless you all during your time of Sabbath.

Fr. Townsend+



Parish Life

Family Choir for the Summer

Come join the Family Choir Sundays at 9:30 am in the Music Room. Anyone 10 years old and up can help the choir this summer. Sing easy favorites with no weeknight rehearsals, just Sunday morning warm-up. Give the choir a try and serve God for one Sunday or all summer.

Summer Biblical Arts for Kids

This summer the children of St. Margaret's will be experiencing church in a whole new way. Beginning in June, we will be learning about and working on projects ranging from Stained Glass and Mosaics to Candles and Banners. Come join the fun in at 10:00 am and bring a friend!

Daughters of the King

The DOK Discernment group meets the second Sunday of the month at 11:30 am in the library. Call the church office for info.

Hope Keepers

Hope Keepers, a support group for those suffering from chronic pain or illness, meets the 3rd Sat. of the month at 10 am. Contact Janelle Riche at 767-1783 for more information.

The Rt. Rev. Charles E. Jenkins, III,
Bishop of the Diocese of Louisiana

Rector

The Rev. B. Townsend Waddill, III

Deacon

The Rev. Cynthia Obier

Church Staff

Secretary

Lisa Waddill

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treasurer@saintmargarets.com

Nursery Director

Annie Pecue

Phone / Fax# 766-8314

Office Hours:

2:00am-3:00pm Mon—Fri

VESTRY

Sr. Warden..... Dave Foster

Jr. Warden..... Chip Blair

Secretary..... Patty O'Malley

Peter Barrios

Ashley Bridges

Fee Hamilton

Jennifer Christian

Doris Weber

Tracey Hutchinson

Almighty God, we entrust all who are dear to us to thy never-failing care and love, for this life and the life to come, knowing that thou art doing for them better things than we can desire or pray for; through Jesus Christ our Lord.

Amen.

BCP 831

Birthday Blessings To...

6/1 Gracie Newton

6/3 Fay Barnett

6/5 Kenneth Krogstad

6/17 Ashley Matt

6/18 Sarah Krogstad

6/20 Susan Henderson

6/26 David Cassidy

6/28 Elliot Westphal



Lord Hear Our Prayers...



Jessica	Linda
Art	Mac
Marguerite	Steven
Robert	Beatrice
Karen	Rae
Colleen	Nick
Bill	Mary
Matthew	Alexis
Alais	
Jim and Family	
Kady and Family	
Sean, Marie, & Leah	

Stewardship Minute...

“Now it is required that those who have been given a trust must prove faithful.”

1 Corinthians 4:2

June 2009



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Men's Group 6:30 pm	2 6:30 pm AA	3	4	5	6
7 Trinity Sunday VBS Meeting 11:30 am	8	9 6:30 pm AA	10	11	12	13 Outside Event Library 10:00am— 11:30 am
14 DOK Meeting 11:30 am	15	16 6:30 pm AA	17	18 Outside Event Parish Hall 11:00am— 2:00 pm	19	20 Hope Keeper's 10:00 am
21 Father's Day 	22 Vestry Meeting 6:00 pm	23 6:30 pm AA	24	25	26	27 Outside Event Library 8:30 am— 2:00 pm
28	29	30 6:30 pm AA				

St. Margaret's Service Schedule				
	June 7 <i>(Trinity Sunday)</i>	June 14	June 21 <i>(Father's Day)</i>	June 28
LEM	8:00 Dave Foster 10:00 Jay Weber	8:00 Peter Barrios 10:00 D. Westphal	8:00 David Cassidy 10:00 Fee Hamilton	8:00 Dave Foster 10:00 Bill LeBlanc
LECTORS	8:00 Wayne Barnett 10:00 M. Montalbano	8:00 Herb Dyer 10:00 D. Westphal	8:00 David Cassidy 10:00 Bob Obier	8:00 Dave Foster 10:00 Jay Weber
PRAYERS OF THE PEOPLE	8:00 Wayne Barnett 10:00 M. Montalbano	8:00 Herb Dyer 10:00 D. Westphal	8:00 David Cassidy 10:00 Bob Obier	8:00 Dave Foster 10:00 Jay Weber
ACOLYTES	Jordan Weber	Jordan Weber	Olivia Bridges	Chad Edwards
USHERS	8:00 Kathy Foster 10:00 David & Jennifer Christian	8:00 Wayne & Fay Barnett 10:00 H. Hamilton	8:00 Kathy Foster 10:00 Ashley & Sherri Bridges	8:00 Wayne & Fay Barnett 10:00 Steve Day
HOSTS	8:00 Kathy Foster 10:00 Suzie Coffee	8:00 TBD 10:00 Theresa Blair	8:00 TBD 10:00 Jane Matt	8:00 TBD 10:00 Karla Migues
ALTAR GUILD	Ruth Leblanc Grace Brown Susan Henderson	Marguerite Gaines Irma Jackson Patty O'Malley	Kathy Foster Doris Weber Ryan Weber Fay Barnett	Denise Westphal Haley Westphal Marie Montalbano
LAWN TEAM	K. Krogstad	Weber/Smith	K. Dyer	B. LeBlanc
CLEAN-UP		Hewitt Smith		Weber
FLOWERS	OPEN	Obier	OPEN	Westphal

If you cannot serve at your scheduled time, please arrange for a replacement and notify the Church office. E-mail: secretary@saintmargarets.com or call (225) 766-8314. Thanks you!



Vacation Bible School
 St. Margaret's Episcopal Church
 July 13-17, 2009 (9 am – 12 pm)

Registration Form:

Parent's Name(s): _____

Address: _____
Street City Zip Code

Home Phone: _____ Work/Cell Phone: _____

E-mail: _____ Home Church: _____

Child's Name: _____ Birth date: _____ Grade(in 9/09): _____

Illnesses/allergies/special needs? _____

Emergency Contact: _____ Phone: _____

Make checks payable to St. Margaret's Episcopal Church
 (please circle t-shirt size)
 Child T-shirts: \$5 each XS 2-4, S 6-8, M 10-12, L 14-16, XL 18-20

T-shirt Amount Enclosed: \$ _____

Please return registration form(s) to:
 St. Margaret's Episcopal Church, 12663 Perkins Road, Baton Rouge, LA 70810

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12663 Perkins Road

Baton Rouge, Louisiana 70810

The Right Reverend Charles E. Jenkins, III, Bishop of Louisiana

The Reverend B. Townsend Waddill, III, Rector

The Reverend Cynthia A. Obier, Deacon

Phone and Fax: 225.766.8314

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