



CROSSROADS  
UNITED  
METHODIST  
CHURCH

# The Messenger

VOLUME 10, ISSUE 9

SEPTEMBER 2011

- The deadline for the October, 2011 issue of *The Messenger* is Friday, September 23<sup>rd</sup>. Please submit articles to [ashaw@mtco.com](mailto:ashaw@mtco.com) or send hard copies to the church office.
- Please send address corrections to Brenda Thornburg at [brendat@mtco.com](mailto:brendat@mtco.com) or call the church office at 444-2381.
- The monthly birthday list is available at the Welcome Desk and on the Crossroads website.

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## From Pastor Tom

One of my favorite family stories involves the time my paternal grandfather, Roy Goodell, got in a fight with his older brother, Marion. He was about 7 at the time and Marion was a young teenager. As harsh words escalated, grandfather remembered Marion picking him up and carrying him into the barn behind their house. He threw him down into some hay bales and ran back out of the barn. As he left, he shut the doors and dropped the large 2x4 that served as a crossbar to keep the barn doors shut.

My grandfather remembers rushing to the door and beginning to bang on it, shouting, "Marion, you let me out of here!" But Marion did not return. For the next half hour my grandfather alternately cursed and pleaded with his older brother to free him. Then, exhausted and defeated, he gave up. He turned around to find someplace to sit and saw the back doors to the barn standing wide open. They had been open all the time!

When we face difficulties, it is tempting to stand at the barn doors of whatever struggles we face and bang and scream. Perhaps this is therapeutic for a while, a sort of primal scream therapy, but eventually we will

find ourselves exhausted and overwhelmed. Banging at the doors of our troubles is not a long term formula for successful crisis management.

In my reading through the Old Testament last week, I found myself in Habakkuk, one of the prophets sent by God to Israel during a difficult time. The remnants of a formerly great kingdom (under David and Solomon) were facing annihilation as the Egyptians and Babylonians slugged it out for domination of the Middle East. The Israelites had chosen the losing side. The Babylonians (the winners) approached Jerusalem and they promised to destroy it. The Israelites left were either murdered or marched off into slavery.

Cataloguing all of this, Habakkuk ends his prophecy this way: he notes all that is bad and out of his control, then adds; "yet I will rejoice in the Lord! I will be joyful in the God of my salvation." The prophet decides that his energy is better spent worshiping God than banging on the barn doors.

And what does worshiping God get him? Habakkuk shares that his worship reminds him that no trouble is greater than God's

love for him. The forces of evil will always end up on the losing side (which the Babylonians would find out not too much later). Finally, Habakkuk remembers that God always seems to have a back door open. Refocusing his energy from wailing to worshiping reminds the prophet that even in the midst of the greatest trials, God is guiding him faithfully forward (or backward if the open door is behind him).

So how does this apply to us? Worship re-directs our focus from our trials to God's glory, from closed doors to open doors, and from self-pity to new direction. Matt Redman has captured this in one of my favorite contemporary songs, "Blessed be your name":

"Blessed be Your name on the road marked with suffering. Though there's pain in the offering, blessed be Your name."

So the next time I find myself in crisis, I hereby resolve to bang on the barn doors for only a little while before I open my arms and heart to praise God and look for an opening!

~ Pastor Tom

## Alpha Class

### **Anxious to Grow in your Learn/Grow/Live Journey of Discipleship?**

**Alpha** is the bridge from **Learning** to be a Disciple of Jesus Christ to **Growing** as His Disciple. Hundreds have journeyed across that bridge in the nine years we have offered Alpha here.

**Alpha** is currently being offered in over 160 countries, in tens of thousands of churches of all denominations. Alpha is coming back to Crossroads again this fall for the 19<sup>th</sup> Course here. Alpha is an opportunity to explore the

meaning of life in a relaxed, friendly setting, meet other people here at Crossroads and make new friends that might last a lifetime.

Everyone in the congregation is encouraged to take Alpha at some point in their **Learn/Grow/Live** Discipleship journey.

**Alpha** meets once per week for 12 weeks on **Sunday evenings from 6:30 pm to 8:30 pm at Crossroads, with free childcare provided.** The course includes an amazing one-day retreat on November 20<sup>th</sup> from 1:00 to 8:00 pm.

Each session, people enjoy great desserts, laughter and learning in a fun and friendly atmosphere where no question about life or God is seen as too simple or too hostile...questions like—Is there a God? Why am I here? Where did I come from? Where am I going? **Stop by the Welcome Desk, contact the office at (309)444-5617 or check out the website at [crossroads4all.org](http://crossroads4all.org) for more information or to sign up. We begin on Sunday, September 25<sup>th</sup> and conclude prior to Christmas.**



## Fall Church-Wide Study on Forgiveness

*What does God have to say about Forgiveness?  
Are you unable to forgive someone or perhaps yourself for a past hurt?  
What part does forgiveness play in our current relationships  
with family, with our spouse, with others?*

Beginning September 25th Pastor Tom will deliver a four-part Sermon series on the topic of "Forgiveness." In conjunction with the Sunday morning sermon series, we will offer a Sunday evening opportunity to delve deeper into this topic. The evening session will meet from 6:30-8:30 pm and includes a Large Group teaching and small group discussion. Free childcare will also be available.

A weekly devotional guide accompanies this study with daily Scripture readings, a reflection, and a prayer. **The devotional readings begin on Monday, September 19th, (in advance of the series). Be sure to pick up a devotional guide before the Sunday sessions begin.** The guides will be available Sunday, September 11th at Crossroads and may also be downloaded from the Crossroads website, [www.crossroads4all.org](http://www.crossroads4all.org).

This study is based on a series originally delivered by Pastor Adam Hamilton of the Church of the Resurrection, a vibrant United Methodist Church in Leawood, Kansas. Pastor Hamilton has been recognized for his work in

social ethics and evangelism. He has authored several books in addition to writing small group resources.

Sign up begins September 2nd. There are many convenient ways to sign up. Call the church office, (309) 444-2381, send an e-mail to [lyoung@mtco.com](mailto:lyoung@mtco.com), sign up through the church website, [www.crossroads4all.org](http://www.crossroads4all.org), or stop by the Welcome Desk on Sunday morning! Childcare will be provided. Questions? Contact Pastor Tom or Lynda Young.

# Mission Work at Crossroads

## Crossroads sends kids back to school with new backpacks!



Thanks to the generosity of our congregation, Crossroads United Methodist Church has distributed over 150 backpacks filled with school supplies to the children of Eureka, Metamora, Washington School districts, and The Children's Home in Peoria. The backpacks were collected and blessed at Sunday services on August 14 and distributed by members of the Missions Team the following week.

## WHIP Needs Your Help

Washington Helps Its People is looking for some men to help transport food items to people's

vehicles. Wheelbarrows and wagons are available. WHIP is open on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday each month from 8:00-11:00am. Any help you can give is appreciated. Call Ron Hunt at 253-1913.

## Weekend Snackpac Update



Thanks to generous donations to the Weekend Snackpac ministry, the VBS children packed 370 Snackpacs for use this fall! Thank you! Currently, we are still waiting to hear from each Washington elementary school with the numbers of Snackpacs that they will need each week. As the schools provide that information, we will then begin

packing more Snackpacs to support this year-long ministry. Please watch for more information in the near future about this valuable local ministry! Contact Trish Wierenga or Kristin Boston with any questions.

## Be a Mission Hero!

NO extra time or money BUT you want to be a MISSION HERO? Use a Crossroads Kroger Gift Card!

1. Get a card by contacting Georgia Koch (444-4692) or the church office (444-2381).
  2. Load your grocery and gas money onto the card at the Kroger service desk.
  3. Pay for your groceries and gas using your Kroger card.
- Wasn't that simple? You are now a mission hero! Where does 5% of your total go? It goes to mission outreach to help local and distant missions. Congratulations, Hero!

# "The Kingdom of God" Bible Study

**New! Four week study  
Led by Malcolm  
Kinsinger  
Held on Sunday evenings  
Beginning September  
18th, 6:30-8:30 pm  
Childcare Provided**

*"Seek first the Kingdom of God and His righteousness and all these things shall be added to you." Matthew 6:33*

Jesus taught us to seek the Kingdom of God first; Paul

preached it and we pray His Kingdom come. Learn what the Kingdom of God is and how to seek and build it.

Sign up at the Welcome Center or by calling the church office (309)444-2381.

*Questions?* Contact Malcolm Kinsinger, 309-453-0362, or send an e-mail to: [mdkinsinger@gmail.com](mailto:mdkinsinger@gmail.com).

# Confirmation Class

School is in session and that means Confirmation classes at Crossroads! This year we will offer classes on Sunday afternoons twice a month. We look forward to getting to know this class and connecting them to Christ. Confirmation is designed to help 8<sup>th</sup> graders develop an adult, personal relationship with Jesus Christ.

**An important parents/confirmands meeting is**

**scheduled for Sunday evening, September 11 at 6:00pm.** The meeting will last less than an hour. We will be introducing the class structure, talking about the schedule and giving you information about special trips and projects the class will complete.

We will kick-off confirmation this year with a retreat on Sunday, September 18 at Sommer Park in Peoria. We will leave Crossroads at 2:30pm

and return to the church at 7:00pm. We will provide transportation and dinner.

If your son or daughter is ready for Confirmation, and has not yet been contacted, please email Pastor Tom at [pastors@mtco.com](mailto:pastors@mtco.com).

## Youth News

*The mission of the Crossroads Youth Ministry is to be committed to loving and caring for youth in the Washington area.*

*We will accomplish this goal by: providing a safe and loving place so that youth can be who God created them to be, meeting them where they are in their spiritual development, helping them grow into young men and women of faith, and equipping them to share their faith with others now and in the future.*

**Follow Lighthouse News!** Text "follow xroadlighthouse" to 40404

### High School Lighthouse Kick-Off:



#### Attention all high school students:

To begin the year of Lighthouse, join us for a meal and a high adventure activity. You will be getting clues to the event so keep your eyes open. Join us Wednesday, September 7<sup>th</sup> @ 6:30pm.

### Middle School Impact Kick-Off:



#### Calling all middle school students:

6<sup>th</sup> – 8<sup>th</sup> graders and parents are invited to join us for the kick-off of Impact with Impact style Olympic games on Sunday, September 11<sup>th</sup> at 6:30pm. Youth, bring your parents to battle it out for bragging rights.

### Everett Russell Memorial Sponsorship

The newly formed Everett Russell Memorial Sponsorship fund is designed to assist young people who are active in our church youth program to take part in spiritual development retreats and mission trips. The fund will be administered by a committee headed by the Trevor Bartolomucci, youth director. The fund will be perpetuated by other memorials, personal donations and an annual fundraiser.

# Just for Kids

## ATTENTION..... THIRD GRADERS

Our mission at Crossroads is to grow disciples. One way we do this is by presenting our incoming 3<sup>rd</sup> graders with Bibles. We invite all kids who will be entering 3<sup>rd</sup> grade this fall **and their parents or grandparents** to join us on Sunday, September 11 from 9:45-12:00. At 9:45 parents/grandparents and 3<sup>rd</sup> graders will meet for a special class about their Bible. Parents/grandparents will play a very important role in presenting the Bible to their child, so we highly encourage parents or grandparents to attend. Then at the 11:00 service the parents/grandparents will present their 3<sup>rd</sup> graders with a personalized Bible.

### Something New This Year for K-5 Sunday School

All K-5 Sunday School children will gather in the Faith Chapel with their Shepherds at 9:45 every Sunday for Group Worship.

- Songs of Praise
- Prayer
- Scripture
- Offering (For this rotational unit the collection will be designated for the church in Zimbabwe. During each rotation a different mission will be selected to receive the children's offering.)

At the end of group worship, the Shepherds will take the children to The Shoppes on God's Prairie (formerly known as the Sunday School Hallway). Parents may pick up their children at 10:45, using the map of the Shoppes and/or the

rotational brochures for direction.

### (Please, no food or drink in Faith Chapel)

The first song the children will learn is called "In the Beginning" and is based on Genesis 1. The children will be singing at a worship service in October. Notes will be going home with the children with further information. Watch the website for more information about K-5 Sunday School. <http://www.crossroads4all.org/k5>.

### Dedication

"The Shoppes on God's Prairie" is now the official name for the Sunday School Hallway. The dedication took place on Sunday, August 21, 2011, with the K-5 Sunday School children and their parents in attendance. The dedication included a Welcome by Sue Husted, Announcement of the Name by Maureen Hotkevich, Prayer by Pastor Dan Doty, and Ribbon Cutting by Todd and Joe Willoughby.

Many thanks to everyone who assisted in making The Shoppes on God's Prairie such an inviting place for the children (and adults) of our church.

- Todd Willoughby
- Sharla Davis
- Ann Rose
- Rachel Auth
- Zachary Long
- Mary Penn
- Robin Brinkmann
- Tuesday Morning Guys
- Nancy Klein
- Mike Pickell
- Jim Harris
- Lori Schrader

- Nancy Jones
- Keith Feigum
- Chuck Dixon
- Dave and Brenda Thornburg

If you would like to view The Shoppes on God's Prairie and pictures of the dedication, please go to <http://www.youtube.com/watch?v=IAEuqZVda4o>.

### K-5 Sunday School Rotational Unit

### God's Work in Progress: Creation

*"So God created man in His own likeness. He created them in the likeness of God. He created them as male and female."* - Genesis 1:27

#### Bible Knowledge Workshop:

The children will learn that all of creation came from God. **Computer Workshop:** Major themes of the Creation Story will be reinforced by using computer presentations.

**Dance Workshop:** Children will learn that we reflect the image of God when we share love, goodness, kindness, and compassion. Even when we make bad choices, God still loves us.

**Game Workshop:** Children will learn that God created the island "Earth" and made all of us stewards of God's creation. **Nature Workshop:** Children will learn that God created a balanced ecosystem and that God expects us to take responsibility for the environment.

#### Science and Storytelling

**Workshop:** A story, "The Tarnished Penny," helps explain how someone can become a NEW creation.



### Kids for Christ

A Kids Club for  
3<sup>rd</sup>, 4<sup>th</sup>, & 5<sup>th</sup>,  
graders  
Bible time,  
Games, Music,  
and Snacks  
Beginning Sept. 9  
6:00 – 8:00pm

#### 2010-2011 Dates:

September 9  
September 23  
October 7  
October 21  
November 18  
December 2  
January 13  
January 27  
February 10  
February 24  
March 10 (Kids  
Conference)  
March 23  
April 13  
April 27

## Calling All Cherubs!

Please join the fun and help us sing for the Lord! CHERUB CHOIR will begin on September 22, and will run on Thursday's during this school year right before AWANA from 5:45-6:15pm.

Cherub Choir is for all children ages 3-8.

Your child will grow in his or her love of Christ through music!

The goals are simple: have fun, gain confidence, make new friends and SING FOR THE LORD!

If you have any questions, please feel free to contact Cherub Choir director, Jolie Alois at (309)643-0097 or at [joliealois@hotmail.com](mailto:joliealois@hotmail.com)

## Prayer Challenge

The easiest thing for a Christian to do, yet the hardest thing for a church member to do? The answer is .....to forgive.

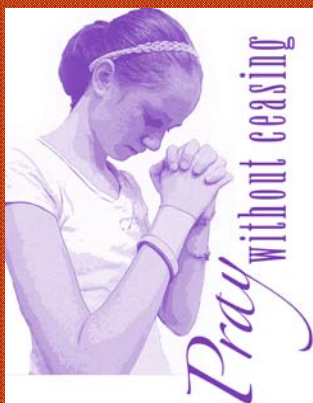
The need to forgive: When Jesus bid men and women to pray to be forgiven of their sins, and to forgive others as they hoped

to be forgiven, and to love their enemies and to do to others as they would be done unto, he was not talking sentimental nonsense, but telling people in a simple manner that all of us need to be forgiven and to be willing to forgive. Yet this seems to be one of

the hardest struggles for all Christians.

Just about everyone has held on to an incident and needed to forgive someone. Jesus paid with his life and still was able to forgive. Shouldn't we be able to follow his example and do a better job of forgiving?

~ Don & Carol Brubaker



## Upcoming Prayer Team Events

### Bible Reading Marathon

Sign up in September to participate in the Bible Reading Marathon on October 8-9. We will read the New Testament out loud non-stop over 24 hours. This is a great

opportunity to sign up your family or your small group for a 30-minute time slot. You will be overwhelmed with the awesome experience of proclaiming God's word aloud. Mark your calendar now to come and listen to others

read. This will be a memory you will treasure!

### Butter Braids!

Coming Soon: Prayer Team will be selling Butter Braids in October for holiday delivery.

## Men's Fellowship Cookout

**Men's Fellowship  
Brat Cookout**  
September 19  
6:00pm

**Speaker:** Rev. Steve Pichaske, "Why Men Need Men"  
**Testimonies** by Roger Hutchinson and Sedric Waguespack

The night will be a sports theme....wear your favorite team jersey!

# Prayer and Healing Service

On September 14<sup>th</sup> at 7:30pm in Faith Chapel, there will be a prayer and healing service that includes: music, a brief devotion, the sacrament of Holy Communion, prayers for the church, the staff, pastors, and the congregation and anointing for healing and wholeness.

Jesus commanded His disciples to “teach, preach, and heal” in His name. (Luke 9:1-6) We believe that Jesus’ command was meant not only for the early church, but also for the church today. Crossroads holds Prayer and Healing Services every other month. We do it out of a desire to be obedient to Jesus Christ.

## What is meant by Prayers for Healing?

As Christians we know that regardless of the area of our lives in which we find brokenness, it is God’s desire to touch and heal our brokenness. So, when we use the phrase “prayers for healing,” we are referring to healing of the physical body, of the emotions, of relationships, and of the spirit. We believe that if something is hurting you, Jesus cares about that problem and wants to help you. We know that the evil one hates Crossroads and does all he can to invade all that we do here. Therefore, we pray to Jesus for protection from the evil one’s attacks.

## GriefShare

On Monday, September 12<sup>th</sup> a new GriefShare session will begin. There are 13 sessions in the series and it will conclude on December 5<sup>th</sup>.

GriefShare is designed for those suffering a deep hurt that comes with the loss of someone close. GriefShare sessions include three elements to help in the healing

## What is the significance of Being Anointed with Oil and the “Laying on of Hands?”

From the time of the early church to the present, healing, comforting the sick and anointing have been part of the life of believers. Anointing is clearly believed to have healing benefits. In James 5:14 we hear the question, “Are any among you sick? They should call the elders of the church and have them pray over them, anointing them with oil in the name of the Lord”. In both the Old and New Testaments, the rite of laying on of hands held a variety of meanings. Some examples are when Jacob blessed the children of Joseph (Genesis 48:14), or when Jesus blessed the children (Matthew 19:13), or the conveyance of the Holy Spirit (Acts 8:18-19).

## Who will pray with me?

The people who will pray with you are Christians, both clergy and laity, from Crossroads United Methodist Church who are obedient to God’s call to pray for others and who believe that the spirit of Christ is alive and able to touch people today just as Christ did 2,000 years ago. *Those who pray with you have no special power, only a dedicated commitment and belief that God is a God of health and*

*wholeness.* Any healing that occurs comes not through any special power of those who pray, but by way of the Spirit and grace of God.

## What should I expect if I go forward for healing prayer?

After Communion is served, a special invitation will be given. At that time, you may go forward to ask for prayer for a specific need or just a general prayer for your concern. You may request prayer for a family member or a friend not present. Those praying with you will pray quietly.

## Your prayer concern will be kept confidential, unless you want it to be shared.

## After I’ve come forward for prayers for healing and the service has ended, what should I do next?

After prayer, simply relax and give God time to work. Sometimes we see prayers for healing answered quickly. Sometimes healing comes gradually and not in the way we expect. We believe God is faithful. God answers our prayers in a variety of ways. But God’s timing is often not the same as ours. Remain faithful and patient in your requests before God.

## process: Video, Support Group, and Workbook.

Valerie Kruzan and Peggy King will facilitate the group. Anyone who has experienced the loss of someone close is invited to attend. The loss need not be recent.

Call the church, 444-2381, to register or with questions. If you

have a friend or family member who would benefit from this program, please encourage him/her to attend. **GriefShare is ecumenical and open to the public.** There is a \$15 fee for the workbook but scholarships are available if the fee is a problem.

Visit the GriefShare website at [www.griefshare.org](http://www.griefshare.org).



## Small Group Resource Request

*"I inherited your book on living; it's mine forever -- what a gift! And how happy it makes me! I concentrate on doing exactly what you say -- I always have and always will."*

*Psalms 119: 111-112  
~ The Message paraphrase*

Wow! What an inspiring example of a heart dedicated to knowing God intimately through His Word to us! Now that is a train to run and catch!

Many of the existing life/home/small groups at

Crossroads are already aspiring toward this goal whether through service, support, fellowship, friendship or study. Much more to come about that in the near future, but in the meantime there is an opportunity for you to help.

Groups are always looking for written/media resources and other materials to help them in their quest to grow. If you have successfully used a resource that you believe would be helpful to another group, would you consider donating your

resource to the Crossroads Small Group Resource Center?

What a gift you would be giving to others, an investment in the spiritual quest of those running to catch that train! Bring your resource to the church office, or see Lynda Young. Questions? Call the church office, (309) 444-2381, or send an e-mail to: [lyoung@mtco.com](mailto:lyoung@mtco.com). Thank you in advance for your living gift!

## Pastoral Care Notes

### **New babies!**

Alyssa Lauren Charlton, August 3, daughter of Matt and Julie (granddaughter of Jim and Sally Charlton)

Grantland Meyers Hotkevich, August 5, son of Duane and Mardel (granddaughter of Maureen Hotkevich)

Kalianna Polich, daughter of Jeff Root and Sarah Polich (granddaughter of Ron and Luanne Root)

Michaela Frederick, August 7, daughter of Adam and Kristy (granddaughter of Jim and Sandy Tunnell).

### **Congratulations to our newlyweds:**

Dustin Tippey and Krista Anderson who were married on August 6,

Matthew Simpkins and Tracy Hays who were married August 13.

### **Welcome to the newest members of our church family:**

Debbie Brown  
Kevin and Cassandra Duncan, parents of Ian and Ainsley

Brian and Lyberti Hostetter, parents of Ethan and Sydni

Andrew and Missy Frost, parents of Caleb and Connor.

### **Congratulations to the following persons who have been baptized at Crossroads:**

Stephen Colby and Hillary Ann Aggertt baptized in Faith Chapel on July 20,

Hayden Christine Meachum, daughter of Will and Joy, baptized on August 7.

### **Our prayers and sympathy are extended to:**

Amanda (Nick) Hillebrand, on the death of her mother, Bernice Urhahn, on July 11,  
Jennifer (Craig) Sakata, on the death of her grandfather, Raymond Williams, on July 17,

Kathy Bell on the death of her mother, Ruth Herbst, on July 25,

Elaine (Roger) Hutchinson on the death of her mother, Velma Sprau, on July 30.

# From Nurse Sally...

## COPD

Chronic Obstructive Pulmonary Disease (COPD) refers to a group of lung diseases that block airflow as you exhale and make it increasingly difficult to breathe.

Emphysema and chronic asthmatic bronchitis are the two main conditions that make up COPD. Many people have both.

### Signs and symptoms:

- Shortness of breath
- Wheezing
- Chest tightness
- Chronic cough

### Cause and Prevention:

COPD is the 4<sup>th</sup> leading cause of death in the U.S. The major cause is long-term smoking and **can be prevented by not smoking or quitting**. Exposure to occupational dust and irritants is another cause. The damage to your lungs can't be reversed, so treatment focuses on controlling symptoms and minimizing further damage. Unlike some

diseases, COPD has a clear cause and clear path of prevention.

### Tests and diagnosis:

**Chest x-ray.** In a few people a chest x-ray can show emphysema. Most importantly, it can rule out other problems, such as cancer or heart failure.

**Computerized tomography.** CT scans of the lungs can help detect emphysema and help determine if surgery would be a benefit.

### Lab tests:

**Arterial blood gas.** Measures how well the lungs are bringing oxygen into your blood and removing carbon dioxide.

**Sputum Examination.** Can help identify the cause of lung problems and help rule out some lung cancers. Identifying bacteria and treating it before it causes pneumonia is good preventive medicine.

### Pulmonary function tests:

**Spirometry** is the most common lung function test. It can detect COPD even before symptoms occur. By repeating it at intervals, it can be used to track the progression of the disease and monitor how well the treatment is working.

### Lifestyle and home remedies:

**Control breathing.** Talk with the doctor or respiratory therapist about breathing positions and relaxation techniques.

**Clear airways.** Controlled coughing, drinking plenty of water and using a humidifier may help.

**Exercise regularly.**

**Eat healthy foods.**

**Avoid smoke.** In addition to quitting, avoid second hand smoke to avoid further lung damage.

**Get an annual flu shot.**

**Get a pneumonia vaccine.**

**Avoid cold air.** Put on a cold air face mask before going out into cold weather.



# Care Giving Elderly Parents

**One Hour program**  
**“CARE GIVING**  
**ELDERLY PARENTS”**  
*Balancing Work, Family*  
*and Caregiving*  
**October 12<sup>th</sup>**  
**6:30pm**

They changed your diapers, taught you how to drive and welcomed your newborn babies. Now it's your turn to care for them. It is not an easy job taking

care of your aging parents, holding down a job and taking care of your own family. It is not easy for them either.

Crossroads is sponsoring a one-hour program on caring for your elderly parents. It will be conducted by Mitchell Forrest, Director of Caregiver Services at the Central Illinois Agency on Aging.

This program is open to the public. Please call the church, 444-2381, to let us know that you will be attending. There is no charge.

# Senior News

## M and M's Trip to Pontiac for Mural Tour

At 9:30 A.M. on Thursday, September 15th, M and M's will board the buses and head to Pontiac to view the amazing outdoor murals. Pontiac currently has 20 outdoor murals which depict their local, commercial, cultural and political history. Most of the murals can be seen from the bus or from a trolley, which is wheelchair accessible. Those who wish to walk will have the opportunity to do so by following the red painted footprints on the downtown sidewalks. The largest mural is the Route 66 shield found on the back of the Route 66 Hall of Fame and Museum. 18 murals were painted by the Walldogs, a collection of sign painters

and muralists who came to town in June, 2009. The more than 150 artists painted the entire set of 18 murals in just 4 days. Following the tour, we will have lunch at Bernard's in downtown Pontiac. If you are Mature and Methodist, please join us for this fun outing. If you are a mature newcomer to Crossroads, this is a great way to make new friends. Please call the church at 444-2381, to reserve a seat on the bus. Don't wait to call since there are only 30 seats available.

## M & M activities for the remainder of 2011:

**Saturday, October 29**  
Leave church at 4:30pm for supper, then enjoy Storytellers at 7:00pm.

**Tuesday, November 15**  
Dinner at the Fish House. Leave church at 4:30 pm.  
**Saturday, December 10**  
Eastside Christian Church Christmas Program in Normal.

*More details of each activity will be available in the Messenger and bulletins.*

## Senior Meal

Our Senior Meal will be Tuesday, Sept. 13, at noon in the fellowship area. This is a great time visit with old friends and meet new ones. Our meal is served at the table and then a basket is passed for donations to help cover the cost of the food. Put the date on your calendar now and call the office (444-2381) for a reservation.



# Fellowship Opportunities

## Sewing Circle

The Dorcas Sewing Circle meets *weekly* on Wednesdays from 9:00am to noon. Even if you are not an experienced sewer, you are welcome to join us for some great fellowship and to share ideas.

## Girls Night Out

Friday, September 16<sup>th</sup>  
6:00-10:00 p.m.

Come out for a girls night of friends and fellowship. Learn to do Faithbooking. Learn a few photo tips on how to take better photos. Learn quick photo solutions on how to get all of your photos into albums, storybooks, quickbooks or everyday displays for your family to enjoy. Free mini

lessons available. Even if you simply want to come and work on something you have been meaning to get done, let's get together. We meet once a month. October date: Friday, October 14th, 6-10 p.m. Contact Tammy Miller 444-2408 for more information.

## Spirited Book Discussion Group

The Spirited Book Discussion Group will begin their new season on Sept. 20 at 1:00pm in the church library. We will be discussing the bestseller The Help by Kathryn Stockett.

On Oct. 18 we will discuss The Daughter's Walk by Jane Kirkpatrick. This is a historical fiction account of

an 1896 walk across America by a mother and daughter. The Spirited Book Group always has good discussions and offers insight about how the particular book impacts our everyday lives. Questions about the group or how to obtain a book? Call or email Nancy Bullard at 444-5140 or [nanrb@mtco.com](mailto:nanrb@mtco.com). Please come and join us! !

**Help! We need someone to coordinate the September 11 Sunday Meal! If you can help, please contact Stacy Smith at 360-1821.**

## GETS News

### Let's meet KyungSu Park.

KyungSu's hometown is Elgin, IL. His home church is Salem Korean United Methodist in Schaumburg, IL. KyungSu has a Bachelor of Fine Arts from Northern Illinois University. He currently is working on his third year of Master of Divinity a Master of Divinity Degree program at Garrett-Evangelical.

### What are your career plans?

With the Lord willing, he plans to follow his call to become an Elder in full connection in the United Methodist Church.

### Tell us about yourself.

KyungSun is a transgenerational Korean-American. He was born in Seoul, South Korea, and moved to the United States when he was three years old. He has been a resident of the Northwest suburbs of Chicago ever since and has become an avid Bears Fan. "In my spare time I enjoy viewing paintings, photography,

graphic design, sculpture, nature, and all of the aesthetics there is to see in God's good creation. I love sports but would much rather participate in them than watch them. Last, but certainly not least, I love the life that I enjoy with my wife and son that God has blessed me with. My wife Ann and I have an opera singing four year old who loves garbage trucks and wearing formal clothing. His name is Jeremiah."

### What was the attraction to Garrett-Evangelical Seminary?

"The initial attraction to Garrett-Evangelical Theological Seminary was the administrative staff, especially the admissions department. What I have come to discover is that the whole of Garrett-Evangelical – the environment, students, faculty, and curriculum – have cemented my desire to remain at this terrific seminary."

### What do you believe is your calling?

"I believe that God has called me to serve Jesus with all of my life. I didn't think that it was possible that God would call me into full time ministry, much less to become an ordained clergyman. However, when I finally gave in to the promptings of my heart, I enrolled at Garrett-Evangelical and I haven't looked back since."

*Crossroads has established an endowment fund at Evangelical Theological Seminary for the purpose of assisting students who are entering the ministry in the United Methodist Church. If you would like donate to this fund, please send your check marked "GETS" to the church office. Thank you for helping the students at GETS answer God's call!*

~ Submitted by Cliff Smith

## Prenatal Classes

**Where:** Crossroads UMC

**When:** Sept. 4, 18, & Oct. 2

**Time:** 12:30-1:30pm

**Cost:** Free

**Presenter:** Methodist College of Nursing

**To Register:** Call the church office

Students from the Methodist College of Nursing will be providing free prenatal classes for three Sundays at the church. These students will be overseen by a Master's prepared nurse with 15 years experience in maternal/child. A sample of the topics to be covered are: How to

prepare for labor and delivery, what to expect at the hospital, pain relief options, breastfeeding tips and more. If you have questions please call Debbie Stark at: (309)645-2464.



## Walk to Emmaus News

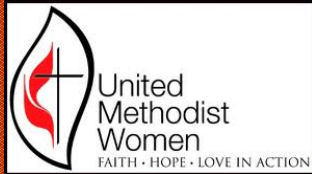
**Men's Emmaus Walk**  
October 20<sup>th</sup>-23<sup>rd</sup>

**Women's Emmaus Walk**  
November 3<sup>rd</sup>-6<sup>th</sup>

For more information on any of these events, visit [www.ilheartlandemmaus.com](http://www.ilheartlandemmaus.com).

### Emmaus Liaisons:

Valerie Kruzan  
745-3321 or [vkruzan@aol.com](mailto:vkruzan@aol.com)  
Jim O'Malley



Find us on  
Facebook

For more information about the Crossroads Unit of United Methodist Women, contact Nancy Bullard at 444-5140

## United Methodist Women

*“The organized unit of United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.”*

*“Any woman may become a member of the unit who supports the unit through giving, prayer, study, action, or service.”*

### UMW District Meeting

September 19 at 8:30am  
At Crossroads UMC  
RSVP to Nancy Bullard at 444-5140.

### Visiting Day

October 6 at 2:00pm  
We will meet at the church and carpool to visit shut-ins and those in nursing homes.

## Teapots needed

### Do you have a teapot you could loan the United Methodist Women to use for table decorations?

They will host the Illinois River District Meeting on Monday, September 19 and another meeting on Saturday, October 1 for the

Illinois Great River Conference.

They also need donations of silk flowers. These will not be returned.

Please bring your items to the church office before September 15<sup>th</sup>. Make sure you label your teapots with your name and phone

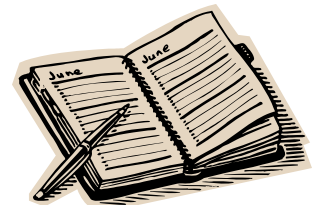
number. They may be picked up in the office after October 3. Thank you!

Contact Carla Fulton at 444-5956 for more information.

## A Note from the Facility Scheduling Desk

Per our Crossroads Building Use policy, all room reservations and key card requests must be renewed annually. If it has been over a year since you have reserved a room or applied for a key card, they may be nearing expiration. If you do not renew, your room will be released and your key card

will be deactivated. Please contact the church office if you have questions about when your room reservation or key card expires. You can renew room reservations online at [www.crossroads4all.org](http://www.crossroads4all.org), or by filling out a request in the office.



# Notes from Our Congregation

To the individuals and friends who helped make the Don Shuford Jr. Benefit a memorable event: The people that made donations of time, money, items and service toward helping this family shall always have our eternal thanks. The thoughtfulness and loving generosity of these individuals involved was overwhelming. I turned to my scriptures for help in expressing my thoughts, and the pages opened to Galatians Chapter 6, v. 2 & 10: "Bear one another's burdens and thus fulfill the law of Christ. So then, while we have opportunity, let us do good to all men, especially to those who are of the household of the faith." My husband and I saw the evidence of these verses all around us during this time from our friends and family in Christ's service. You all have our undying thanks and may God bless you all.  
In Christ's love,  
Don and Jeanne Shuford, Sr.

Dear Crossroads Family,  
I just wanted to drop a little note to say "hello" and give an update! I recently wed my Navy sailor husband, Jonathan, at Crossroads on May 28. I want to thank each one of you for the help to make this the most beautiful dream-wedding-come-true at the most beautiful church! I've gone to Crossroads since it was FUMCOW on Main St. across from the library, for those who remember! Jon and I are living in Norfolk, VA. We thank you for all the love and prayers that got us here! May God continue to bless Crossroads and all who enter.  
Love,  
Ally Schumacher (House)

Thank you to our church family for blessing us with the love and

prayers we received while on our Walk to Emmaus experiences.  
Sedric & Kim Waguespack  
(Walks 71 & 72)

Thank you for all the prayers, cards, and food. My eye surgery went well. I'm so grateful to be part of the Crossroads family.  
Dorothy Wilson

Thank you for all the prayers, cards and well-wishes after the recent death of my mom, Margie Johannngmeier. Your love and support have helped us through this sad time.  
Debbie & Jim Johannngmeier

To our church family,  
Roger & I want to thank all of you for your prayers and presence during my mom's illness and death. All of you have been such a blessing to us. Those that sent flowers, prayed, called, made a prayer shawl, thought about us, and came many miles to be with us are so special to us. You are truly our family and we love you.  
Elaine Hutchinson

I would like to give a big THANK YOU to our church family for all the love that came our way recently when I had a stroke. I felt like I was in the middle of a big secure puffy cloud of love, compassion and prayers--and I was! What a comfort that gave us. We are so blessed to have such a caring, loving church and congregation. Thank you all.  
In Christ's name,  
Carol & Don Brubaker

Thank you to those who shared food and prayers with me before, during and after my recent surgery.  
Barbara Zwetz

Thank you for all your support and help in making our Attic Treasures Sale a success. The missions that we support are profoundly grateful:  
Cunningham Children's Home,  
Lessie Bates Davis  
Neighborhood House, women and children worldwide who are struggling against hunger and poverty. When all the local UMW units put their money together, great things can be accomplished for God's Kingdom.  
United Methodist Women

I would like to thank the many people who were a part of the Walk to Emmaus #72. Thank you to those who prayed during the 72 hours, those that helped with meals, or anytime during those days. I really felt the presence of Christ through our wonderful people at Crossroads. I would especially like to thank Peggy King for being my sponsor. I really appreciate you taking the time to further my walk with Christ.  
Blessings to you all,  
Tammy Miller

Dear Crossroads UMC,  
Friends in Christ, we are writing to give a big "thank you" to all! Your donations received in July are a great help in keeping Madison Avenue Neighborhood House Ministries operating and helping the less fortunate in our community. This month we have served 360 individuals and 129 households from our food pantry program and 449 in our Peace Meals. We greatly appreciate all of your support for our calling.  
Sincerely,  
Madison Avenue Neighborhood Ministries, Inc.

**"Every time I think of you, I give thanks to my God."  
Philippians 1:3**



# Stephen Ministry Cares!

Stephen Ministers can provide care for people with five different types of needs.

## **Crisis Care:**

Crisis care is the caring ministry people think about first in describing pastoral care. Persons in crisis come readily to mind as possible Care Receivers.

People in crisis may be dealing with:

- Hospitalization
- A terminal illness
- Death of a loved one
- Unemployment
- Divorce
- Severe financial setback
- Natural disaster

Less obvious crises include:

- Retirement
- Stress of moving
- Being a victim of a crime

## **Follow up Care:**

People commonly need follow-up care in recovering from a major life crisis. Often when people go through a crisis they receive a lot of attention and support. The church, family, neighbors and others will be there to help. But what about a couple of months later? Typically the level of attention, support and care drops off, but the person's need for care may grow.

The needs for follow-up care can be easy to miss. Care Receivers may be reluctant to admit that they need to deal with these

additional issues and so do not seek out help, even from friends or family members. Congregations can miss these opportunities for care because of the tyranny of the urgent – the need to concentrate caring energies on new crises. That's why the follow-up care that Stephen Ministers provide is so valuable. They focus on one care receiver, so their attention can't be drawn away by another need for care. They also continue the caring relationship for as long as the care receiver needs it.

Times when a person may need this care:

- Congregation member undergoes major surgery, which is successful, and the person goes home from the hospital. A few weeks later, however, the person is overcome by deep grief.
- A single mother received significant support from her pastor and church when one of her children died from cancer a year ago. She had been managing the loss well, but now finds herself experiencing renewed feelings of anger and guilt.

## **Chronic Care:**

Chronic care is for a long-term problem; chronic illness can be like a crisis that never ends. The sufferer has to learn to live with major problems that can detract significantly from the quality of life. Research has indicated that

suffering with a chronic, incurable condition can be similar to being treated for chemical dependency. It can also bring on depression.

Persons in need of chronic care include those who are:

- Disabled
- Aged
- In nursing homes
- Homebound
- Experiencing chronic pain, such as arthritis
- Living with degenerative diseases

## **Preventive Care:**

This type of care helps people anticipate and prepare for potentially difficult upcoming events. It is based on the belief that the negative impact of crises can be lessened or even averted by talking through feelings and clarifying expectations prior to an anticipated event. This can help individuals come to a realistic picture of what such an event will be like and be prepared for it emotionally, physically and spiritually. Preventative care is proactive care. It helps the care receiver deal with problems before they start.

Helpful in these situations:

- A woman is expecting her first child.
- An executive is approaching his or her retirement.
- A young man is getting married in two months.
- A 19 year old is going off to college or the military.

# Stephen Ministry continued...

People often think of these as wonderful life events, but for some they can become difficult and stressful times. Stephen Leaders, pastors, and others need to develop caring vision to be able to see the need and opportunity for preventive care in various life events.

### Supportive Care:

This is caring for a Caregiver. A Stephen Minister can provide vital support to anyone facing the challenge of caring for a loved one who is going through a life crisis or transition.

People who need supportive care include:

- A person caring for their dying spouse.
- A person considering placing their elderly parent in a long-term care facility.
- A parent of a special needs child.
- A person supporting a parent through the death and funeral of the other parent.
- A parent supporting an adult child through the pain of a divorce.

### Do you feel that God is calling you to become a Stephen Minister?

If so, please contact Lori Samp, Recruiting Coordinator at [saved57@gmail.com](mailto:saved57@gmail.com) or 367-9422.

## Church Directory Update

Each year we have contracted with an outside company to produce a name and address directory for those persons that attend Crossroads on a regular basis. This is not the directory with pictures of our families, but a booklet that gives names, addresses and phone numbers.

Two things will be different this year.

1. If you do not want your personal information to be included in the directory, you will need to contact the church office at 444-2381 or email Amber Johnsen at [amberj@mtco.com](mailto:amberj@mtco.com). We do not share these directories with anyone outside our regularly attending congregation.

2. We want to spotlight businesses of those persons attending here. It allows our congregation to support a fellow member of our church family. The church ads are less than 1/2 the cost of what the outside firm was charging. The church is not interested in making a profit from these ads; our goal is to sell enough ads to pay for the printing and set-up costs for the directory.

We are offering "Early Bird Specials" on directory ad costs. We will take ads until October and then ad costs will go up 20%.

We even have an option to just list your business and phone number.

### Ad Rates:

|                    | Full Page Ad                         | ½ Page Ad | ¼ Page Ad |
|--------------------|--------------------------------------|-----------|-----------|
| Inside Front Cover | \$700.00                             | \$350.00  | \$200.00  |
| Inside Back Cover  | \$700.00                             | \$350.00  | \$200.00  |
| Back Cover         | \$750.00                             | \$375.00  | \$225.00  |
| Inside Ads         | N/A                                  | N/A       | \$100.00  |
| Listing sheet      | Name, address and phone only \$20.00 |           |           |

Questions? Contact Debbie Royer at [droyer@mtco.com](mailto:droyer@mtco.com) or call her at 444-2381.

We have a firm that is willing to work with a company to help design an ad. They are also happy to take print ready ads.

## **Pastors & Staff**

### ***Directing Pastor***

Tom Goodell  
pastors@mtco.com

### ***Pastor of Discipleship***

Bob Lawry  
pastors@mtco.com

### ***Visitation Pastor***

Dan Doty

### ***Assistant to the Pastors***

Angie Shaw  
ashaw@mtco.com

### ***Parish Nurse***

Sally Charlton  
charlton@mtco.com

### ***Youth Director***

Trevor Bartolomucci  
trevorb@mtco.com

### ***Director of Christian Education***

Sue Husted  
sueh@mtco.com

### ***Children's Ministry Elementary Coordinator***

Maureen Hotkevich  
maureenh@mtco.com

### ***Nursery Coordinator***

Stephanie Wendte  
stephw@mtco.com

### ***Building Manager***

Craig Hibbard  
chibbard@mtco.com

### ***Business Administrator***

Debbie Royer  
droyer@mtco.com

### ***Receptionist***

Brenda Thornburg  
brendat@mtco.com

### ***Assistant to the Business Administrator***

Amber Johnsen  
amberj@mtco.com

### ***Video Director***

John Sitrler  
jsitrler@mtco.com

### ***Director of Music Ministry***

Will Meachum  
wmeach@mtco.com

### ***Worship Leader***

Jim Bayless  
praiseways@yahoo.com

### ***Accompanist***

Brian Wierenga  
bwier@mtco.com

### ***Sound Technician***

Tim Lee  
timothylee@mac.com

### ***Handbell Director***

Cliff Smith

### ***Youth Handbell Director***

Kathy Palmer

### ***Little Lambs Preschool Director***

Tracie Carey  
mstracie@mtco.com

### ***Wedding Coordinators***

Melissa Sullivan  
Beth Edwards

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## **Crossroads United Methodist Church of Washington**

P.O. Box 299  
1420 N. Main St.  
Washington, IL 61571

*Our mission is to grow disciples  
and send them out into the  
crossroads of our communities to  
impact lives for Jesus Christ.*

### **Office Hours**

Monday –Thursday

8:30am-4:00pm

Friday

8:30am-1:00 pm

Phone: (309)444-2381

Fax: (309)444-9818

## **Sunday Worship Schedule**

**8:30 am**

Spirited Traditional

**9:45 am**

Christian Education  
for All Ages

**11:00 am**

Casual Contemporary

[www.crossroads4all.org](http://www.crossroads4all.org)

