

Lotus Ranch Wimberley, Texas

Join us in the Texas Hill Country for the 13th Annual Women of St. Luke's on the Lake Retreat to be held at Lotus Ranch (www.lotusranch.org) in Wimberley, TX.

This 40 acre ranch has over 2 miles of natural trails on the property, 2 landscaped ponds, a natural Labyrinth (coming soon), spectacular 15 mile vistas, over 32 types of birds, and 16 different animal species. The ranch is extremely peaceful and lends itself to invoking your creative thoughts and ideas.

This weekend is also "Market Days" in Wimberley and additional, optional activities are available Saturday afternoon.

Registration deadline is April 21 and space is limited. Due to popular demand registration will be open to other churches on April 16.

Detach and mail registration, along with your check made out to WOSL to:

St. Luke's on the Lake
Attn: Carolyn Franklin
5600 Ranch Road 620
Austin, TX 78732-1823

Online registration is available at www.stlukesonthelake.org and click on **Women of St. Luke's**

Our retreat leader is **The Rev. Dr. Helen Appelberg**. Helen was ordained in 1990 and served at St. Luke's Episcopal and Texas Children's Hospitals on staff and as Assistant Director of Pastoral Care from 1990-1996.

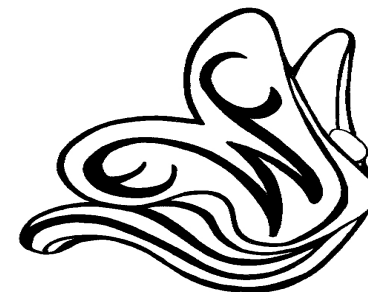
In 1994, she founded the Community of Hope, a 14 week lay chaplain training program. From 1996 to 2002, the Community of Hope spread to churches and institutions across Texas, the United States and Mexico.

Until her retirement in 2002, Helen served on the Diocese of Texas Executive Board, Standing Committee and Clergy Pastoral Care Committees.

For twelve years she was a full-time Sunday assistant at St. Martin's Episcopal Church in Houston. She is a graduate of Pecos Benedictine Monastery School for Spiritual Directors and an oblate in the World Community for Christian Meditation.

**Questions?
Call Sytha Minter
at 512-573-1345
or email
sythagus@hotmail.com**

**Women of SLOL
13th Annual Retreat
April 30–May 2, 2010
Lotus Ranch
Wimberley, Texas**



YEARNING FOR JESUS

with

The Rev. Dr. Helen W. Appelberg
Fellow, Sealy Center on Aging
Director, Center for Spirituality of Aging
The University of Texas Medical Branch,
Galveston
Office 409-772-5352 Fax 409-747-3585
Email hwappelb@utmb.edu

REGISTRATION

Name _____

Address _____

Phone _____ Cell _____

Emergency Contact:

Name _____

Phone _____

Please check registration preference below:

FULL WEEKEND _____

Cost is **\$135** (2 night lodging and all meals)

ONE NIGHT FRIDAY _____

ONE NIGHT SATURDAY _____

Cost is **\$95** (1 night, 3 meals)

DAY ONLY _____

Cost is **\$55** (includes 1 meal)

Additional meals **\$9 each**

Breakfast ____ Lunch ____ Dinner ____

We have the entire place to ourselves. The sleeping accommodations require 2-3 people per room.

If you have any dietary restrictions, please enclose a note with your registration.

Roommate Choices:

TENTATIVE SCHEDULE

Friday, April 30, 2010

| | |
|---------|---------------|
| 4:30 pm | Check in |
| 6:00 pm | Dinner |
| 7:00 pm | First Session |
| 8:30 pm | Compline |

Saturday, May 1, 2010

| | |
|-------------------|----------------------|
| 8:00 am | Breakfast |
| 8:30 am | Morning Prayer |
| 9:00 am-9:45 am | Second Session |
| 10:15 am-11:00 am | Third Session |
| 11:45 am | Noon Day Prayers |
| 12:15 pm | Lunch |
| 1:15 pm-2:00 pm | Afternoon Session |
| 2:00 pm-2:30 pm | Contemplative Prayer |
| 3:00 pm-6:00 pm | FREE TIME |
| 6:00 pm | Dinner |
| 7:00 pm | Evening Session |
| 8:30 pm | Compline |

Sunday, May 2, 2010

| | |
|----------|--------------------------|
| 8:00 am | Breakfast |
| 9:00 am | The Rap Up |
| 10:30 am | Holy Eucharist |
| 11:30 am | Checkout and Lunch to Go |

A limited number of partial scholarships are available. Please contact Carolyn Franklin, 512-250-0527 or frankly5@sbcglobal.net.

The Holy Spirit plants in each of us a yearning for Jesus in the very center of our soul and that yearning nurtures and touches our heart. In those rare moments of solitude and deep quite of just 'being' the Spirit awakens and stirs the soil of the soul which causes an ache, a deep longing to see and be with Jesus, the Christ.

Psalm 42 echoes this ache, this longing with these words,

“As the deer longs for the water-brooks,
 so longs my soul for you, O God.

My soul is athirst for God, athirst for the living God:

when shall I come to appear before the presence of God?

**My tears have been my food day and night,
 while all day long they say to me,**

“Where is your God?”

During this retreat we will join the crowd who in John 12:20-33 asked Philip, “Sir,” they said, “We would like to see Jesus.” Then they heard Jesus call them and say, “Follow me.” In this time apart we will seek new ways to ‘listen to Holy Scripture and to each other’ for God’s will and path for our lives so that the words from Galatians 2:20 will be our own:

“I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.”

The Rev. Dr. Helen W. Appelberg