

STAY IN THE LOOP!

STAY UPDATED ON ALL OF OUR FAITH FORMATION OPPORTUNITIES FOR CHILDREN, YOUTH, AND ADULTS!

JOIN OUR FAITH FORMATION UPDATE EMAIL LIST BY EMAILING:

“faithformation@churchofsaintmary.com”

INCLUDE YOUR NAMES, NAMES AND GRADES OF ANY CHILDREN (AND EMAILS IF THEY USE THEM) , AND ANY ADDITIONAL EMAIL ADDRESSES YOU'D LIKE TO BE INCLUDED!

FAITH FORMATION UPDATES INCLUDE INFORMATION ABOUT ROCKSOLID, CHILDREN'S MINISTRIES, SACRAMENTAL PREPARATION, AND ADULT OPPORTUNITIES.



"A dead thing
can go with the stream,
but only a living thing
can go against it."

-G.K. Chesterton,
Everlasting Man, 1925

Join us weekly in a relaxed atmosphere of sharing and exploration of our Catholic faith, that we might become **ROCKSOLID**; "Islands of Hope in an unbelieving world" for all the generations that follow.

WHAT IS ROCKSOLID?

ROCKsolid is an exciting new approach to Faith Formation at the Church of St. Mary. It is a joint effort of Linda Schoonover, Religious Education Director, and Candice Steichen, Coordinator of Youth Ministry, to provide ministry to youth in grades 6-12, using games, activities, fun with friends, food, Christian service, and more!

ROCKsolid stands for our effort of "Raising Our Catholic Kids Solid," and is the cornerstone of our Faith Formation to Middle and High School youth and their families.

All youth in 6th-12th grade, any school, whether public, private, Catholic, or Home School are invited to attend ROCKsolid Youth from 6-8pm each Wednesday night at St. Mary's. We always begin with a time for gathering and food in the Cafeteria, followed by activities, games, and projects for the different age groups, and on the 2nd Wednesday of each month, ROCKsolid means games in the Gym and a ROCKsolid Mass from 7:30-8pm.

ROCKSOLID ADULTS "STAYING ROCK SOLID"

ROCKsolid Adults is part of our effort to help families become "Islands of Hope in an unbelieving world." In addition to our youth activities each Wednesday night, there will also be opportunities for adults to take part in sessions geared just for them. Coordinated by Fr. Kastl, a variety of wonderful presenters will meet with Adults each Wednesday evening during ROCKsolid youth to focus on many different topics both spiritual and practical. Join us for food at 6:00pm, then for our Adult Sessions from 6:30-8:00pm.

ROCKSOLID SCHEDULE

OCTOBER

- 1 - Faithful Citizenship**
How does faith inform our political decisions?
- 8 - Advanced Directives for Health Care**
Health Care Decisions, who will make them when you can not?
- 15 - Pray Better, Live Better**
Bringing God into your daily life through personal and family prayer
- 22 - Our Catholic Family**
Belonging to a Christian Community is more than just going to Mass.
- 29 - Self-Safety Preview**
Preview of the Diocesan "Self Safety" materials before they are shown to the youth at ROCKsolid

NOVEMBER

- 5 - The Gift of Sexuality**
Pt. 1, Human Sexuality through the lens of JP II's Theology of the Body
- 12 - Talking to Your Kids about Sex**
Pt. 2, Helping your kids articulate and understand their sexuality as a gift from God
- 19 - Talking to Your Kids about Sex, cont'd**
Pt. 3, Helping your kids articulate and understand their sexuality as a gift from God

NO MEETING

DECEMBER

- 3 - The Complexity of Human Sexuality**
Understanding of the Church's teachings on homosexuality and how to converse about this important topic
- 10 - The Internet Age**
Become aware of what your children are facing (good and bad) when using the sites such as facebook, myspace, and more
- 17 - Internet Safety**
Become more aware of the staggering statistics regarding Internet Pornography and learn ways to both safeguard your family and help those who find themselves addicted

NO MEETING

NO MEETING

JANUARY

- 7 - Fundamentals of Liturgy & Eucharist**
Focus on the Eucharistic Liturgy as it developed through history and exists today for the glorification of God and Sanctification of the world - Part 1 of 3
- 14 - Fundamentals of Liturgy & Eucharist**
Part 2 of 3
- 21 - Fundamentals of Liturgy & Eucharist**
Part 3 of 3

28 - Raising your Kids Catholic

Helpful hints on decisions you can make to keep your kids engaged and interested in our Catholic Faith

FEBRUARY

- 4 - Making a Good Confession**
Rekindle a love for the grace of the Sacrament of Reconciliation
- 11 - Building a Culture of Life**
Your family can be advocates for life, working against Abortion, the Death Penalty, and Euthanasia
- 18 - Medical Ethics**
Delve into the complexity of medical ethics according to the Catholic Tradition

25 - Caring for Aging Parents

How can we better maintain love and respect for members of our family as they become more dependent on the next generation for care

MARCH

- 4 - Death & Dying**
Familiarize yourself with our rich and beautiful Traditions surrounding the completion of the Christian Journey
- 11 - Good Grief**
Discuss the grieving process which we all experience at some point in our lives

18 - No meeting

- 25 - Planning a Funeral**
Explore the beautiful symbolism of Catholic Funerals

APRIL

- 1 - The Power of Addiction**
The Power of Addiction affects the life of the family and the wider community
- 8 - Divorce in the Christian Community**
Divorce affects everyone; The Christian Community can provide support for those experiencing the effects of divorce
- 15 - Domestic Abuse**
Learn the signs of Domestic Abuse and how to respond as a Christian Family
- 22 - Interfaith Dialogue**
What does it mean to be a Catholic in relationship to other Christian and non-Christian people?

29 - A Culture of Vocation

Create the openness in your home to explore and discover God's pathway to heaven for each and every one of us

MAY

- 6 - Sacrament of Service, Sacrament of Marriage**
Family can be "Heaven on Earth"
- 7 - Sacrament of Service, Religious Vocations**
Priests and Nuns don't grow on trees, they are raised up from within families