

Keep Healing, Even When You Fail

Mark 14:38

Christian healing comes with setbacks, challenges, failures and temptations. We must sustain spiritual healing over time or else we will fall back into the pain and failure of our past.

I. Keep On K_____ O_____

A. Keep on so you will not f_____ into temptation.

1. We cannot avoid temptation, but we can avoid falling into temptation.
2. We must resist temptation and pray not to be led into temptation.

B. Keep on with your s_____ priorities.

1. Your flesh is weak, so give no priority to the flesh.
2. Your spirit is willing, so give priority to your spirit.

II. Keep On W_____

A. Keep on watching by paying c_____ a_____.

1. Pay attention to all that is going on around you, such as your surroundings and human faculties.
2. Be careful when you are physically tired, emotionally exhausted, and spiritually drained. It is hard to be alert when you are over spent on human resources.

B. Keep on watching by s_____ boundaries.

1. Boundaries limit your freedom and choices and protect what is important to you (Prov.4:23; Matt.15:15-19).
2. Set people boundaries, moral boundaries, financial boundaries, and entertainment boundaries. Scripture is the final authority on defining our boundaries.

III. Keep on P_____

A. Praying means we t_____ with God.

1. We talk to God because we believe in Him.
2. We talk to God because He can do the impossible.
3. We talk to God even when we don't feel like it.

B. Praying means we r_____ to God.

1. Prayer means we slow down long enough to relate to God. Our daily schedules crowd out God from our lives.
2. Hurt, worry, and pain are reminders to pray.

In conclusion, if you have tried and failed, get back up and keep on! Don't do more for your physical health than you are doing for your spiritual health.