

Let us thus escape the world's deception and walk in light.  
Exodus 24:1-18; Psalm 105:1-22; Matthew 4:12-17

### Today's Birthdays

Carolyn Allen; James Ripley

### Today's Calendar

9:30-2:30 pm Spring Yard Sale Set-up  
7:00-11:00 pm Youth Group Service Friday (J13; Loft)

### Saturday, April 24, 2010

Colossians 3:1-17 *For you died, and your life is now hidden with Christ in God.* (v.3) Do we feel like we died? If we received Jesus as our Savior and gave our lives over to him, that's exactly what's happened. We died to the world and became alive in our spirit to God. Something entirely supernatural and real has happened to us. We are now hidden with Christ in God. Although none of us can explain how this happens, as we walk with him, we know it is true. The transformation that begins when we receive Christ is evidence of his supernatural life in us. There is something going on within our soul that defies all explanation. The God of the universe has come to dwell in us. So here's what we're called to do. Since we have been raised with Christ, we must set our hearts on things above, away from our earthly problems (vv.1-2). We must put to death all that opposes God's life in us and clothe ourselves with all the fruit of the Spirit. God has done and is doing a work of salvation in us; we must respond through the choices we make. Exodus 25:1-22; Psalms 30, 32; Matthew 4:18-25

### Today's Anniversaries

Ron & Viv Dobey; Andy & Carter Fitch

### Today's Calendar

8:00 am Brotherhood of St. Andrew  
- Rebuilding America - (Loft)  
8:30 am-2:00 pm Spring Yard Sale (Church Basement)

### Calendar for Sunday, April 25, 2010

*No Youth Groups Today*

8:00 am Rite I Eucharist  
9:00 am Café Trinity (Barber Hall)  
9:15 am Family Eucharist  
10:15 am Christian Education for all  
11:00 am Rite II Eucharist  
4:00-5:30 pm Club 45 (Barber Hall; J13)

### OVERSEAS

Pvt. John Brayer III; Ann Marie Teets; Sgt. David G.  
Walick, Jr.; Cpl. Zachary Navarre

### PRAYER LIST

***Please remember in your daily prayers the following people who are sick or recuperating:***

### **New names this week are listed in bold**

Al; Bill; Bruce; Buddy; Calvin; Carla; Carter; Christopher; Diane; Don & Betty; Donna & Dave; Doris; Faye; Fran; Glenn; Jack; James T.; Jean; Jenee; Kim; Lionel; Lissa; Liza; Lois; Mary; Pat; Ruth; Sandy; Scott; Susan; Tammy; Tom; Cathie Aberg; Peggy Allison; Carl Anderson; Tyler Anderson; Mike Antos; Alan Arey; Linda Arnold; Adele Barrett; Shari Bonnett; Anne Blosser; Kelly Blosser; Karen Bowers; Jean Bryant; Brian Buckley; Luke Burrier; Norma Buser; Hugh & Barbara Canter; Maizel Carlock; David Carter; Allen Cauthorne; Billy Chaplin; Ethel Chaplin; Elizabeth Cook; Anne Dickinson; Roy Etter; Ann Freeman Evans; Carolyn Frye; Jan Gay; Wendy Gorrell; Marti Harrington; Barbara Hooten; Connor Howard; Dana Jacobs; LaVergne Kuhls; Bob Lanberg; Tanya Lohr; Patrick Loughry; Cheryl Mabardy; Dale Manicom; Alice Marshall; Kristen Marshall; Marcia Maynard; Gene Maxey; Teresa McCrossin; Claire McGuire; Leo McGuire; Doug McVickers; **Bill Mehr**; Cindy Montrief; Eric Myers; Helen Myers; Betty Nichols; Marsha Paller; Lois Patterson; Bob Perry; Shana Powell; Kristen Pruitt; Vincent Richards; Pat Roos; Chris Ryder; Gene Schmid; Mariett Schoonover; Debbie Scruggs; Elizabeth Skinner; Bill Sherman; Adrian Smith; Sheila Vickers-Smith; Don Starzinger; Dorothy Strafer; Jack Strafer; The Sutton Family; Mary Ann Taylor; Eleanor Thompson; Cathy & Sonny Vaden; Kitty Vaden; Terri Lynn Voss; Sheila Walker; Jacob Ward; Donna Wicker; Joan Winters.

***Please let Tammy, the Parish Secretary, know if you or a loved one need to be added to the prayer list and also call when that person has recovered so she can remove them from the list. You can email her at [tbarber@trinity-fredericksburg.org](mailto:tbarber@trinity-fredericksburg.org) or (540) 373-2996 x6.***

In the Anglican Cycle of Prayer we pray for the Diocese of Japan. In the Diocesan Cycle of Prayer we pray for Christ Church, Charlottesville and Church of the Good Shepherd, Burke.



TRINITY EPISCOPAL CHURCH  
FREDERICKSBURG, VIRGINIA

*GOOD NEWS DAILY* by

Amaryllis Sánchez Wohlever, MD

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*Bible Reading Fellowship*

P.O. Box 380 Winter Park, FL 32790

*Devotional readings for each day*

*Parish birthdays; anniversaries; calendar; and prayer list*

### Sunday, April 18, 2010

1 John 2:7-17 *Yet I am writing you a new command; its truth is seen in him and you, because the darkness is passing and the true light is already shining.* (v.8 NIV) John teaches that our love reveals the light of Christ. When we hate, we reveal the darkness that envelops us. When we love our brother, we show that we are walking in light. So who is our brother, and what does it mean to love or hate? John describes what hatred does: it is a blindfold that makes us stumble about, lost, hurting all in our perilous path. Yet he who walks in the light of truth has a clear path. His eyes are wide open. He proceeds with confidence and in safety. Hatred blinds us. Love brings light. In verse 8, John teaches that the truth of the command to love is revealed to the world in Jesus *and* in his followers. We are his lamps. Our love is proof that he lives in us. And our brother is simply the one we have the hardest time loving. He is the one for whom we must shine most brightly. Jesus commands us to love him. Exodus 18:1-12; Psalms 148, 149, 150; Mark 16:9-20

### Calendar for April 18, 2010

8:00 am Rite I Eucharist  
9:00 am Café Trinity (Barber Hall)  
9:15 am Family Eucharist  
Fellowship Commission Mtg. after  
in Barber Hall  
10:15 am Christian Education for all  
11:00 am Rite II Eucharist  
12:15 pm Unfinished Projects (Castaglias)  
5:00 pm Yard Sale Set-up (Church  
Basement)  
4:00-5:30 pm Junior Youth Group (Loft)  
5:30-7:00 pm Senior Youth Group (Loft)

### Today's Birthdays

Jeane Bare; Gene Cunningham;  
Jessica Hollister; Stephen Wallach, Jr.

### Monday, April 19, 2010

*Psalm 25 He guides the humble in what is right and teaches them his way.* (v.9) I love how this psalm reveals a relationship. It is clear that God considers some of his followers more teachable and easier to guide than others. Verse 9 teaches that the key is our humility. Peter also learned about the importance of humility. He reminds us that while God opposes the proud, he gives grace to the humble (1 Peter 5:5b). Like Jesus, we are to humble ourselves, and God will lift us up in his way and in his time, not ours. A friend recently shared his thoughts on humility. He warned that if we keep climbing up the success ladder with selfish motives, we just might miss Christ altogether. He's on his way down. Jesus left his throne in heaven to become a vulnerable child, obedient to his father to the point of dying on a cross. His example of absolute surrender and boundless humility are our model. Like Jesus, let us humble ourselves under God's mighty hand, becoming perfectly obedient, surrendering our wills completely unto him. This is the path to wisdom and life. Exodus 18:13-27; 1 Peter 5:1-14; Matthew 1:1-17, 3:1-6

### Today's Anniversaries

Michael Gannon & Patricia McDermott

### Today's Calendar

6:00 pm Yoga (Loft)

### Tuesday, April 20, 2010

*Colossians 1:1-14 For this reason, since the day we heard about you, we have not stopped praying for you...* (v.9a) This verse reminds me of the importance of praying for each other, something that the disciples understood and practiced daily. Beth Moore, my favorite Bible teacher, taught me the power of praying God's Word, turning the inspired words of Scripture into a "now" prayer to God. So I am joining Paul in his timeless prayer for the Colossians today, praying over every person who will read this devotion. I humbly ask God to fill you with the knowledge of his will through all spiritual wisdom. I pray this so that you may live a life worthy of God, pleasing him (not others, but him) in every way. I pray that you may bear fruit in every good work, continually growing in the knowledge of God, being strengthened with the Spirit's power. And I pray that your life will overflow with joyful gratitude to our Father, who indeed has

rescued us from the dominion of darkness and brought us into the kingdom where Jesus reigns (vv.9-12). We are the body of Christ. Let us continue to pray for one another. Exodus 19:1-16; Psalms 26, 28; Matthew 3:7-12

### Today's Calendar

9:00-Noon Parish Nurse (Rm. 14)  
9:30 am Spring Yard Sale Set-up  
10:00 am-Noon Clericus (Loft)  
10:30 am-Noon Book Group (L)  
2:00-3:00 pm Parish Nurse (Rm. 14)  
7:00 pm Health Ministry Commission (Rm. 14)  
5:30 pm Outreach (J13)

### Wednesday, April 21, 2010

*Psalm 38 I am like a deaf man, who cannot hear, like a mute, who cannot open his mouth.* (v.13) Our God is a God who speaks and is in relationship with His people. In Exodus 19, God the Father meets Moses at Mount Sinai and speaks to him. Thousands of years later, John baptizes his cousin Jesus and God the Father is still speaking. He says, "This is my son, whom I love; with him I am well pleased" (Matthew 3:17). In Colossians, Paul describes Jesus as the "image of the invisible God" (v.15). Jesus' holiness reveals his divinity to the world. In Psalm 38, the psalmist is deafened and muted by his sin. It is different with Jesus. Sin has no power to silence him or to affect his ability to hear his Father. Is anything affecting our ability to hear God? Is sin standing between us and God? If so, we must turn to Jesus, confess our sin, and receive the forgiveness he died to bring us. This will restore our ability to hear God. He still has much to say to each of us. Exodus 19:16-25; Psalm 38; Colossians 1:15-23; Matthew 3:13-17

### Today's Calendar

9:30 am Staff Meeting (Kent's Office)  
9:30 am Spring Yard Sale Set-up  
Noon Eucharist  
7:00 pm Servant Commission (Loft)  
7:00 pm Christian Education Commission (J13)

### Today's Birthdays

Jackson Millar

### Today's Anniversaries

Waldo & Joanne Beck ; David & Robyn Walick

### Thursday, April 22, 2010

*Psalm 37:1-18 Trust in the Lord and do good... Be still before*

*the Lord and wait patiently for him...* (vv.3a, 7a) I was recently asked to join a medical ministry as one of several doctors serving the working poor in our community. When I heard of this opportunity, I instantly recognized that this is precisely what God has been preparing me to do for several years. He has equipped me and now is the time. Well, not quite now. Soon. As I've waited for months for this clinic to open, I've continued serving the people in the medical practice where I've worked for two years. I have also led a weekly Bible study for the women in the office. I've been blessed to watch them grow in their faith and learn to apply God's Word to their everyday lives. In the waiting, I have trusted God and He has helped me to be still and wait some more. Consistently, He rewards this stillness with His presence, with peace, and with hope. When we're waiting on God, our posture must be one of obedience. As we wait, we continue to do good and trust Him. With God, the journey is as important as the destination. Exodus 20:1-21; Colossians 1:24—2:7; Matthew 4:1-11

### Today's Birthdays

Adam Calvin

### Today's Calendar

9:30 am Spring Yard Sale Set-up  
10:00 am Knit/Crochet Group (Loft)  
7:00 pm Choir Practice

### Friday, April 23, 2010

*Colossians 2:8-23 See to it that no one takes you captive through hollow and deceptive philosophy, which depends on human tradition and the basic principles of this world rather than on Christ.* (v.8) The problem with the hollow and deceptive philosophy that stems from worldly wisdom is that it doesn't seem hollow or deceptive to those deceived. The truth of the gospel of Jesus is counter-cultural. His kingdom is upside down. He calls us to love our enemies and bless those who curse us. But we are modern. We are politically correct. Jesus' wisdom makes no sense here. In fact, Jesus' wisdom seems unwise to most. Yet, to those of us who have been rescued from the kingdom of darkness, Jesus' wisdom is life itself. Paul expressed it like this: "For the message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God" (1 Corinthians 1:18). Paul's warning to the Colossians applies to our post-modern, post-Christian world even more. We "died with Christ to the basic principles of this world" (v.20), so let us live like it. Let us submit ourselves to the rules of Christ.