

Today's Anniversaries

Keith & Robin Marine

Saturday, June 5, 2010

Galatians 3:21—4:11 *Because you are sons, God sent the Spirit of his Son into our hearts, the Spirit who calls out, "Abba, Father." So you are no longer a slave, but a son; and since you are a son, God has made you also an heir.* (vv.6-7) As a new Christian, I was troubled by fears of the devil. My new life, which I had committed to Jesus Christ, was anything but filled with joy and peace. An assistant pastor suggested that counseling and prayers of deliverance would help, and that he would make an appointment with me as soon as he and his family returned from vacation. I had a question! "Wait a minute," I said, "What do I do while you're on vacation?" The pastor saw my point. He was able to recruit two others for me from the same ministry to which he belonged. Many prayers were said and many problems addressed. I came away with a much lighter heart and a more joyful beginning to my Christian life. John tells me that "perfect love casts out fear" (1 John 4:18) and it is that *perfect love* of God through which He sent His Son to save me and through which His Holy Spirit dwells within me. "It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery" (Galatians 5:1). O Lord, let me "stand firm" in your love! Ecclesiastes 5:8-20; Psalm 55; Matthew 15:1-20

Today's Birthdays

Sam Burton

Calendar for Sunday, June 6, 2010

Blood Pressure Screening after all three Eucharists in Rm. 14

- 8:00 am Rite I Eucharist
9:15 am Family Eucharist & Recognition of Teachers and Seniors w/Reception in the Lounge After the Service
11:00 am Rite II Eucharist

OVERSEAS

Pvt. John Brauer III; Col. Brian Campbell; Cpl. Zachary Navarre; Ann Marie Teets; Sgt. David G. Walick, Jr.

PRAYER LIST

Please remember in your daily prayers the following people who are sick or recuperating:

New names this week are listed in bold

Al; Bill; Calvin; Carla; Carter; Charlie; Christopher; Diane; Don & Betty; Donna & Dave; Faye; Fran; Glenn; Jack; James T.; Jean; Jenee; Kim; Lionel; Lissa; Liza; Lois; Mary; Paul; Ruth; Ryan; Sandy; Scott; Susan; Tammy; Taylor; Tina; Cathie Aberg; Peggy Allison; Carl Anderson; Tyler Anderson; Linda Arnold; Adele Barrett; Carlene Bishoff; Shari Bonnett; Anne Blosser; Kelly Blosser; Karen Bowers; Jean Bryant; Brian Buckley; Luke Burrier; Norma Buser; Sabra Carter; Allen Cauthorne; Billy Chaplin; Ethel Chaplin; Elizabeth Cook; Lou Cook; Jack de Raat; Roy Etter; Ann Freeman Evans; Evelyn Farr; Carolyn Frye; Jan Gay; Wendy Gorrell; The Reverend Constance Hammond; Doug Henderson; Connor Howard; Randy Howard; Dana Jacobs; Jerry Jones; LaVergne Kuhls; Bob Lanberg; Tanya Lohr; Patrick Loughry; Cheryl Mabardy; Dale Manicom; Charles Mannix; Alice Marshall; Kristen Marshall; Marcia Maynard; Bonnie Mayo; Gene Maxey; Teresa McCrossin; Claire McGuire; Leo McGuire; Doug McVickers; Nicole Miller; Cindy Montrief; Eric Myers; Helen Myers; Susan Mynatt; Betty Nichols; Marsha Paller; Lois Patterson; Bob Perry; Amirah Powell; Javyn Powell; Shana Powell; Xanya Powell; Xayvion Powell; Kristen Pruitt; The Rice Family; Vincent Richards; Gene Schmid; **Rose Schmid**; Mariett Schoonover; Debbie Scruggs; Elizabeth Skinner; Bill Sherman; Adrian Smith; Don Starzinger; Dorothy Strafer; Jack Strafer; Dottie Taylor; Mary Ann Taylor; Eleanor Thompson; Cathy & Sonny Vaden; Kitty Vaden; Terri Lynn Voss; Sheila Walker; Jacob Ward; Donna Wicker; Joan Winters.

Please let Tammy, the Parish Secretary, know if you or a loved one need to be added to the prayer list and also call when that person has recovered so she can remove them from the list. You can email her at tbarber@trinity-fredericksburg.org or (540) 373-2996 x6.

In the Anglican Cycle of Prayer we pray for the Province of Melanesia. In the Diocesan Cycle of Prayer we pray for Trinity, Washington; St. Andrew's, Ada & Abingdon, White Marsh.



TRINITY EPISCOPAL CHURCH
FREDERICKSBURG, VIRGINIA

GOOD NEWS DAILY by

Tap Holt

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Bible Reading Fellowship

P.O. Box 380 Winter Park, FL 32790

Devotional readings for each day

*Parish birthdays; anniversaries; calendar; and
prayer list*

Sunday, May 30, 2010

John 1:29-34 *Then John gave this testimony: "I saw the Spirit come down from heaven as a dove and remain on him. I would not have known him, except that the one who sent me to baptize with water told me, 'The man on whom you see the Spirit come down and remain is he who will baptize with the Holy Spirit.'" (vv.32-33 NIV)* One of the first hymns I learned while growing up was "Holy, Holy, Holy! Lord God Almighty," describing God's Power, and also describing God's being, "God in three persons, 'Blessed Trinity.'" In the early stages of my Christianity the concept of "God in three persons" was truly a mystery to me, similar to the way Winston Churchill described Russia: "a riddle wrapped in a mystery inside an enigma." But I prayed that the Holy Spirit would guide me through God's mystery to a deeper understanding of The Trinity. I learned that God was a loving Father, gracefully drawing me into a closer relationship with Him; that God's Son, Jesus Christ, loved me enough to sacrifice himself as an atonement for my sins; and that God the Spirit, loves me, dwells in my heart, and draws me to God's love as I surrender to Him, trust Him, and serve Him. God's Three love each other in perfect harmony in God, and He invites all of us to join Him, in Him, for all eternity! I accept that invitation and worship God, the Three in One described in Isaiah 9:6: "Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace"! Job 38:1-11, 42:1-5; Psalms 146, 147; Revelation 19:4-16

Today's Birthdays

Timothy Howlett; William Rodriguez

Today's Anniversaries

Marc & Betsy Maloney; Mike & Rosemary Van Brunt

Calendar for Sunday, May 30, 2010

Trinity Sunday/Trinity Picnic

- 8:00 am Rite I Eucharist
9:15 am Family Eucharist
10:15 am Games & Activities

11:00 am Rite II Eucharist
Trinity Picnic Begins
Please Help Move Church Furniture

Monday, May 31, 2010

Matthew 13:44-52 *"The kingdom of heaven is like treasure hidden in a field."* (v.44a) When we were kids in Sunday school our teachers used Jesus' parables as beacons to draw us into a deeper relationship with him and our neighbors. They also helped us to realize that knowing God through Jesus Christ takes a lifetime of study, prayer, and growth as we develop that relationship. In the thirty three years since Jesus entered my life, I still find new gems of wisdom in his parables. Jesus' most familiar parables are the longer ones: *The Parable of the Sower, The Parable of the Wicked Tenants, The Lost Son*, etc. But when Jesus begins with "The kingdom of God is like..." I anticipate a real jewel coming. The shorter, more succinct parables often have a greater impact than do the longer and more narrative ones. *The Treasure in the Field, The Pearl of Great Price, The Mustard Seed, and The Lost Sheep* are great examples of this. Jesus, the Son of God, not only uses parables to teach us truths from everyday life, the Divine Jesus uses parables to teach us *eternal* truths as we grow into a deeper relationship with him, his Father, and the Holy Spirit. Ecclesiastes 2:1-15; Psalms 41, 52; Galatians 1:1-17

Today's Birthdays

Grady Hummer; Michael Kamei

Today's Anniversaries

Bill & Joan Rice

Today's Calendar

Memorial Day (Office Closed)

6:00 pm Yoga (Loft)



Tuesday, June 1, 2010

Matthew 13:53-58 *But Jesus said to them, "Only in his hometown and in his own house is a prophet without honor."* (v.57b) There is a saying: "Familiarity breeds contempt." I imagine that in the parochial and agrarian society of Nazareth and its surroundings, Jesus, the local carpenter, was familiar and well respected by the town-folk. But then Jesus stepped out of the box! He proclaimed himself as the Son of God! His teachings not only challenged the "old ways" customary to Jewish tradition, but also were supported by his performance of healings and miracles. Those who were more familiar with the "old" Jesus had difficulty with the new; skepticism, anger, offense, and contempt followed, particularly in his hometown. I suspect that most of us, to whom Jesus has come, have experienced rejection from those who knew us in our "old

ways" (when we were not exactly saints). But God, through His Holy Spirit, draws us into His family despite the contempt of those who reject us. God wants us to become His Saints. Thus we sing, "The Saints of God are just folk like me, and I mean to be one too." Ecclesiastes 2:16-26; Psalm 45; Galatians 1:18—2:10

Today's Calendar

Construction on the Nave Begins

9:00 am-Noon Parish Nurse (Rm. 14)

2:00-4:00 pm Parish Nurse (Rm. 14)

5:30 pm Outreach (Jamison Hall)

Wednesday, June 2, 2010

Ecclesiastes 3:1-15 *Whatever is has already been, and what will be has been before, and God will call the past to account.* (v.15) That "Jesus Christ is the same yesterday and today and forever" (Hebrews 13:8) is one of the foundations of my faith. This passage looks to eternal life rather than the temporal existence I presently inhabit. In contrast, today's reading from Ecclesiastes begins: "There is a time for everything, and a season for every activity under heaven..." Simply put, I am limited (or even enslaved) by time. I praise God that, "He has made everything beautiful in its time. He has also set eternity in the hearts of men" (v.11). My eternal life will be more beautiful than I can imagine, and as I grow in my relationship with God, in Jesus Christ, I also grow in eager anticipation in God's promise of the glorious adventure in eternity with Him. Psalm 119:49-72; Galatians 2:11-21; Matthew 14:1-12

Today's Birthdays

Margaret Dix; David Huffstickler

Today's Anniversaries

David & Linda Beck; Bruce & Sandra Davis

Today's Calendar

9:30 am Staff Meeting

Noon Eucharist

Thursday, June 3, 2010

Ecclesiastes 3:16—4:3 *"All have the same breath; man has no advantage over the animal. Everything is meaningless. All go to the same place; all come from dust, and to dust all return."* (vv.19b-20) The authorship of Ecclesiastes has been attributed to Solomon, King of Israel. He seems to have *believed in* God, but not to have always *believed* God. In this performance oriented existence of mine, I, too, can forget God's presence in my life. Solomon assumes God is there, but that God has abandoned man in the living of daily life of an imperfect world. He has overlooked God's promise to us of a loving relationship with Himself. Solomon's own

father, David, had such a relationship with God. One of the most familiar of Jesus' parables is that of the sower, in which Jesus describes various impediments keeping us from responding to God's grace. The seed is the Word of God, being sown into the hearts of men. Some of the seed fell among thorns, which describes the condition of the man who was beset by, "the worries of this life and the deceitfulness of wealth" (Matthew 13:22), making his life "unfruitful." Solomon was like that man! My cynicism (which can be much like Solomon's) can be avoided as I surrender to God. He is my master and produces within me a crop, yielding a hundred, sixty, or thirty times what was sown! Psalm 50; Galatians 3:1-14; Matthew 14:13-21

Today's Birthdays

L.C. Davis; Savannah Floyd

Friday, June 4, 2010

Psalms 40 *Sacrifice and offering you did not desire, but my ears you have pierced; burnt offerings and sin offerings you did not require. Then I said, "Here I am, I have come—it is written about me in the scroll. I desire to do your will, O my God; your law is within my heart."* (vv.6-8) C.S. Lewis' book, *Surprised by Joy*, an autobiography and spiritual journey, depicts the younger Lewis and his conversion to Christianity. The title itself speaks volumes about Lewis. In truth, the Christian experiences many joyous surprises in his life. One of my "surprises" came from the reading of Psalm 40. Many of the themes of Scripture are present in this uplifting cry of the psalmist to God, his Savior. First, he waits patiently for God who hears his cry. Like Isaiah, he affirms that, "those who wait upon the Lord will renew their strength. They will rise up on wings like eagles..." (Isaiah 40:31). Secondly, the psalmist responds in thanksgiving and worship of God for His rescue and restoration. Thirdly, the psalmist acknowledges being overtaken by sin and asks for God's forgiveness, mercy, and salvation. Finally, the psalmist surrenders to God's will for him as he proclaims, "Here I am! I have come—it is written about me in the scroll." Isaiah's calling from God to his prophetic ministry was also compelling. God asks, "Who shall I send, and who will go for us?" Isaiah's response: "Here am I. Send me!" (Isaiah 6:8). May we, as God's children, wait for, pray for, and respond to God's call in our lives. Ecclesiastes 5:1-7; Psalm 54; Galatians 3:15-22; Matthew 14:22-36

Today's Calendar

10:00 am Spirituality Commission (Rm. 14)

12:30 pm Warden's Luncheon

6:30 pm Wine Tasting & Dinner
(Potomac Point Winery)

Today's Birthdays

Caitlin Hollister; Bridget Strafer