

Saturday, May 15, 2010

Ephesians 2:11-22 *So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God. (v.19) We have all experienced how it feels to be left out and rejected. To notice that you are on the fringe or outside a group can be very painful. Yet in God's community, we are all His beloveds, His chosen ones! Once we were lost and didn't know Him, like aliens struggling in a foreign land. Yet He chose to uncover for us the truth of His amazing love, and rescue us from lives of hopelessness and futility. We were "brought near by the blood of Christ" (v.13). We are now joined together in love with our brothers and sisters in Christ! When disagreements arise we can go to one another, confess our anger and hurt, and allow God's love to heal the relationship. In God "you also are built together spiritually into a dwelling place for God" (v.22). Numbers 11:16-17, 24-29; Psalms 87, 90; Matthew 7:28—8:4*

Today's Birthdays

May Garnett

Today's Calendar

Priest Ordination @ Arlington

Calendar for Sunday, May 16, 2010

Club 45 Returns from Camp Hanover

8:00 am Rite I Eucharist
9:00 am Café Trinity (Barber Hall)
9:15 am Family Eucharist
10:00 am Fellowship Commission Mtg. (Barber Hall)
10:15 am Christian Education for all
11:00 am Rite II Eucharist
Noon Coffee Fellowship (Ida Beck Room)



OVERSEAS

Pvt. John Brauer III; Col. Brian Campbell; Cpl. Zachary Navarre; Ann Marie Teets; Sgt. David G. Walick, Jr.;

PRAYER LIST

Please remember in your daily prayers the following people who are sick or recuperating:

New names this week are listed in bold

Al; Bill; Calvin; Carla; Carter; Christopher; Diane; Don & Betty; Donna & Dave; Faye; Fran; Glenn; Jack; James T.; Jean; Jenee; Kim; Lionel; Lissa; Liza; Lois; Mary; Ruth; Ryan; Sandy; Scott; Susan; Tammy; Taylor; Tom; Cathie Aberg; Peggy Allison; Carl Anderson; Tyler Anderson; Mike Antos; Alan Arey; Linda Arnold; Adele Barrett; Carlene Bishoff; Shari Bonnett; Anne Blosser; Kelly Blosser; Karen Bowers; Jean Bryant; Brian Buckley; Luke Burrier; Norma Buser; Sabra Carter; Allen Cauthorne; Billy Chaplin; Ethel Chaplin; Elizabeth Cook; Lou Cook; **Walter Davis**; Anne Dickinson; Roy Etter; Ann Freeman Evans; **Evelyn Farr**; Carolyn Frye; Jan Gay; Wendy Gorrell; Marti Harrington; Barbara Hooten; Connor Howard; Dana Jacobs; LaVergne Kuhls; Bob Lanberg; Tanya Lohr; Patrick Loughry; Cheryl Mabardy; Dale Manicom; **Charles Mannix**; Alice Marshall; Kristen Marshall; Marcia Maynard; Bonnie Mayo; Gene Maxey; Teresa McCrossin; Claire McGuire; Leo McGuire; Doug McVickers; Nicole Miller; Cindy Montrief; Eric Myers; Helen Myers; Susan Mynatt; Betty Nichols; Marsha Paller; Lois Patterson; Bob Perry; Shana Powell; Kristen Pruitt; Vincent Richards; Gene Schmid; Mariett Schoonover; Debbie Scruggs; Elizabeth Skinner; Bill Sherman; Adrian Smith; Sheila Vickers-Smith; Don Starzinger; Dorothy Strafer; Jack Strafer; Mary Ann Taylor; Eleanor Thompson; Cathy & Sonny Vaden; Kitty Vaden; Terri Lynn Voss; Sheila Walker; Jacob Ward; Donna Wicker; Joan Winters.

Please let Tammy, the Parish Secretary, know if you or a loved one need to be added to the prayer list and also call when that person has recovered so she can remove them from the list. You can email her at tbarber@trinity-fredericksburg.org or (540) 373-2996 x6.

In the Anglican Cycle of Prayer we pray for the Diocese of Korea. In the Diocesan Cycle of Prayer we pray for Aquia Church, Stafford & St. Peter's in-the-Woods, Fairfax Station .



TRINITY EPISCOPAL CHURCH
FREDERICKSBURG, VIRGINIA

GOOD NEWS DAILY by
Carolyn Petersen

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Bible Reading Fellowship

P.O. Box 380 Winter Park, FL 32790

Devotional readings for each day

*Parish birthdays; anniversaries; calendar; and
prayer list*

Sunday, May 9, 2010

James 1:2-8, 16-18 *My brothers and sisters, whenever you face trials of any kind, consider it nothing but joy, because you know that the testing of your faith produces endurance. (vv.2-3 NRSV) It is not easy for me to count it all joy when I am immersed in challenges that discourage me, or in trials that fatigue and dishearten me! In fact I can become downright depressed. But then I begin to realize that perhaps I have not been "in sync" with the Lord; that I have been going my own way, doing my own thing, and not listening for his still, small voice. I must come back to the place of worship, centering my heart and mind on Him. Soon the stress and anxiety leave me, and I begin to listen and look for His guidance. I am never disappointed! It has been suggested that we are to allow the Lord to create within us a sanctuary of the soul where He may abide, guiding and directing us throughout each day. Then we are truly letting go and letting God direct our path. "You show me the path of life. In your presence there is fullness of joy" (Psalm 16:11). Leviticus 25:1-17; Psalms 93, 96; Luke 12:13-21*

Calendar for Sunday, May 9, 2010

No Youth Groups Today

Happy Mother's day

8:00 am Rite I Eucharist
9:00 am Café Trinity (Barber Hall)
9:15 am Family Eucharist
& Young People's Communion w/
Reception after in Barber Hall
11:00 am Rite II Eucharist
Noon Coffee Fellowship (Ida Beck Room)

Today's Birthdays

Bruce Frizzell



Today's Anniversaries
Randy & Carolina Woods

Monday, May 10, 2010

Matthew 13:1-16 *"With them indeed is fulfilled the prophecy of Isaiah that says: 'You will indeed listen, but never understand, and you will indeed look, but never perceive. For this people's heart has grown dull, and their ears are hard of hearing, and they have shut their eyes; so that they might not look with their eyes, and listen with their ears, and understand with their heart and turn—and I would heal them'"* (vv.14-15) In this passage Jesus makes the point of why he must speak in parables to the people. This helps me understand that my heart and mind must be so attuned to his holy presence, so intent on following him, listening for his still small voice, that I will be able to discern and understand many things that he wishes me to know. In this unity with the Lord, I can be at peace with myself and others, and his healing peace and presence saturates my soul. "Then we will never turn back from you; give us life, and we will call on your name. "Restore us, O LORD God of hosts; let your face shine, that we may be saved" (Psalm 80:18-19). Leviticus 25:35-55; Psalm 80; Colossians 1:9-14

Today's Birthdays
Joanne Graves; Carol Petit

Today's Calendar
6:00 pm Yoga (Loft)

Tuesday, May 11, 2010

1 Timothy 2:1-6 *First of all, then, I urge that supplications, prayers, intercessions, and thanksgiving be made for everyone, for kings and all who are in high positions, so that we may lead a quiet and peaceable life in all godliness and dignity.* (vv.1-2) We are all aware that we are in difficult times. The economy has been shaky; news of violence, evil, and unscrupulous behavior inundate us daily. It is easy in these times and circumstances to become discouraged. Yet this passage calls us back to the duty of intercession for our leaders, for all in high places, and for our world. We may not agree with the decisions made, but we are to intercede and believe that our God is a great God, the One who is ultimately in charge of the universe. He is in control, and we are to trust that God will use these times and hardships to

humble and bring those who are astray to himself. And so our prayers are "right and acceptable in the sight of God our Savior who desires everyone to be saved and to come to knowledge of the truth" (vv.3-4). Leviticus 26:1-20; Psalm 78:1-39; Matthew 13:18-23

Today's Birthdays
Kelley Calvin

Today's Calendar
No Parish Nurse Today
10:30 am-Noon Book Group (L)
5:30 pm Club 45 Mission Mtg. (Loft)

Wednesday, May 12, 2010

Ephesians 1:1-10 *...just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will.* (vv.4-5) Have you ever been places where you are uncomfortable, feeling that you did not fit in? These can be awkward moments, causing us to withdraw within ourselves. Our discomfort may even cause us to want to escape the situation at once. At times like this, I remind myself that I am the beloved of the Lord, chosen to be his very own! Difficult situations cannot demolish me, for I am the Lord's possession. By the same token, I am called to radiate his love, to be his calming presence in all situations, difficult or not! "You are my hiding place and my shield. I hope in your word" (Psalm 119:114). Leviticus 26:27-42; Psalm 119:97-120; Matthew 22:41-46

Today's Calendar
Noon Eucharist
6:30 pm Executive Finance Committee (Kent's Office)
7:30 pm Vestry Commission Mtg. (Barber Hall)

Today's Birthdays
Audrey Hamilton

Today's Anniversaries
Joseph & Carol Gudyka

Thursday, May 13, 2010

Matthew 28:16-20 *"Go therefore and make disciples of all nations... And remember, I am with you always, to the end of*

the age." (vv.19a, 20b) We are called to be His messengers, to bring His light into the darkness of those we encounter. We are called to give them the hope that is in our hearts, to help them to come to know Jesus as their Lord. We cannot do this in our own strength. (He never intended for us to do so!) He has promised to be with us always and in all ways! As we connect ourselves to Him in prayer continually throughout the day, His anointing will be on us, to love others as He loves us, and to bring them to know Him as their beloved Savior and Lord. "Show us your steadfast love, O LORD, and grant us your salvation." (Psalm 85:7) Daniel 7:9-14; Psalms 8, 47; Hebrews 2:5-18

Today's Birthdays
George Bond; Hannah Delagrange; Ron Dobey

Today's Anniversaries
Craig & Mari Ryniewicz

Today's Calendar
7:00 pm Choir Practice

Friday, May 14, 2010

Ephesians 2:1-10 *For by grace you have been saved through faith, and this is not your own doing; it is the gift of God—not the result of works, so that no one may boast.* (vv.8-9) I used to believe that by being relatively kind to others, going to church each week, and doing good works I would be assured of the Promised Land. But I was in darkness and didn't realize it. By the Lord's mercy and benevolent grace I was able to come to faith and be saved. He powerfully broke through my doubt and ignorance, and suddenly I was able to see the truth and was set free to believe! Although we were dead, we have been made alive in Christ Jesus! His resurrection life courses through us daily when we are closely connected to him! We cannot boast in our own works, for it is he who has saved and anointed us for the works that he has prepared for us. 1 Samuel 2:1-10; Psalms 85, 86; Matthew 7:22-27

Today's Calendar
Club 45 @ Camp Hanover
until the 16th