

**\*ROCKIN' AT THE RODEO**—presented by Diane Havens, Kids In Action  
[kidsinaction@hotmail.com](mailto:kidsinaction@hotmail.com)--PTAC--7/22/2010

\*can be used as an end of the year extravaganza or during Rodeo plan. Depending on children's age—each activity can be a station. Change when you say or music stops.

1. Rodeo parade—make flags for the Rodeo entry parade. (surveyors tape works well)
2. Chuck wagon races—can use beach towels pulled by partner, scooters w/ropes, or step stools pulled w/rope
3. Roping animals—using hoops, Frisbees w/holes; etc. Have children toss ring onto pretend horse
4. Lasso—made out of pantyhose (cut hose in   ; wad up 1 sheet of newspaper & place in hose—tie off & repeat). Hose are free: send \$20 for shipping to: Hanes Brand Inc.; attn: Nancy Terry; 1904 Clark road; Box 669; Clarksville, Ark 72830) Can circle arm overhead like a helicopter & release at wall—maybe place a laminated horse picture to throw at. Can also circle in front of body—throw at ceiling.
5. Boot kickin'—using empty plastic lg. coke containers; plastic bowling pins; foam cylinders. Place a line on a wall using carpenters tape and have the children kick the boot 'over the fence'.
6. Barrel racing—using    noodles or stick horses, have the children go in a figure 8 in & out of cones while galloping
7. Cow patty pitching—using beanbags & container—try to throw the beanbag in the container
8. Calf scramble—toss the balls (calves) and have the children collect them w/cups, scoops, etc.
9. Jump the fence—place a line using carpenters tape or use ropes as fences. Have all the children line up on one side of room. When you say the magic words "jumped the fence", they run & jump over to the other side. I.e.: A big dog barked and I ran & jumped the fence. A big bull chased me & I jumped over the fence. My hat flew off and...
10. Roundup—have each child w/a tail—either stuck in their trousers or top of their dress. You are 'it'. You must round up all the horses and place them in the corral. On signal, chase the children & grab their tails. They must take their tail & go to the corral. From time to time say 'escape' so they run out of the corral. Can also say, when one horse enters the corral, you may get out.

Have a YEE HII time!!!

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THAT'S USING YOUR NOODLE!!!---presented by Diane Havens  
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Buy your noodles at dollar stores. Cut 'em up & go to town.

1. Noodle stacking—cut up a long noodle into 1" pieces—use a sharp crated steak knife. What can you build? Tip toe around all the other structures & take pretend pictures. (letter O's)
2. Balancing—use 1 letter "O" and balance on your head while you move. Then 2 "O's" and so on.
3. Partner balancing—w/a partner, balance one "O" between your hands; knee; hip; etc.
4. Stringing—using ropes, heavy twine; yarn; make necklaces.
5. Dot to Dot—using scattered "O's", use the yarn to connect. What did we build? Can also use chalk outside.
6. Golf—using free paint sticks, push the "O's" around the room—can use laminated circles for the golf holes. Put a number on each to designate which hole.
7. Weights—using Lummi sticks—place "O" at either end & work out!!!  
(Source for sticks: Toledo sports—800-225-7749--\$19 f/24 sticks)
8. Cars—using above weight, roll to a friend saying: "I roll the car to You, you roll the car to me, we roll the car together 1, 2, 3"
9. Pattern building—show them a particular pattern & have them build it on their stick. Count the "O's"
10. Go crabbing—toss out all the "O's" and put in your scoop to bring in
11. Shoo Fly: buy dollar store fly swatters. Scatter flies ("O's"). Swat (not bat) the flies. Then scoop them on swatter while balancing & bring 'em in.
12. Pop Goes The Weasel: squeeze the dot in one hand & try to make it pop out!!! (watch out—it's addictive)
13. Dot instrument—each child has 2 "O's". Put on some great music & use them as instruments: cymbals, crocodiles, behind back, etc.
14. Alphabet dots—write the letters of the alphabet on the "O's". Scatter them and see how quickly the class can line up the alpha.
15. Trash game: turn over a long table—put 2 children behind. Have class throw the "O's" in the trash—the 2 behind throw them back.
16. Snake game—"it" has long noodle for snake. Snake must wiggle on ground. Snake must try & tag ankles. Can have a 'safe' house (hoop, behind table, mat, etc.) for only 10 seconds. If snake tags you, go to Dr. and get rx (5 jumps, open shuts)
17. Flippin burgers—each with \_ noodle & one burger ("O") balanced on back of free hand. On signal, walk around and try to 'flip' off everyone's burgers with your spatula (noodle), You MUST have a burger balanced to be in the game. If you lose your burger, blow it off & get back in the game!!!

Thanks for participating!!! Have a great year.

FUN ACTIVITIES WITH FREE PANTYHOSE—presented by Diane Havens,  
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1. Bridges—scatter the hose around the room. Upon entering, children move around, jump over the hose. When music stops or freeze is said, build a bridge over the snowy pond (crab, bear, one hand, stand & straddle, etc.)
2. Dynaband fun—pick up one hose. Hold both ends in 2 hands: stretch overhead, behind neck, driving car, cranking mower, bicep & tricep pulls, windmills, bow & arrow, twists and w/partner.
3. Queen bee: w/one hose, the leader moves around the room & hands her hose to a free hand who in turn gives his hose to a free hand, etc.
4. Roundup—each child has a tail tucked into his trousers or top of dress. "It" moves around and tries to pull out their tail. You are safe if in a hoop (only one person at a time) until someone else comes into the hoop. If you lose your tail, you must go the horse hospital w/your tail & do 5 horse jumps for rx—then you are back in the game)
5. Itsy Bitsy Spider—using 2 hose, one on each foot-(do not cover the ball of your foot), hold the other end and stretch it to sky. Do motions of songs while holding the hose.
6. Pink Panther—move to music—interpret your own way!!!
7. Spiderman—at the end of the song, form a web.
8. Monster Mash—open the door and out he comes.
9. Bop Till You Drop—Greg & Steve, Kids In Action # 3
10. Congo—using only 1 hose per student, hold each other's & do the congo—Greg & Steve's Kids In Action #8
11. Donuts—make & take—place hose on your arm, roll up & form donut

Thanks for participating. Have a great year.

Diane