

Spring Valley Presbyterian
2009 Fall FestivALL
19th Bizarre Road Race
Saturday October 31
and
1st Bizarre Bike Ride
Sunday November 1

**Registration fees / dates
for each event**

Early registration

(Received on or before October 19)
\$15 early registration – no tee
\$20 early registration – with
long sleeve dri-wick tee

Late Registration

(October 20 – to race day)
\$20 late registration – no tee
\$25 late registration – with 100% long
sleeve cotton tee while supplies last

**Bike Ride Facts:
Sunday November 1st**

Two rides, full sags and rest stops and lunch
served after the ride, noon until 2pm

8am: Metric Century departs and ventures
out to the rolling hill along the shore of Lake
Wateree before looping back to the starting
point.

10am: A 25 mile fun ride departs along the
same route and loops back early rejoining the
longer ride to the finish.

Mechanical support provided by Summit
Cycles.

**Road Race Facts:
Saturday October 31st**

The race is a 5K, USATF certified
course, over rolling hills in the
Woodlands subdivision. Miles are
marked and splits are given at the 1
and 2 mile marks.

5K Road Race is scheduled to start at
8:15 am on the 31st.

Registration for children's races
begins at 9:00am and races will
begin at 9:30am

Run Awards: overall male and female
winners and top three male and
female by age group.
Road race is a Tour de Columbia
event.

Finish line and computerized times
provided by Strictly Running

We also will have children's races
(The Bird Walk) following the 5k on
the soccer fields...up to grade 6. Race
length of kids races vary

The children's races are named in
memory of Scott "Bird" Nyland.

**Proceeds for both events will
benefit Habitat for Humanity.**

Online Registration available at
WWW.Strictlyrunning.com or
[http://www.strictlyrunning.com/gpsrclgn
Reg-9f.asp](http://www.strictlyrunning.com/gpsrclgnReg-9f.asp)

Registration Form (one per person)

Name _____
Address _____
City/State/Zip _____
email _____
Phone _____
Age on 10/31/09 _____ M ___ F__

Saturday road race (circle one)

5K, K-Younger, Grade 1&2,
Grade 3&4, Grade 5&6 \$ _____
\$7 (Grade 6 and younger)

Sunday bike ride (circle one)

Metric century, or 25 mile ride \$ _____
(riders under 18 years of age must be accompanied
by guardian, who must also sign riders waiver)

Total events # _____ \$ _____

5K/Bike Shirts – long sleeve (circle one)

Adult: Small Medium Large X-large

Kids Run short sleeve (circle one)

Youth Sm Youth Med Y Large

Athlete's Release: I know that running a road race
or riding a bike is a potentially hazardous activity. I certify that
I am in proper condition to participate in the event(s) and
assume all risks involved in my participation. In consideration
of your acceptance of my entry, I for myself and anyone
acting on my behalf waive and release the Fall FestivALL
Bazaar, Spring Valley Presbyterian Church, volunteers and all
sponsors, their representatives and successors from all
claims or liabilities of any kind arising from my participation in
this event. I also give my permission for the free use of my
name and picture in any broadcast, telecast or other written
account of this event.

Athlete's Signature _____

Parent's Signature _____

(if under 18)

Postal registration, Send to
Attn FestivALL registration
Spring Valley Presbyterian Church
125 Sparkleberry Lane
Columbia, SC 29223

5k course Road race is a
Tour de Columbia Event .
USATF Certified #SC90035BS

Visit WWW.SVPC.ORG for more
information and course maps of the
Road race, Bike ride and Location of
Spring Valley Presbyterian Church.

Spring Valley Presbyterian Church
125 Sparkleberry Lane
Columbia, SC 29229
(803) 788-3589

19th Annual
Spring Valley
Presbyterian Church
FestivALL Bazaar



5k Road Race and Kiddie Run
Saturday October 31, 2009
&



Bike Ride
Metric & 25 mile routes
Sunday November 1, 2009

Spring Valley Presbyterian Church
125 Sparkleberry Lane
Columbia ,SC 29223
803-788-3589

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