

Spring Valley Presbyterian Church

5K & Kiddie Run Fast Facts

Saturday October 22nd

Online Registration www.strictlyrunning.com

Complimentary finish line photos will be available for download after the race, including photos from Kiddie Run. Link information will be available on race day.

The race is a **5K, USATF certified course**, over rolling hills in the Woodlands subdivision. Miles are marked and splits are given at the one and two mile marks. **5K Road Race** is scheduled to start at 8-AM on Oct 22nd.

The **5K Walk** will follow the same course as the run, and start time will immediately follow the 5k Run start.

Run Awards

- Overall male and female winners
- Top three male and female by age group
- Awards are also given to the top male and female SVPC church members

Awards given immediately following the Kiddie Run (around 10:00 AM).

Road race is a **Tour de Columbia** event. USATF Certified #SC90035BS

Finish line and computerized times provided by **Strictly Running**.

Kiddie Run - *"The Bird Walk"*

Following the 5K is held on the soccer fields for children up to grade 6. The length of the kids races vary. Children's races begin around 9:00 AM (or immediately after 5K). The children's races are named in memory of Scott "Bird" Nyland.