

Policy to Encourage Wellness at All Times

Educate and encourage kids and leaders to cover mouth and nose with a tissue when they cough or sneeze. Also, provide them with easy access to tissues and running water and soap or alcohol-based hand cleaners. If there is no tissue available, remind them to use their elbow instead of their hand.

Remind leaders and kids to practice good hand hygiene and provide the time and supplies for them to wash their hands as often as necessary.

Ask parents to keep kids at home until at least 24 hours after they no longer have a fever or signs of a fever (without the use of fever-reducing medicine). Ask leaders to follow the same policy for themselves.

Clean surfaces and items that are more likely to have frequent hand contact such as tables, chairs, door knobs, bathroom surfaces, etc. with cleaning agents that are effective against communicable diseases.

Move students and leaders to a separate room if they become sick at church until they can be sent home.

Stay in regular communication with health department.

Steps to Be Ready to Take if Flu Becomes More Severe

Extend the time kids and leaders stay home for at least 7 days, even if they feel better sooner. Those who are still sick after 7 days should stay home until at least 24 hours after symptoms have gone away.

Allow high-risk kids and leaders to stay home. This decision should be made in consultation with a physician.

Find ways to increase social distances at church, like moving chairs farther apart, etc.

Educate leaders on doing a morning health check and send students or leaders home if they are not well.