

Here is list of items for boxes:

Powdered drink mixes, Tea bags, packets of hot chocolate Nuts, Trail Mix, Microwave popcorn, Non-melting candy, gum,

Peanut butter (individual packets) ,packages cookies, snack crackers, SINGLE SERVING PACKETS LIKE YOU WOULD PUT IN YOUR LUNCH.

Single serving canned fruit cups, pudding cups ("snack pak" non-refrigerated), soup in a cup, beef jerky, slim jims, tuna in pouches, granola bars.

DVDS (used are fine) CDs (used is fine)

Magazines from the last 3 months, especially sports mags. batteries, socks (white)

Toiletries!!! Many soldiers are out on mission for 30 days at a time and do not get to a shower! "Orymed" toothbrushes can be used without water, chap stick, sunscreen, lotion for very dry skin,q-tips,wet/wipes for face and body. Travel sizes are good.

WWW.RANGERJOES.COM GIFT CERTIFICATES are great! These allow soldiers to buy gear they need.