

# Meredith Drive Reformed Church Urban Ministries

## Children And Family Urban Ministries

### (CFUM)

**The Supper Club**, sponsored by Children and Family Urban Ministries (CFUM), provides an evening meal for 80-120 adults and children at Trinity United Methodist Church. MDRC provides & serves the meal on the first Tuesday and fourth Wednesday of every month.

#### **Opportunities:**

- Provide a casserole, canned fruit, cookies, or rolls once a month in a year-long commitment (Aug.-July)
- Serve meals (8-10 servers per meal), 4:30-6 p.m.
- Provide Thanksgiving pies & whipped topping

**Contact: Lori Langos (casseroles), 278-4596**  
**Cindy Spiker (serving), 331-1323**

## Freedom For Youth

### **2301 Hickman Road, Des Moines**

Freedom For Youth helps youth break free of bondages and experience a life filled with faith, hope and love.

#### **Opportunities :**

- Tutor students
- Teach high school classes (from crafts to woodworking)
- Prepare/serve meals
- Work at special events
- Mentor
- Collect/distribute clothing and food
- Provide transportation, and much more.

**Contact: Lee Towe (321-2235)**  
**BJ Towe (971-6148)**

## Moulton Learning Center

### **1541 8th St., Des Moines**

The partnership between MDRC and Moulton Extended Learning Center encourages the staff and students K-8th grade.

#### **Opportunities:**

- Provide part of a meal for teachers during school conference time twice a year
- Donate supplies from teachers' wish lists to supplement in classroom use
- Volunteer in Classrooms

**Contact: Jon Nelson, 276-4901**

## Serve Our Youth (SOY)

### **1548 Hull Ave, Des Moines**

SOY's mission at the Polk county Youth Shelter and Detention Center is to extend God's love and mercy to Iowa's high-risk youth by providing them with resources and relationships where God's hope and healing are shared.

#### **Opportunities:**

- Mentor one-on-one
- Participate in monthly group activities with the MDRC SOY team, i.e. Christmas caroling, trips to zoo, snow tubing, mini golf, birthday parties, game night, or organize an event with a small group

**Contact: Joyce Lutz, 278-8353**  
**Beth Draheim, 988-1452**

## International Friends

Meredith Drive Reformed Church is blessed to have many refugees with us on Sunday mornings.

#### **Opportunities:**

- Assist with their transition into the U.S.
- Provide Sunday morning transportation to and from MDRC worship via the church van.

**Contact: Jillea Bueso, 274-9165**

## DMARC Food Pantry

### **3816 36th St., Des Moines**

Meredith Drive Reformed Church, in cooperation with many other area churches, supplies and distributes non-perishable food items to eight area food pantry sites that are sponsored by the Des Moines Area Religious council (DMARC).

#### **Opportunities:**

- Sort and shelve food donations at the pantries
- Deliver food items to food pantry

**Contact: Bruce Macdonald, 577-1807**

## Habitat for Humanity

Greater Des Moines Habitat for Humanity is an ecumenical Christian housing ministry dedicated to the elimination of poverty housing in Polk County.

#### **Opportunities:**

- Construction/office/warehouse work
- Family support
- ReStore assistance - Habitat's retail thrift store for building materials

**Contact: George McVicker, 225-1377**  
**Marilyn Clauss, 225-3665**