

LIFE Community Study Notes—June 10th



Exodus 20:1-17

The Ten Commandments

1 And God spoke all these words:

2 "I am the LORD your God, who brought you out of Egypt, out of the land of slavery.

3 "You shall have no other gods before ^[a] me.

4 "You shall not make for yourself an idol in the form of anything in heaven above or on the earth beneath or in the waters below. 5 You shall not bow down to them or worship them; for I, the LORD your God, am a jealous God, punishing the children for the sin of the fathers to the third and fourth generation of those who hate me, 6 but showing love to a thousand {generations} of those who love me and keep my commandments.

7 "You shall not misuse the name of the LORD your God, for the LORD will not hold anyone guiltless who misuses his name.

8 "Remember the Sabbath day by keeping it holy. 9 Six days you shall labor and do all your work, 10 but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your animals, nor the alien within your gates. 11 For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.

12 "Honor your father and your mother, so that you may live long in the land the LORD your God is giving you.

13 "You shall not murder.

14 "You shall not commit adultery.

15 "You shall not steal.

16 "You shall not give false testimony against your neighbor.

17 "You shall not covet your neighbor's house. You shall not covet your neighbor's wife, or his manservant or maidservant, his ox or donkey, or anything that belongs to your neighbor."

G R A C E C H A P E L

Big Idea: Desperate Households can be successful by implementing four boundaries.

Key Verse:

Exodus 20:2

"I am the LORD your God, who brought you out of Egypt, out of the land of slavery.

Opening Question: Share a boundary experience.

Discussion Questions

Questions in bold below are suggested focus questions.
Sections in italics and parenthesis are for the leaders notes.

Observation Questions

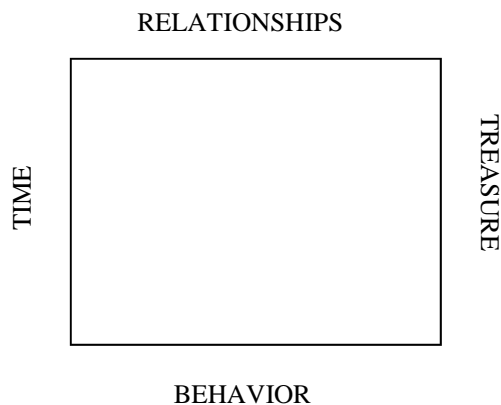
Read Exodus 20:1-17

1. Where does this passage take place?
2. Who is the passage addressed to?
3. **What is the context of the Ten Commandment address?** *(the focus here is on the context of being slaves and now being free but with boundaries—Bryan references this in the beginning of his message).*

Interpretation Questions

1. **What is the significance of the opening address of God: I am the LORD your God who brought you out of Egypt, out of the land of slavery”?** *(See above for more info)*
2. **What do you think the people of Israel would be battling with in their new found freedom?**
3. How would these laws help them overcome the “slave mentality”?

Application Questions



Bryan summarized the Ten Commandments into four key areas of focus, with some specific suggestion for each.

1. Time:
 - a) How are you (your family) dealing with a day of rest (the Sabbath)?
 - b) How are you (your family) doing with family dinners?
 - c) What are you (your family) a slave to (Technology; work, culture, fashion etc)
2. Relationships:

G R A C E C H A P E L

- a) How are you as a husband or wife protecting your relationship? How can you improve this.
 - b) How are you facilitating the differentiation process for your children? How can you improve this?
 - c) What role do those outside your family play in your family—is this a hindrance or a support? If it is a hindrance, how can you help them find a way to be a support?
3. Behavior
- a) What is the tone of the language around your home and in your life? How can you change it to be more God-honoring and truthful?
 - b) What are the actions of a Christ-follower that you would like to see improve in your life and those of your children.
4. Treasure
- a) While almost everyone will say that God comes first in their list of priorities, how could an outside looking in make that conclusion? What are the actions in some one's life that would indicate they are a Christ-follower? Are these present in your own life? What can you do to make them more present?

Leader's Notes

1. *Try to spend most of the time in the application section of the discussion. Ask someone to choose one area of the four boundaries that Bryan spoke about and have them wrestle with those questions. A great way to do this is to have people break into smaller groups with those who are interested in the same boundary and then work together. They could then come back together and share what they learnt and decided to do?*
2. *Another way to do this is choose one issue as a group and discuss those questions together.*
3. *Be relentless as a leader and push people to be serious about making changes in their lifestyle to better reflect boundaries that are God-honoring and holy.*

