



Exodus 19

At Mount Sinai

1 In the third month after the Israelites left Egypt—on the very day—they came to the Desert of Sinai. 2 After they set out from Rephidim, they entered the Desert of Sinai, and Israel camped there in the desert in front of the mountain.

3 Then Moses went up to God, and the LORD called to him from the mountain and said, "This is what you are to say to the house of Jacob and what you are to tell the people of Israel: 4 'You yourselves have seen what I did to Egypt, and how I carried you on eagles' wings and brought you to myself. 5 Now if you obey me fully and keep my covenant, then out of all nations you will be my treasured possession. Although the whole earth is mine, 6 you will be for me a kingdom of priests and a holy nation.' These are the words you are to speak to the Israelites."

7 So Moses went back and summoned the elders of the people and set before them all the words the LORD had commanded him to speak. 8 The people all responded together, "We will do everything the LORD has said." So Moses brought their answer back to the LORD.

9 The LORD said to Moses, "I am going to come to you in a dense cloud, so that the people will hear me speaking with you and will always put their trust in you." Then Moses told the LORD what the people had said.

10 And the LORD said to Moses, "Go to the people and consecrate them today and tomorrow. Have them wash their clothes 11 and be ready by the third day, because on that day the LORD will come down on Mount Sinai in the sight of all the people. 12 Put limits for the people around the mountain and tell them, 'Be careful that you do not go up the mountain or touch the foot of it. Whoever touches the mountain shall surely be put to death. 13 He shall surely be stoned or shot with arrows; not a hand is to be laid on him. Whether man or animal, he shall not be permitted to live.' Only when the ram's horn sounds a long blast may they go up to the mountain."

14 After Moses had gone down the mountain to the people, he consecrated them, and they washed their clothes. 15 Then he said to the people, "Prepare yourselves for the third day. Abstain from sexual relations."

16 On the morning of the third day there was thunder and lightning, with a thick cloud over the mountain, and a very loud trumpet blast. Everyone in the camp trembled. 17 Then Moses led the people out of the camp to meet with God, and they stood at the foot of the mountain. 18 Mount Sinai was covered with smoke, because the LORD descended on it in fire. The smoke billowed up from it like smoke from a furnace, the whole mountain ^[b] trembled violently, 19 and the sound of the trumpet grew louder and louder. Then Moses spoke and the voice of God answered him. ^[c]

20 The LORD descended to the top of Mount Sinai and called Moses to the top of the mountain. So Moses went up 21 and the LORD said to him, "Go down and warn the people so they do not force their way through to see the LORD and many of them perish. 22 Even the priests, who approach the LORD, must consecrate themselves, or the LORD will break out against them."

23 Moses said to the LORD, "The people cannot come up Mount Sinai, because you yourself warned us, 'Put limits around the mountain and set it apart as holy.' "

24 The LORD replied, "Go down and bring Aaron up with you. But the priests and the people must not force their way through to come up to the LORD, or he will break out against them."

25 So Moses went down to the people and told them.

‘Exodus 20

The Ten Commandments

1 And God spoke all these words:

2 "I am the LORD your God, who brought you out of Egypt, out of the land of slavery.

3 "You shall have no other gods before ^[a] me.

4 "You shall not make for yourself an idol in the form of anything in heaven above or on the earth beneath or in the waters below. 5 You shall not bow down to them or worship them; for I, the LORD your God, am a jealous God, punishing the children for the sin of the fathers to the third and fourth generation of those who hate me, 6 but showing love to a thousand {generations} of those who love me and keep my commandments.

7 "You shall not misuse the name of the LORD your God, for the LORD will not hold anyone guiltless who misuses his name.

8 "Remember the Sabbath day by keeping it holy. 9 Six days you shall labor and do all your work, 10 but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your animals, nor the alien within your gates. 11 For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.

12 "Honor your father and your mother, so that you may live long in the land the LORD your God is giving you.

13 "You shall not murder.

14 "You shall not commit adultery.

15 "You shall not steal.

16 "You shall not give false testimony against your neighbor.

17 "You shall not covet your neighbor's house. You shall not covet your neighbor's wife, or his manservant or maidservant, his ox or donkey, or anything that belongs to your neighbor."

18 When the people saw the thunder and lightning and heard the trumpet and saw the mountain in smoke, they trembled with fear. They stayed at a distance 19 and said to Moses, "Speak to us yourself and we will listen. But do not have God speak to us or we will die."

20 Moses said to the people, "Do not be afraid. God has come to test you, so that the fear of God will be with you to keep you from sinning."

21 The people remained at a distance, while Moses approached the thick darkness where God was.

LIFE Community Leader's Guide
Sunday, March 11

Big Idea: Fear of God is essential to our relationship with God

Key Verse:

Exodus 20:20

20 Moses said to the people,
"Do not be afraid. God has come to test you,
so that the fear of God will be with you to keep you from sinning."

Opening Question:

Describe a time when you were afraid.

Study/Discussion Questions:

Read through the passage together

Observation Questions

1. Where is this event taking place?
2. How does God reveal Himself in this passage?
3. What is Moses told to do in the passage?
4. What are the people told to do in this passage?

Interpretation Questions

1. Why do you think the people were told to do what God commanded them to do?
2. What choices are the people left with?
3. Bryan speculated about how the people may have lived their lives knowing that touching the mountain meant death. Every area of their life was affected by the presence and proximity of the mountain and God's presence on the mountain. What do you think they did to avoid touching the mountain—how did they live their lives as a result?

Application Questions

Exodus 20:20 differentiates between being afraid of God and fearing God. Bryan highlighted three areas where the fear of God shapes our relationship with Him.

- The fear of God intensifies worship
- The fear of God keeps us from sinning
- The fear of God reveals our need for a Savior

1. How might you develop a healthy fear of God in your life?
2. Which area do you need to focus on right now?
3. Spend some time praying together and invite the Holy, Mighty, Loving, Merciful and Sovereign God to be present in your life now and this coming week.