



Town of Lexington

Human Services

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Group Volunteer Service Opportunities Lexington Department of Human Services Lexington Senior Center

Daily Lunch Program

Assist with the daily lunch program at the Lexington Senior Center. This opportunity involves serving a hot meal to seniors in the Lexington Senior Center Dining Room. We particularly need help during holiday and special event lunches.

Group Size: This opportunity is best for groups of 6 or less.

Time Commitment: Monday through Friday from 11:30 AM to 1:00 PM

For more information: Call Carrie Johnson at (781) 861-0194

Improvement Projects

Help us update and improve the Lexington Senior Center! We currently have some small projects that might work well for your group. See the opportunities below or let us know if your group has a special talent that could make the Senior Center a better place.

- ❖ Build new shelving to increase our storage and organizational capacity. This project would include emptying a large storage closet, building and/or rearranging shelving, organizing items and placing them back in the closet.
- ❖ Our dining room is in need of a new coat of paint! This work would need to take place after February 2010.
- ❖ Reupholster several chairs for our Senior Center. This opportunity is perfect if a member of your group has this skill and is able to instruct others.
- ❖ We need new curtains for the windows in our dining room. This opportunity is perfect for groups with one or more members who are proficient sewers and can assist others.
- ❖ Build storage for our Windowpane Resale Shop. All profits from this resale shop go toward funding programs at the Lexington Senior Center. This project would involve rethinking the shop space, moving all items out of shop, building shelving and storage cupboards, and moving items back into the shop.
- ❖ We are open to suggestions of other improvement projects. Please call us if your group has a special skill that you think could fill a need.

Group Size: Varies based on project

Time Commitment: Varies based on project. *All projects at the Senior Center must take place Monday through Friday between 8:30 AM and 4:30 PM.*

For more information: Call Carrie Johnson at (781) 861-0194

Holiday Decorating

This is a great opportunity for student groups. Help us by decorating the Lexington Senior Center dining room for holidays including Halloween, Thanksgiving, New Year, Chinese New Year, Valentine's Day, St. Patrick's Day and July 4th.

Group Size: No more than 12 people

Time Commitment: 1-3 hours depending upon size of group. *All projects at the Senior Center must take place Monday through Friday between 8:30 AM and 4:30 PM.*

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Senior Housing Event

Department of Human Services staff can assist you in coordinating with the Lexington Housing Authority to sponsor a social event at one of the Lexington senior housing sites. For example, a local group plans and serves a pizza dinner at one of the senior housing sites. This project would allow your group to be creative and would include planning the event, publicizing the event via fliers at the housing, setting up and staffing the event.

Group Size: Varies based on event type.

Time Commitment: Varies based on event type. This opportunity can take place on weekends or in the evening.

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Seasonal Yard Work Projects

Many seniors living independently need additional help with light yard work and weatherization as the seasons change. These projects could include (but are not limited to) yard work, leaf raking, installing or removing air conditioners, and installing or removing screens.

Group Size: Varies based on project

Time Commitment: Varies based on project. These projects can take place during evening or weekend hours, based upon the availability of the senior. These projects are season specific and take place in mid-November and later in spring.

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