

GRACE CHAPEL

LIFE Community Sermon Notes

Sunday, Feb 15, 2009
Solid Food is for the Mature

Hebrew 5:11-14

¹¹We have much to say about this, but it is hard to explain because you are slow to learn. ¹²In fact, though by this time you ought to be teachers, you need someone to teach you the elementary truths of God's word all over again. You need milk, not solid food! ¹³Anyone who lives on milk, being still an infant, is not acquainted with the teaching about righteousness. ¹⁴But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil.

Big Idea: The church is called to grow from infancy to maturity and eat solid food.

Key Verse:
Hebrews 5:14a

"But Solid food is for the mature"

Opening Question: What is the most significant thing that has happened to you this week?

Questions in **bold** below are suggested focus questions.
Sections in *italics* and/or parenthesis are for the leaders.

Read the passage.

Discussion Questions

1. Bruce Wall mentioned a number of activities that a mature church or person engages in. List or describe a few.
2. Bruce described a four stage process: reach out, join in, serve inside, go outside. Where are you in this process at Grace Chapel?
3. **How would you describe your maturity level?**

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4. What do you need to do to go further?
5. Based on the lists of activities you made in the beginning, which describe your personal life with Christ and which do not?
6. Bruce gave a wonderful exhortation to become mature. Many people will begin to ask, "How do I become mature?" "How do I know when I am ready for solid food?"
 - a. At Grace the Transform team for 2010 has been working on this very question. As a result they have developed a five phase dynamic describing just how this dynamic happens. This dynamic is described below:
 - i. **Discontent—something's wrong**
 - Definition: Attend to the discontent of competing allegiances, new discoveries or personal pain.
 - ii. **Desire—wanting more**
 - Definition: Consider and seek the way of God.
 - iii. **Decide—commit to God**
 - Definition: Choosing the way of God.
 - iv. **Do—walking with God**
 - Definition: Cooperate (participate) with God by practicing (implementing) God's ways.
 - v. **Different—becoming new**
 - Definition: Enjoy and share a deepening love for God and others.

Leaders Notes

1. *The Transformation Dynamic will be available in a workbook that you can use to lead a study with your group. If you are interested in this study contact the church for more information.*
2. *Bruce listed a number of Scriptures in his message. They are listed below:*
 - a. *Hebrews 5:11-14*
 - b. *Eph 4:11-12*
 - c. *1 Cor 3:1-9*
 - d. *1 Cor 16:1-3*
 - e. *Lev 27:30*