

**Week Five****I am thirsty**

What a simple, yet profound cry for the Son of God to cry. In many respects it is the most basic. Water is our essential necessity. For Jesus to thirst is to be human. But this is the One who can bring streams of living water to flow in someone so that they will never thirst. Let's reflect on this saying as we reflect closely on the One who is saying it – Jesus Christ, the incarnate Son of God who is both fully God and fully human.

**“I am”**

This phrase represents the Divinity of Christ. These words should fill your mind as they are loaded words throughout Scripture, the history of the nation of Israel and the Christian mind. They represent the name of God given to Moses.<sup>1</sup>

1. What does this name of God bring to your mind?
2. In what way does Jesus live up to this name for you?
3. This phrase also represents that Jesus is fully present in His current trial by choice, without help, comfort or medication. What does this mean to you?
4. If you could go back to this time in tribulation of the cross, what might you say to Jesus? Say it to Him now.

**“Thirsty”**

This phrase represents the humanity of Christ. He is experiencing thirst on a physical and spiritual level.

1. What does it mean to you that Jesus suffered physical and spiritual thirst?
2. It is ironic that the One who is Living Water, and who can make a spring of water well up in someone now cannot even give Himself a drink. What does it mean to you that the Son of God would allow Himself to be so humiliated and confined, trapped even?
3. Does this diminish or exalt Jesus for you? Why?
4. What words would you say to the human Jesus? Say them to Him now.

**Prayer**

Enter into a time of prayer to the God-man. He is the only being who could be the substitute for our sin, for He was the only one who provided the exact sacrifice needed for our sin and He was the only one who had the power to make that sacrifice. Enter this time of prayer by reading through Jesus' words to the women at the well. Then ask Him for what you need.

“Whoever drinks the water I give him will never thirst.  
Indeed, the water I give him will become in him  
a spring of water welling up to eternal life

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<sup>1</sup> Exodus 3:14

End your time by listening to someone read the prayer below.

***Thirsty***

O Living Water,

What must it have been like for you to thirst?  
To know the desperate pain of a dry throat  
To feel the painful longing of a broken heart  
While others watched helplessly  
Your life slipped away  
You received a bitter gall  
But it did not touch your deepest longing  
And as You died even the water you had  
Flowed out of Your pierced side

O River of Life

You know our deepest thirsts and longings  
You know the dryness of our spirits  
You know the brokenness of our hearts  
You know our sins, You have worn them for us, yet  
You neither ignore us nor give us bitter answers  
But rather You give us a cup that quenches  
You give us a spring that satisfies  
In You we find our thirst becomes Your thirst  
And Your fullness becomes our fullness  
In You we find that our death becomes Your death  
And Your life becomes our abundant life

O Thirsty One,

Thank you for taking what was mine and making it yours  
Thank you for giving me more than I need or want  
Thank you for being for me what I could not be myself  
Thank you for dying for me so that I could have life.

In the name of Jesus Christ, the Living Water, the River of Life, the Thirsty One, who is God Incarnate

Amen