

What moms are saying about Mom to Mom . . .

"I've been looking for balance in my life. At Mom to Mom I get refocused, re-centered, and balanced. I can go out of here and do it another week!"

"I tell my friends they will be encouraged, lifted, renewed, and reminded of the Big Picture."

"I love being with moms with kids of all ages. I love coming here every week. I love the person I am when I leave!"

"I can not say enough about the childcare! It was incredible. I felt so safe leaving my child there each week."

"This program is a gift every week. Linda's lessons keep me grounded in the knowledge that God is in control and *loves* me and my family. It reminds me every week of God's power and faithfulness."

"Mom to Mom charges my parenting 'batteries,' helps me to feel 'normal,' and encourages me that my job as a mom is important."

"I've learned to see my husband and kids through new eyes."

"The word that comes to mind is *transformation*. I'm slowly becoming the Christian I'm supposed to be-it's changing my relationships."

"My 'take-away' is: 'Don't miss who your husband is because you see only who he isn't!'"

"It has reminded me to attend to my own spiritual growth so I'm equipped to teach my son."

Grace Chapel Women's Ministries

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C H A P E L

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WOMEN'S MINISTRIES - 781.862.8351, x149

G R A C E C H A P E L



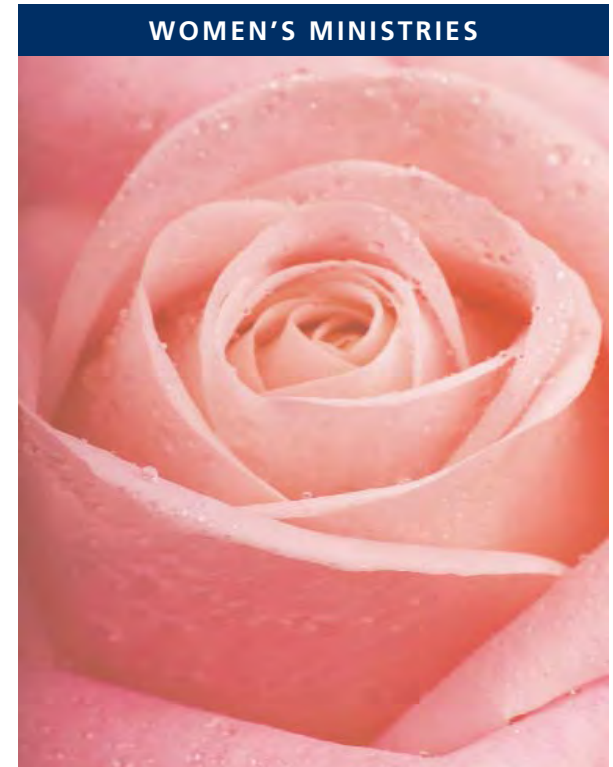
2009-2010

Thursdays

9:30 am-11:30 am

Beginning September 24, 2009

WOMEN'S MINISTRIES



Mom to Mom Registration 2009-2010

Last Name _____ First Name _____ City _____ State _____ Zip _____
Address _____
Phone _____ email _____
Career (or volunteer) background/experience/interest? _____
Are you currently employed in addition to homemaking? If so, how? _____
Have you attended Mom to Mom before? _____ # of years: _____ Previous leaders: _____
If you would be willing to donate to the scholarship fund, indicate amount here and include with your registration check (thank you!): _____

Children being registered for childcare at Mom to Mom (please include last names of children if different from your own): _____

(1) Name _____ Date of Birth _____ (2) Name _____ Date of Birth _____
(3) Name _____ Date of Birth _____ (4) If you're PREGNANT, when is baby due? _____
Other children:
(1) Name _____ Age _____ (2) Name _____ Age _____

Registration is complete when this form and your registration fee of \$65 is received by Grace Chapel/Mom to Mom, 3 Militia Dr., Lexington, MA 02421. Make checks payable to Grace Chapel. For scholarship information, email Connie Lawrence: connie@momtomom.org.

Our Mission

... is to educate, encourage, and equip women for the most important job in all the world-parenting. Through practical, Biblically-based teaching on parenting and through supportive interaction in small groups led by experienced mothers, called "Titus 2" women after the Titus 2:4 model in the New Testament, we wish to foster growth not only in our parenting skills but in our wholeness as women - intellectually, relationally, and spiritually.

Who We Are

We are women of diverse backgrounds from many different churches and communities all over the Boston area who have children of all ages. Though at various stages of parenting, we share a common desire to grow as women and as mothers.

The When, Where, Who, and How

When: Thursday mornings, 9:30-11:30
beginning September 24, 2009

Where: In the Fellowship Hall at Grace Chapel,
59 Worthen Road, Lexington

Who: Moms and kids! Pre-schoolers participate in a special program of their own, guided by a dedicated team of childcare workers.

How: The program costs of Mom to Mom this year require a \$65 deposit at the time of registration, plus 2 equal payments of \$50 each in September and November. To register, please send the attached form and the \$65 deposit (**payable to Grace Chapel**) to:

**Grace Chapel/Mom to Mom
3 Militia Drive
Lexington, MA 02421**

Spaces fill quickly on a first come-first served basis. Please do not delay in registering!

A Typical Mom to Mom Morning

First we gather for a large-group lecture on a topic pertinent to our lives as moms. Twelve "core curriculum" video lectures are given by Linda Anderson, founder of Mom to Mom and its teaching leader here at Grace Chapel for 12 years. The mother of three adult children, she has a background as an educator and reading specialist, and has been teaching parenting groups and Bible studies for almost two decades. She integrates much of her own life and reading into her Biblically-based teaching.

To supplement the core video lectures, we regularly welcome to Mom to Mom guest speakers-professionals, members of our community, and church staff personnel who address us on topics pertinent to parenting and family life.

The morning's lecture is followed by a coffee break, after which we gather in small groups, each led by an experienced mother, to discuss the topic of the morning and apply it to our own families. Here we have a safe place to share the joys and frustrations of motherhood and to explore the promises and purposes God gives to us as parents.

The 2009-2010 Curriculum

Published by LifeWay Christian Resources, this year's curriculum, *Heart Talk on What Really Matters*, is designed for both new and returning moms. It is organized around four themes:

- Now that I'm a Mom . . . Who Am I Supposed To Be? (Theme: My Identity)
- Is There Marriage after Motherhood? Can I Be a Mom and a Wife, Too? (Theme: My Marriage)
- Help! I'm Overwhelmed by Parenting Advice! What Matters Most on a Daily Basis? (Theme: Parenting Basics Amidst Daily Realities)
- Sometimes This Job Seems Bigger Than I Am-What Makes It All Possible? (Theme: My True Power Source)

We hope you'll join us!