

## FPCE Health Needs Survey 2010 Summary of Results

Overview	Total #	Percent
Started survey	153	
Completed entire survey	139	90.8%
Paper-based surveys distributed*	19	
Paper-based surveys returned*	12	

\*Note: Paper-based survey results were entered into the online survey.

Have you heard of or been directly in contact with the Parish Nurse Ministry?	Response Count	Percent
Yes	113	75.8%
No	36	24.2%
<i>Answered question</i>	<i>149</i>	
<i>Skipped question</i>	<i>4</i>	

### Demographics of Respondants

Age	Response Count	Percent
Under 20	4	2.6%
21-30	8	5.2%
31-50	54	35.3%
51-65	49	32.0%
66-80	27	17.6%
Over 80	10	6.5%
Prefer not to respond	1	0.7%
<i>Answered question</i>	<i>153</i>	
<i>Skipped question</i>	<i>0</i>	

Gender	Response Count	Percent
Male	30	19.6%
Female	121	79.1%
Prefer not to respond	2	1.3%
<i>Answered question</i>	<i>153</i>	
<i>Skipped question</i>	<i>0</i>	

Marital Status	Response Count	Percent
Single	27	18.0%
Married, with children under age 18	47	31.3%
Married, with no children under age 18	57	38.0%
Divorced	10	6.7%
Widowed	8	5.3%
Prefer not to respond	1	0.7%
<i>Answered question</i>	<i>150</i>	
<i>Skipped question</i>	<i>3</i>	

Employment Status	Response Count	Percent
Student (child or youth)	2	1.3%
Student (college, graduate, adult)	8	5.3%
Parent, full-time	27	18.0%
Employed (part-time or full-time)	84	56.0%
Unemployed, seeking employment	7	4.7%
Retired	29	19.3%
Other	9	6.0%
Prefer not to respond	0	0.0%
<i>Answered question</i>	<i>150</i>	
<i>Skipped question</i>	<i>3</i>	

**Note: Response count listed in ( ). This number gives an estimate as to how many people would attend that program at that time.**

**Weekdays = 8am-5pm; Weeknights= 5-9pm; Saturdays=8am-3pm**

Lifestyle Health Topics		Most preferred time	2nd most preferred time	3rd most preferred time
#1	Stress Management	Weeknights (29)	Saturday (27)	Weekdays (26)
#2	Fitness Classes	Saturdays (36)	Weeknights (31)	Weekdays (30)
#3	Nutrition, weight control	Saturdays (28)	Weeknights (27)	Weekdays (26)
#4	Time management	Weeknights (26)	Saturdays (13) -- tied with -->	Weekdays (13)
#5	Coping with grief	Weeknights (9)	Weekdays (8) or Saturdays (8)	Sundays after 11am service (6) or between services (6)
#6	Alcohol/substance abuse	Weeknights (2) -- tied with -->	Sundays after 11am service (2)	All remaining times had (1) response each
#7	Smoking cessation	Saturdays (1) -- tied with -->	Sundays after 11am service (1)	All remaining times had (0) responses each

When Illness Strikes Topics		Most preferred time	2nd most preferred time	3rd most preferred time
#1	Osteoporosis	Weekdays (12)	Weeknights (12)	Saturdays (6) or Sundays between services (6)
#2	Living with chronic pain	Weeknights (11)	Saturdays (10) -- tied with -->	Weekdays (10)
#3	Alzheimer's Disease	Weeknights (12)	Weekdays (8)	Saturdays (6)
#4	Living with chronic illness	Weeknights (10)	Saturdays (9)	Weekdays (8)
#5	Stroke	Weeknights (10)	Weekdays (8)	Sundays after 11am service (5) or between services (5)
#6	Heart disease	Weeknights (10)	Weekdays (7)	Sundays between services (4)
#7	Hospice / Palliative care	Weeknights (9)	Weekdays (4) -- tied with -->	Sundays after 11am service (4) or between services (4)
#8	Coping with cancer	Weekdays (5) -- tied with -->	Sundays after 11am service (5)	Weeknights, Saturdays, Sundays between services (4 each)
#9	HIV/AIDS/STDs	Weeknights (2) -- tied with -->	Sundays between services (2)	Sundays after 11am service (1) or Weekdays (1)

Pre-teen & Teenager Topics		Most preferred time	2nd most preferred time	3rd most preferred time
#1	Self-awareness / Self-esteem	Weeknights (23)	Saturdays (17)	Sundays between services (6)
#2	Depression / Suicide	Weeknights (18)	Saturdays (10)	Sundays after 11am service (7)
#3	Eating disorders / Body image	Weeknights (18)	Saturdays (11)	Sundays between services (6)
#4	Teen assertiveness training	Weeknights (15)	Saturdays (12)	Sunday between services (5)
#5	Babysitting/childcare course w/CPR	Saturdays (14)	Weeknights (11)	Sundays between services (7)
#6	Dating	Weeknights (18)	Saturdays (11)	Sundays after 11am service (4) or between services (4)
#7	Prep for being home alone	Weeknights (14)	Saturdays (9)	Sundays between services (5)

**Note: Response count listed in ( ). This number gives an estimate as to how many people would attend that program at that time.**

**Weekdays = 8am-5pm; Weeknights= 5-9pm; Saturdays=8am-3pm**

Adult Health Topics		Most preferred time	2nd most preferred time	3rd most preferred time
#1	First Aid / CPR / AED Course	Saturdays (29)	Weeknights (25)	Weekdays (24)
#2	Living will/advance care planning	Weeknights (23)	Saturdays (16)	Weekdays (15)
#3	Anxiety / Depression / Bipolar	Weeknights (21)	Saturdays (19)	Weekdays (15)
#4	Pre-retirement planning	Saturdays (17) -- tied with -->	Weeknights (17)	Weekdays (10)
#5	Assertiveness Training	Weeknights (16)	Saturdays (12)	Weekdays (8)
#6	Medicare	Weeknights (15)	Saturdays (10)	Weekdays (8)
#7	Mid-life adjustment	Weeknights (12)	Saturdays (11)	Weekdays (7) or Sundays between services (7)
#8	Living with disabilities	Sundays after 11am service (7)	Weekdays (6) -- tied with -->	Saturdays (6) or Sundays between services (6)
#9	Medication management	Weeknights (5)	Saturdays (4)	Weekdays (3)
#10	Divorce care / recovery	All times had (1) response each		

Family Health Topics		Most preferred time	2nd most preferred time	3rd most preferred time
#1	Marriage enrichment	Saturdays (26)	Weeknights (25)	Weekdays (17)
#2	Conflict resolution/anger manag.	Weeknights (13)	Weekdays (11)	Saturdays (10)
#3	Caring for aging parents/support for caregivers	Weeknights (15)	Saturdays (14)	Weekdays (11)
#4	Family life changes (death, divorce, deployment, prolonged illness, other significant transition)	Weeknights (12)	Saturdays (8) -- tied with -->	Weekdays (8)
#5	Parenting skills	Saturdays (13)	Weeknights (9) -- tied with -->	Sundays between services (9)
#6	Adoption / Adoptive Parenting	Sundays between services (8)	Weeknights (6)	Weekdays (5) or Saturdays (5)
#7	Parenting special needs children	Weekdays (5) -- tied with -->	Saturdays (5)	Weeknights (4)
#8	Sexuality (such as sexual identity or discussing sexuality and gender roles)	Weeknights (4) -- tied with -->	Sundays between services (4)	Saturdays (3)
#9	Domestic Violence	Saturdays (4) -- tied with -->	Sundays after 11am service (4)	Sundays before 9:15am service (3)
#10	Blended families	Saturdays (3)	Weeknights (2) -- tied with -->	Sundays between services (2)
#11	Single parenting	Saturdays (3)	Sundays between services (2)	All other times had (0-1) responses each
#12	Infertility	Weekdays (2) -- tied with -->	Weeknights (2) -- tied with -->	Sundays between services (2)

Screenings & Clinics		Most preferred time	2nd most preferred time	3rd most preferred time
#1	Flu shot clinic	Sundays between services (28)	Saturdays (16)	Sundays after 11am service (14)
#2	Blood pressure screening	Sundays between services (24)	Sundays after 11am service (14)	Saturdays (10)