

**A Special Healthy Congregations Event on Friday May 4 from 8:30 am to 3:30 pm at the Methodist Theological School in Ohio, 3081 Columbus Pike(US 23), Delaware, Ohio**

**Keynote Speaker:** *John Engels, founder and president of Leadership Coaching, Inc., Rochester, NY*

**Presentation:** *Taking on Relationship Challenges: Managing Self and Coaching Others in the Family and Congregation*

Relationship challenges emerge wherever humans gather. In his work, Engels helps parents, pastors and other leaders to manage those challenges with compassion, connection, calmness, clarity and courage. For more than 20 years, he studied Family Systems Theory at The Center for Family Process in Bethesda, Maryland and the Georgetown Family Center. He currently sits on the Advisory Board of the Bowen Center for the Study of the Family in the nation's capital.

Engels refers to relationship skills as "the new asceticism." Firmly grounded in Bowen Family Systems Theory and the natural sciences, his presentations teach and demonstrate skills for application in family and congregational relationships. His experience in developing countries and his 20 years meeting with inmates inside Attica Prison has shaped his approach with depth and challenge.

Engels will share with us key principles for relationship management, stories, and a lively mix of stimulating input. Participants also will engage in small group discussion and large group application. The last portion of the day will feature his demonstration of key skills in response to the live relationship challenges of participants.



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