



# The Fourth Sunday of Easter • Year C

## Mother's Day

### Sunday, May 8, 2022 • 10:00 a.m.

**W**elcome to Church of the Ascension. We are an inclusive community that respects the dignity of every human being. Therefore, whoever you are in terms of race, ethnicity, gender, age, sexual orientation, gender identity, or ability and wherever you are on your faith journey, we welcome you and hope you will give us an opportunity to be your spiritual home.

**T**he lit candle before the altar is “the Peace and Justice Candle.” It stands to proclaim our commitment against any kind of injustice, prejudice, or discrimination based on difference, and also our prayers for an end to war, violence, genocide, and gun violence. Masks and social distancing required. Congregational singing is allowed while wearing a mask.

## HOLY EUCHARIST: RITE II

### PRELUDE

#### *My Shepherd Will Supply My Need*

Bailey Myers, *piano*

Mark Hayes

Tune: *Resignation, Southern Harmony*, 1835; arr. Richard Starr

### PROCESSIONAL

#### HYMNAL 205 *Good Christians All, Rejoice and Sing*

Words: Cyril A. Alington (1872-1955), alt.  
St. 5, Norman Mealy (1923-1987)

Music: *Gelobt sei Gott*, Melchior Vulpius (1560?-1616), alt.

1 Good Chris - tians all, re - joice and sing! Now is the  
 \*2 The Lord of life is risen to - day! Sing songs of  
 3 Praise we in songs of vic - to - ry that love, that  
 4 Your Name we bless, O ris - en Lord, and sing to -  
 5 To God the Fa - ther, God the Son, to God the

1 tri - umph of our King! To all the world glad news we bring:  
 2 praise a - long his way; let all the earth re - joice and say:  
 3 life which can - not die, and sing with hearts up - lift - ed high:  
 4 day with one ac - cord the life laid down, the life re - stored:  
 5 Spi - rit, al - ways One, we sing for life in us be - gun:

**THE EPISCOPAL CHURCH OF THE ASCENSION, SLIGO PARISH**

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Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!

*The people standing, the Celebrant says*

*Celebrant* Alleluia! Christ is risen!

*People* **The Lord is risen indeed. Alleluia!**

*to be said three times.*

**COLLECT FOR PURITY**

**355**

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. AMEN.**

**SONG OF PRAISE**

**HYMNAL S 278**

***Glory to God/Gloria in excelsis***

Setting: William Mathias (1934-1992)

1. Glo-ry to God in the high-est, and

peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al -

might - y God and Fa - ther, we wor - ship you, we give you thanks, we

praise you for your glo - ry. 3. Lord Je - sus Christ,

on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you

take a - way the sin of the world: have mer - cy on us;

5. you are seat - ed at the right hand of the Fa - ther: re -

ceive our prayer. 6. For

you a - lone are the Ho - ly One, you a - lone are the Lord,

7. you a - lone are the Most High, Je - sus Christ, with the

Ho - ly Spi - rit, in the glo - ry of

God the Fa - ther. A - men.

### THE COLLECT OF THE DAY

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Let us pray.

O God, whose Son Jesus is the good shepherd of your people: Grant that when we hear his voice we may know him who calls us each by name, and follow where he leads; who, with you and the Holy Spirit, lives and reigns, one God, for ever and ever. *Amen.*

### PRAYER FOR MOTHER'S DAY

Most gracious God, we ask your blessing this day upon all mothers and all those women who have touched our lives in significant ways. We remember those both now living and those who have come home to you to live in the Communion of the Saints. We thank you, for their love and encouragement; for their support and nurturing of us; and for all the gifts they have given us, out of devotion and self-less service. Be present

with them O God of Life to keep them safe, to bless their sleeping and their waking with peace and joy, and to give to them all the blessings they so richly deserve. We ask all this in the Name of our Savior Jesus Christ, our Lord. *Amen.*

**THE FIRST LESSON**

**Libbie Griffin, Lector**

**Acts 9:36-43**

*A Reading from the Acts of the Apostles.*

Now in Joppa there was a disciple whose name was Tabitha, which in Greek is Dorcas. She was devoted to good works and acts of charity. At that time she became ill and died. When they had washed her, they laid her in a room upstairs. Since Lydda was near Joppa, the disciples, who heard that Peter was there, sent two men to him with the request, "Please come to us without delay." So Peter got up and went with them; and when he arrived, they took him to the room upstairs. All the widows stood beside him, weeping and showing tunics and other clothing that Dorcas had made while she was with them. Peter put all of them outside, and then he knelt down and prayed. He turned to the body and said, "Tabitha, get up." Then she opened her eyes, and seeing Peter, she sat up. He gave her his hand and helped her up. Then calling the saints and widows, he showed her to be alive. This became known throughout Joppa, and many believed in the Lord. Meanwhile he stayed in Joppa for some time with a certain Simon, a tanner.

*People*      The Word of the Lord.  
**Thanks be to God.**

**PSALM 23**

**Libbie Griffin, Lector**

- 1 The LORD is my shepherd; \*  
I shall not be in want.**
- 2 He makes me lie down in green pastures \*  
and leads me beside still waters.**
- 3 He revives my soul \*  
and guides me along right pathways for his Name's sake.**
- 4 Though I walk through the valley of the shadow of death, I shall fear no evil; \*  
for you are with me;  
your rod and your staff, they comfort me.**
- 5 You spread a table before me in the presence of those who trouble me; \*  
you have anointed my head with oil,  
and my cup is running over.**
- 6 Surely your goodness and mercy shall follow me all the days of my life, \*  
and I will dwell in the house of the LORD for ever.**

**THE SECOND LESSON**

**Libbie Griffin, Lector**

**Revelation 7:9-17**

*A Reading from the Book of Revelation.*

I looked, and there was a great multitude that no one could count, from every nation, from all tribes and peoples and languages, standing before the throne and before the Lamb, robed in white, with palm branches in their hands. They cried out in a loud voice, saying,

"Salvation belongs to our God who is seated on the throne, and to the Lamb!"

And all the angels stood around the throne and around the elders and the four living creatures, and they fell on their faces before the throne and worshiped God, singing,

“Amen! Blessing and glory and wisdom  
 and thanksgiving and honor  
 and power and might  
 be to our God forever and ever!  
 Amen.”

Then one of the elders addressed me, saying, “Who are these, robed in white, and where have they come from?” I said to him, “Sir, you are the one that knows.” Then he said to me, “These are they who have come out of the great ordeal; they have washed their robes and made them white in the blood of the Lamb.

For this reason they are before the throne of God,  
 and worship him day and night within his temple,  
 and the one who is seated on the throne will shelter them.  
 They will hunger no more, and thirst no more;  
 the sun will not strike them,  
 nor any scorching heat;  
 for the Lamb at the center of the throne will be their shepherd,  
 and he will guide them to springs of the water of life,  
 and God will wipe away every tear from their eyes.”

The Word of the Lord.

**People**      **Thanks be to God.**

**GRADUAL HYMN**

**LEVAS 110**

*You Hear the Lambs a-Cryin’*

Words: Traditional

Music: Negro Spiritual; harm. Verolga Nix (1933-2014)

Harm. ©1981 Abingdon. Reprinted from *Songs of Zion* by permission.

You hear the lambs a - cry - in', hear the lambs a - cry - in',

hear the lambs a - cry - in' O Shep - herd, feed my sheep. You feed my sheep.

## THE GOSPEL

John 10:22-30

*Deacon* The Holy Gospel of our Lord Jesus Christ according to John.

*People* **Glory to you, Lord Christ.**

At that time the festival of the Dedication took place in Jerusalem. It was winter, and Jesus was walking in the temple, in the portico of Solomon. So the Jews gathered around him and said to him, "How long will you keep us in suspense? If you are the Messiah, tell us plainly." Jesus answered, "I have told you, and you do not believe. The works that I do in my Father's name testify to me; but you do not believe, because you do not belong to my sheep. My sheep hear my voice. I know them, and they follow me. I give them eternal life, and they will never perish. No one will snatch them out of my hand. What my Father has given me is greater than all else, and no one can snatch it out of the Father's hand. The Father and I are one."

The Gospel of the Lord.

*People* **Praise to you, Lord Christ.**

## SERMON

*A sermon in two voices.*

Mary Kelly, *Deacon Postulant*

*A moment of silence for reflection will follow the sermon.*

## THE NICENE CREED (*standing*)

358

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father.**

**Through him all things were made.**

**For us and for our salvation he came down from heaven:**

**by the power of the Holy Spirit he became incarnate  
from the Virgin Mary, and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;  
He ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come. AMEN.**

## PRAYERS OF THE PEOPLE FORM IV

388

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

*Silence*

Lord, in your mercy

**Hear our prayer.**

**PRAYER FOR UKRAINE**

God of peace and justice, we pray for the people of Ukraine today. We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment, and compassion to guide their directions. Above all, we pray for all your precious children, at risk and in fear, that you would hold and protect them. We pray in the name of Jesus, the Prince of Peace. *Amen.*

*Justin Welby, Archbishop of Canterbury  
Archbishop Stephen Cottrell*

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

*Silence*

Lord, in your mercy

**Hear our prayer.**

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

*Silence*

Lord, in your mercy

**Hear our prayer.**

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. For Michael our Presiding Bishop; Mariann our Bishop; Joan our rector; Terri our deacon; Bailey our music director; our seminarian; deacon candidates; and deacon postulants; and for all bishops and other ministers; and for all the People of God. In our Diocese, we pray for congregations to engage in understanding their history in racial inequity. Pray for all mothers and those who have been as mothers to us, and for those being confirmed at the Diocesan Confirmation Service (*May 14*). In the Anglican communion we pray for Eglise Anglicane du Rwanda. Today in our parish we pray for Kelly Stump Richards, John Jr., and Kelsey Richards; John Richards, Sr.; Sarah Richards; Kate and Roger Rohrbaugh; Mary Romanello and Enid LaGessee, and Lilia LaGessee; Carin Ruff; and Laura Schattschneider, Drew and Owen Snyder. We pray also for the birthdays of Rosario Hernandez-Cruz, Alex Jacobs (*14*), Jordan Townsend, Martha Smith, Libby Williams (*96*), George Harris, and Ginny Klein; and for the wedding anniversaries of Linda and Kathryn McCullough, and Emile and Nancy Thomas.

*Silence*

Lord, in your mercy

**Hear our prayer.**

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. Especially **all who are suffering from COVID-19 ... Virginia ... Gwendolyn ... Gloria ... Lynette ... Rachel ... Tina ... Florri ... Marilyn ... Vince... \*Yvonne ... Dee ... Jean ... \*Bob<sup>1</sup> ... Martha<sup>1</sup> ... Emily ... Joré Yvonne ... Betty ... Angelo ... Giulia ... \*Keith ... \*Charlie ... \*Sally ... Sean ... \*Diana ... Geoff ... Judy ... Jere ... The Huggins Family ... The Hunte Family ... Tater ... Ted ... Eastlyn Julien and Family ... \*Maybelle ... Linda<sup>1</sup> ... \*Dana ... \*Kathryn ... \*Linda<sup>2</sup> ... Bob<sup>2</sup> ... David ... \*Lucio ... Pauline ... \*Lisa ... Keli ... Cynthia ... Christina ... Elaine ... Severn ... \*Carol ... The Seaton Family ... \*Martha<sup>2</sup> ... \*Joyce ... Gemma ... The Thomas Family ... Myrtle ... \*Lorraine ... \*Helen ... \*Libby ... and \*Ginny.**

We commend to your mercy all who have died, especially Carter Hearn, friend of Lisa Null and Jennifer Woods, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

*Silence*

Lord, in your mercy

**Hear our prayer.**

I invite you now to offer up your prayers either aloud or in the silence of your hearts.

*Silence*

*Celebrant*

O God, who by the glorious resurrection of your Son Jesus Christ destroyed death and brought life and immortality to light: Grant that we, who have been raised with him, may abide in his presence and rejoice in the hope of eternal glory; through Jesus Christ our Risen Savior. **AMEN.**

**THE PEACE**

*Celebrant* The Peace of the Lord be always with you.

*People* **And also with you.**

**WELCOME AND BRIEF ANNOUNCEMENTS**

**THE HOLY COMMUNION**

**OFFERTORY ANTHEM**

*Brother James' Air*

Psalm 23 (adap.)

James Leith Macbeth Bain (c.1840-1925); arr. Mack Wilberg

*The Chancel Choir*

**OFFERTORY HYMN**

**LEVAS 88**

*My Faith Looks up to Thee*

Words: Ray Palmer (1808-1887)

Music: Lowell Mason (1792-1872)

1. My faith looks up to thee, Thou lamb of  
 2. May thy rich grace im - part Strength to my  
 3. While life's dark maze I tread, And griefs a -  
 4. When ends life's tran - sient dream, When death's cold,

1. Cal - va - ry, Sav - ior di - vine!  
 2. faint - ing heart, My zeal in - spire;  
 3. round me spread, Be thou my guide;  
 4. sul - len stream Shall o'er me roll;



1. Now hear me while I pray, Take all my guilt a - way;  
 2. As thou hast died for me, O may my love to thee  
 3. Bid dark-ness turn to - day, Wipe sor - row's tears a - way;  
 4. Blest Sav - ior, then in love, Fear and dis - trust re - move,

1. O let me from this day Be whol - ly thine.  
 2. Pure, warm, and change - less be, A liv - ing fire.  
 3. Not let me ev - er stray From thee a - side.  
 4. O bear me safe a - bove, A ran - somed soul.

### OFFERTORY WORDS

*Celebrant* All things come of thee, O Lord.  
*People* **And of thine own have we given thee.**

### BLESSING OF THE AGAPE MEAL AT HOME

Be present at our table, Lord; Be here and everywhere adored; Thy creatures bless, and grant that we may feast in paradise with Thee, As we bless and receive the Sacrament of your Body and Blood. ***Alleluia! Amen!***

### THE GREAT THANKSGIVING: EUCHARIST PRAYER A

*Celebrant* The Lord be with you.  
*People* **And also with you.**  
*Celebrant* Lift up your hearts.  
*People* **We lift them to the Lord.**  
*Celebrant* Let us give thanks to the Lord our God.  
*People* **It is right to give God thanks and praise.**

*Then, facing the Holy Table, the Celebrant proceeds*

It is right, and a good and joyful thing, always and every where to give thanks to you, Father Almighty, Creator of heaven and earth.

But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who sacrificed for us, and has taken away the sin of the world. By his Death he has destroyed death, and by his rising to life again he has won for us everlasting life.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



SANCTUS AND BENEDICTUS  
HYMNAL S 128


Setting: William Mathias (1934-1992)


Ho - ly, ho - ly,  
ho - ly Lord, God of power and might,  
heaven and earth are full of your glo - ry. Ho-san-na in the  
high - est. Bless - ed is he who  
comes in the name of the Lord. Ho-san-na in the high-est.

*The people stand or kneel.*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." 

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." 

Therefore we proclaim the mystery of faith:

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

**By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

### THE LORD'S PRAYER

**Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done, on earth as it is in heaven.  
Give us this day our daily bread. And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, and the power, and the glory,  
for ever and ever. AMEN.**

### THE BREAKING OF THE BREAD

Alleluia! Christ our Passover is sacrificed for us!  
Therefore let us keep the feast. Alleluia!

### FRACTION ANTHEM

#### *Eat This Bread, Drink This Cup*

Words: Psalm 34

The image shows two staves of musical notation in G major (one sharp) and common time. The first staff has the lyrics: "Eat this bread, drink this cup, come to him and nev-er be hun-gry." The second staff has the lyrics: "Eat this bread, drink this cup, trust in him and you will not thirst." The music consists of chords and simple melodic lines.

### THE INVITATION

The Gifts of God, for you, the beloved people of God. Take them in remembrance that Christ lived, and died, and rose for you, and feed on him in your hearts by faith, with thanksgiving.

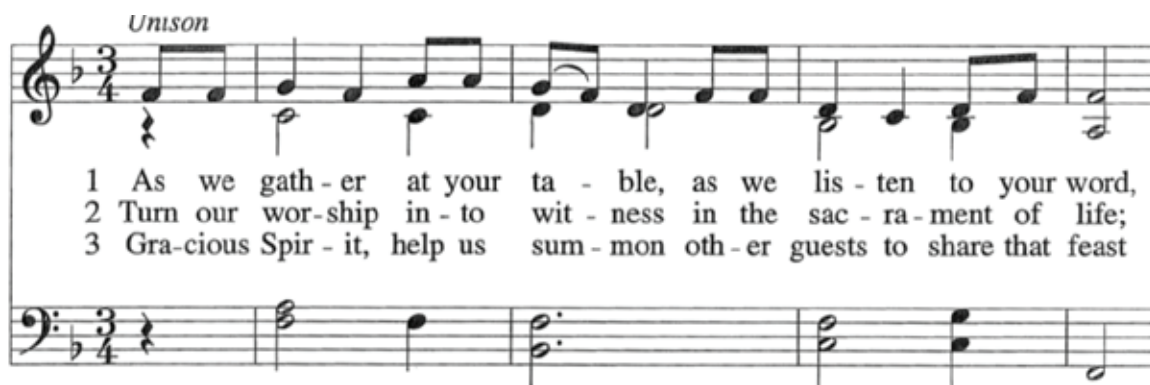
# MUSIC DURING COMMUNION

## *As We Gather At Your Table*

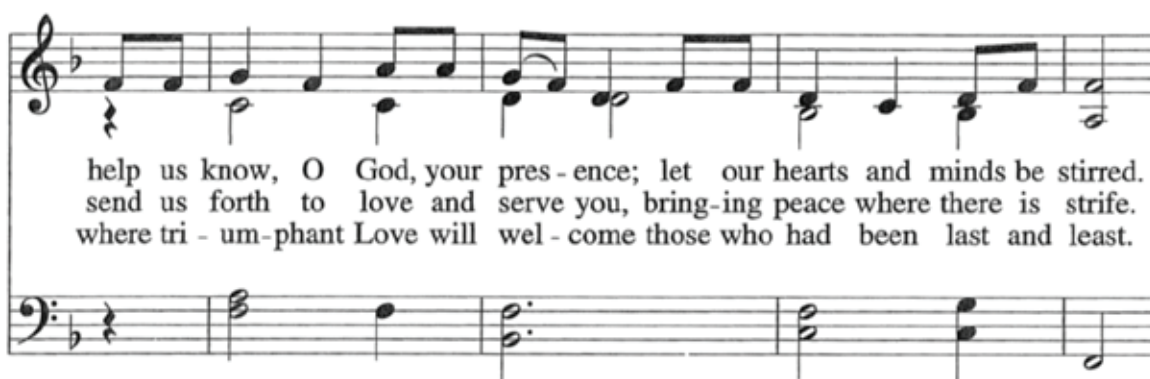
Words: Carl P. Daws

Music: *Beach Spring*, attr. B.F. White (1800-1879), *The Sacred Harp*, 1844; arr. Jack Schrader (b. 1942)

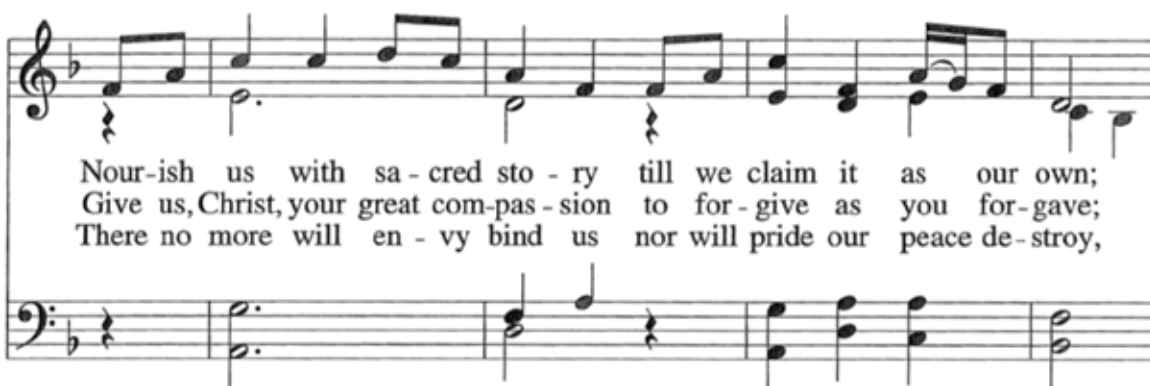
*Unison*



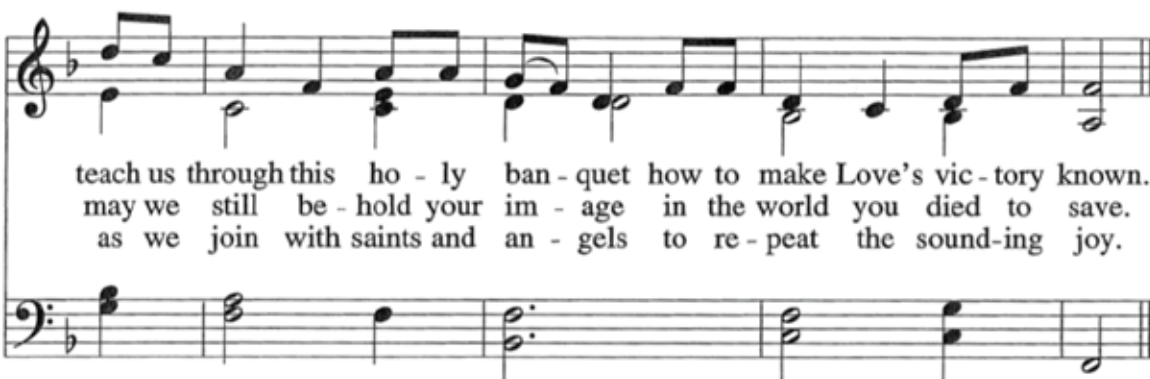
1 As we gath - er at your ta - ble, as we lis - ten to your word,  
2 Turn our wor - ship in - to wit - ness in the sac - ra - ment of life;  
3 Gra - cious Spir - it, help us sum - mon oth - er guests to share that feast



help us know, O God, your pres - ence; let our hearts and minds be stirred.  
send us forth to love and serve you, bring - ing peace where there is strife.  
where tri - um - phant Love will wel - come those who had been last and least.



Nour - ish us with sa - cred sto - ry till we claim it as our own;  
Give us, Christ, your great com - pas - sion to for - give as you for - gave;  
There no more will en - vy bind us nor will pride our peace de - stroy,



teach us through this ho - ly ban - quet how to make Love's vic - tory known.  
may we still be - hold your im - age in the world you died to save.  
as we join with saints and an - gels to re - peat the sound - ing joy.

One Bread, One Body

Words: 1 Corinthians 10:16, 17; 12:4; Galatians 3:28; The Didache 9  
Music: John B. Foely, SJ

One bread, one bod-y,

one Lord of all, one cup of

bless - ing which we bless. And we, though

man - y, through-out the earth, We are one

*Last time* ⊕

bod - y in this one Lord.

1. Gen - tile or Jew, ser - vant or  
2. Man - y the gifts, man - y the  
3. Grain for the fields, scat - tered and

1. free, wom - an or man,  
2. works, one in the Lord  
3. grown, gath - ered to one

*D.S.*

1. — no more. One  
2. — of all. One  
3. — for all. One

⊕ CODA

Lord.

## THE PRAYER AFTER COMMUNION

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. *AMEN.*

## THE EASTER BLESSING

### DISMISSAL

## PROCESSION INTO THE WORLD

HYMNAL 522

*Glorious things of Thee are Spoken*

Words: John Newton(1725-1807)

Music: *Austria*, Franz Joseph Haydn (1732-1809); desc. Michael E. Young (b. 1939)

*Descant*

4 Blest in - hab - it - ants of Zi - on, washed in the Re -

1 Glo - rious things of thee are spo - ken, Zi - on, ci - ty

2 See! the streams of liv - ing wa - ters, spring - ing from e -

3 Round each ha - bi - ta - tion hov - ering, see the cloud and

4 Blest in - hab - it - ants of Zi - on, washed in the Re -

deem - er's blood! Whom their souls re -

of our God; he whose word can - not be

ter - nal love, well sup - ply thy sons and

fire ap - pear for a glo - ry and a

deem - er's blood! Je - sus, whom their souls re -

ly on, makes them kings and priests to God.

bro - ken formed thee for his own a - bode;  
 daugh - ters and all fear of want re - move.  
 cov - ering, show - ing that the Lord is near.  
 ly on, makes them kings and priests to God.

'Tis his love his peo - ple raise o - ver

on the Rock of A - ges found - ed, what can shake thy  
 Who can faint, when such a riv - er ev - er will their  
 Thus de - riv - ing from their ban - ner, light by night, and  
 'Tis his love his peo - ple rais - es o - ver self to

POSTLUDE

*The King of Love My Shepherd Is*

Tune: *St. Columba*, traditional Irish melody; arr. Victor Johnson

Bailey Myers, organ



# ANNOUNCEMENTS • MAY 8, 2022

## Graduation Upcoming!

*Creamilda Yoda*

Our seminarian, will graduate from  
the Virginia Theological Seminary

Thursday, May 12th, at 10:00 A.M.,  
receiving her Masters in Divinity.

All are invited to join the live stream.

*Stay tuned for the link!*

*Congratulations Creamilda!*



*Springfest!*

*Ascensions' Second*

*Virtual Fundrasier*

*Saturday, May 21st,*

*6:30-8 pm*

Virtual "Doors" Open at 6:15 pm  
with General Trivia!

Join the fun and generosity all from the  
comfort of your home.

This year's event will include a paddle raise,  
a variety of entertainment, and more!

Featuring **Lia Kvatum**, auctioneer.

Watch your email for more details and  
your invitation to register!



## Ushers/Greeters Wanted!

One of the first things I noticed about Ascension is that visitors are truly welcomed here, and it is that warm and welcoming atmosphere that made me want to become a part of this community. However, "welcoming" cannot just be a feeling, we have to put that into action. We currently have only four parishioners who are serving as ushers. We really need to have a few more to spread out the duties. Please consider volunteering to be an usher/greeter, welcoming newcomers and regulars alike and helping to ensure the service runs smoothly. Ideally, we should have enough people so that each usher only has duty once or twice a month at the 10am service. Please consider being part of this important ministry. If you're interested, please contact **Chuck McCarter** at [c\\_mccarter@hotmail.com](mailto:c_mccarter@hotmail.com)

## Altar Guild Seeks New Members!

Everyone agrees we have a beautiful sanctuary. On Easter Sunday, the church was especially adorned for Christ's resurrection. How does the church make it so as a ministry to all members and visitors? Is it the Altar Guild. They are the ones who prepare the altar so everything is set up for the Holy Eucharist. They are the ones who buy and do the flowers which adorn the high altar. They are the ones that polish the communion vessels. They are the ones who change all the hangings. Indeed their duties are numerous. Our altar guild members are getting older and are getting fewer. They really need new members. It's a fun ministry, it's an important ministry that needs you! To learn more and volunteer, please email **Kate Rohrbaugh** (Altar Guild Co-Chair) [krrohrbaugh@verizon.net](mailto:krrohrbaugh@verizon.net)! **Thank you for stepping up to the plate!**





## RECEIVING THE WINE DURING COMMUNION

### To Sip or To Dip? That is the Question

For decades and more, the church has been concerned about disease transmission through the common cup. This has prompted many a scientific look at the situation. This is the question we one again face with the COVID pandemic. It is counter-intuitive to think that sipping from the cup is safer than dipping the wafer into the cup (known as intinction). But, counter-intuitive or not, that is the case.

I would like to introduce you to the work of Dr. David Gould. Dr. Gould investigated this question of sipping or dipping for the Anglican Church of Canada. I share with you his findings.\* Dr. Gould tells us that in "...no case can exposure to a single bacterium result in infection...millions must be transmitted from person to person before infection can occur." While his original research focused more on AIDS than other pathogens, the same trends seem to be true for other pathogens such as COVID-19 and it's variants.

*"There is real concern that many modes of intinction used in parishes do not reduce the threat of infection. ...the wafer in the hand of the recipient, then intincting it merely means that the wafer becomes contaminated by the hand of the recipient and that the contaminated wafer is then placed in the wine – spreading infection to it".* With the wiping and turning of the chalice, the likelihood of passing along illness very small. Used in normal practice the common cup poses no real risk of infection. For the reasons cited above, the bishop has said no intincting, in the interests of safety.

However, there is another way to fully receive communion without either intincting or drinking. That is through the reception of the wafer only. This has been done for centuries in the past. As we are receiving the living Christ in the sacrament, we know that blood really is inseparable from flesh, so the communion of the wafer alone is full communion. This doctrine called the Doctrine of Concomitance and holds that either the wafer or the cup contains the whole of Christ. While the common cup is normative, the real question is this:

To sip or skip? That is the question.

***The Rev. Terri M. Murphy, Deacon***

*\* Dr, David Gould, Report to the 1987 General Synod of the Anglican Church of Canada. Also this is part of Dr. Gould's article in The Living Word, Nov. 16, 2003.*

# Mustard Seed Ministry Opportunities • May 2022



Ascension's Mustard Seed Ministry offers simple moments of ministry that are easy to complete, often from the comfort of your own home. Don't know what to do to combat the hate and need you see all around you? Choose one or more of the Mustard Seed opportunities below!

- **Volunteer to help deliver supplies to Afghan refugee families by contacting** [reverendterri@aol.com](mailto:reverendterri@aol.com) or Dick Marks at [richardpmarks@aol.com](mailto:richardpmarks@aol.com)
- Let us know what you might be willing to donate to Afghan refugee families by contacting Anne Leveque at [anne.leveque@gmail.com](mailto:anne.leveque@gmail.com) Elena Larsen at [elenalarsen@verizon.net](mailto:elenalarsen@verizon.net) or Mary Fromyer at [mofromyer@aol.com](mailto:mofromyer@aol.com)
- **Tommy's Pantry**, volunteer to help at Ascension on Saturdays to prep and distribute food to needy neighbors. <https://m.signupgenius.com/#!/showSignUp/10c0a4aafa72fa0f58-gift>.
- **Casserole Ministry**. Please help us feed the local needy. Shepherd's Table asks that rather than making a casserole for Shepherd's Table, you donate the cost of making one (\$10), to Shepherd's Table. Please let Carol Schwobel know of your donation. [Cjs\\_skye@hotmail.com](mailto:Cjs_skye@hotmail.com)<sup>1</sup>
- **Knit a baby blanket, sweater, booties or caps** for Palestinian newborns at St. Luke's Hospital in Nablus, Palestine. Please drop off your items with Rev. Terri.
- **Donate time around Ascension** to help with yard clean up shoveling or mowing in the spring.
- **Drop off a \$10.00 Giant or Safeway food cards or granola bars** at services or in the mail slot in Ascension House. These are needed for street ministry. \*
- **Diaper Ministry to benefit Greater DC Diaper Bank**. On Sundays between 11-11:30 a.m. you can drop off items at the front door of the church. Contact Laura Schattschneider at [les291@nyu.edu](mailto:les291@nyu.edu) or Drew Snyder at [drewsnyder@pobox.com](mailto:drewsnyder@pobox.com) for details.
- **NEW Blood Drive, Thursday, June 2**. Please plan to help and/or give blood at Ascension's Blood Drive. More info to follow. The Red Cross is sorely in need of donations

*In April, you donated:*

1. 20 casseroles plus \$ 1,260.00 for Shepherd's Table
2. \$1,280 in grocery cards were given to the homeless through our street ministry.



*Serving This Week*  
**SUNDAY, MAY 8, 2022**

**The Fourth Sunday of Easter • Year C**

**Celebrant:** The Rev. Dr. Joan E. Beilstein

**Preacher:** Mary Kelly, *Deacon Postulant*

**Rector:** The Rev. Dr. Joan E. Beilstein

**Deacon:** The Rev. Terri M. Murphy

**Seminarian:** Creamilda Yoda

**Deacon Candidates:** Adela Vasquez, Melissa Sites

**Deacon Postulants:** Mary Kelly, Annemarie Quigley

**Director of Music Ministries:** Bailey Myers

**Lector (8 a.m.):** Jocelyn Lindsay

**LEM (8 a.m.):** Creamilda Yoda

**Lector (10 a.m.):** Libbie Griffin

**LEM (10 a.m.):** Bob Cosby

**Greeters (10 a.m.):** Chuck McCarter and Bill Schauman

**Warden of the Day:** Joan Thomas

**Tech Team (10 a.m.):** Lia Kvatum and Monica Allen

*Serving Next Week*  
**SUNDAY, MAY 15, 2022**

**The Fifth Sunday of Easter • Year C**

**Celebrant & Preacher:** The Rev. Dr. Joan E. Beilstein

**Rector:** The Rev. Dr. Joan E. Beilstein

**Deacon:** The Rev. Terri M. Murphy

**Seminarian:** Creamilda Yoda

**Deacon Candidates:** Adela Vasquez, Melissa Sites

**Deacon Postulants:** Mary Kelly, Annemarie Quigley

**Director of Music Ministries:** Bailey Myers

**Lector (8 a.m.):** Tom Jacobson

**LEM (8 a.m.):** Melissa Sites

**Lector (10 a.m.):** Peter Chang

**LEM (10 a.m.):** Bob Cosby

**Greeters (10 a.m.):** Bob Jacobs and Jacki Smith

**Warden of the Day:** Theo Emery

**Tech Team (10 a.m.):** Peter Chang and Bill Schauman

**THE VESTRY OF ASCENSION**

- Joe Simpich ('25), *Senior Warden* • Steve Fromyer ('23), *Junior Warden*
  - Karen MacPherson ('25), *Secretary*
- Theo Emery ('24) • Denise Franklin ('25) • Chris Parker Hunt ('25)
- Anne LeVeque ('24) • Chuck McCarter ('24) • Jonathan Mengesha ('23)
- Blaise Strandquist ('23) • Sandra Sussman ('23) • Joan Thomas ('24)
  - Leticia Read – *Clerk of the Works*
- Leona Cosby – *Treasurer* • Fred Paul – *Assistant Treasurer*  
treasurer-ascension@comcast.net

*Special Thanks to Chris Chang and Astrocasters for helping make our live stream possible by providing our streaming server and cota.live site!*



For peace and an end to violence and terrorism everywhere.

*Our Parish Cycle of Prayer:*

Kelly Stump Richards, John Jr., and Kelsey Richards

John Sr. Richards

Sarah Richards

Kate and Roger Rohrbaugh

Mary Romanello and Enid LaGesse, and Lilia LaGesse

Carin Ruff

Laura Schattschneider, Drew and Owen Snyder

*For those celebrating birthdays:*

May 8: Rosario Hernandez-Cruz

May 10: Alex Jacobs (14), Jordan Townsend

May 12: Martha Smith

May 13: Libby Williams (96)

May 14: George Harris, Ginny Klein,

*For those celebrating a wedding anniversaries:*

May 14: Linda and Kathryn McCullough, (11th)

Emile and Nancy Thomas (7th)

*In our Diocese:*

We pray for congregations to engage in understanding their history in racial inequity.

Pray for all mothers and those who have been as mothers to us.

Diocesan Confirmation Service (May 14)

Pray for those who are to be confirmed.

*In the Anglican Communion:*

Eglise Anglicane du Rwanda

For those with HIV/AIDS everywhere, but especially in Africa.

*In the World:*

All with the COVID-19 virus and all who have died.

*For people in need of healing*

(\*indicates a member of the parish; *italics*, new this week):

Virginia Allen, Gwendolyn Alexander, Gloria Alexander, Lynette Alexander, Rachel Anderson, Tina Arnold, Florri Aversa, Marilyn and Vince Belmontes, \*Yvonne Boyd, *Dee Wood-Bowling*, Jean Brady, \*Bob Brown, Martha Catel, Emily Cedrone, Joré Yvonne Chumbley, Betty Ciavarella, Angelo Del Priore, Giulia Del Priore, \*Keith Ecker, \*Charlie Feder, \*Sally Feder, Sean Fitzsimmons, \*Diana Gough, Geoff Grub, Judy Haveman, Jere Herzenberg, \*Maggie Howard, The Huggins Family, The Hunte Family, Tater Jackson, Ted Johnson, Eastlyn Julien and Family, \*Maybelle Kagy, Linda LeVeque, \*Dana Sussman-Martin, \*Kathryn McCullough, \*Linda McCullough, Bob Medbery, David Meyer, \*Lucio Morales, Pauline Noyes, \*Lisa Null, Keli Pirtle, Cynthia Roberts, Christina Ruffini, Elaine Rutman, Severn Savage, \*Carol Schwobel, The Seaton Family, \*Martha Smith, \*Joyce Sterling, Gemma Tate, The Thomas Family, Myrtle Thompson, \*Lorraine Van Buren, \*Helen Van Doren, \*Libby Williams, \*Ginny Ripley-Wolf

*Those who have died:*

Carter Hearn, friend of Lisa Null and Jennifer Woods

Please take the Prayer List home for use in daily prayers.

To submit a prayer request or add birthdays, anniversaries, and other thanksgivings to the Sunday prayer list please email: Jennifer Woods, [knitpick@mac.com](mailto:knitpick@mac.com) and The Rev. Dr. Joan E. Beilstein, [revdrjeb@comcast.net](mailto:revdrjeb@comcast.net)