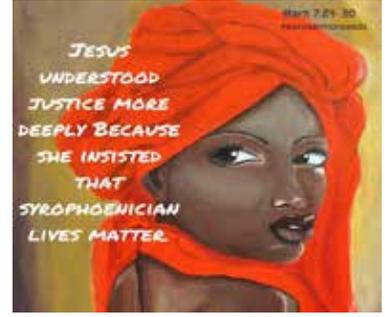


The Fifteenth Sunday After Pentecost Year B • Proper 16 Sunday, September 5, 2021 • 9:00 a.m.



Welcome to Church of the Ascension. We are an inclusive community that respects the dignity of every human being. Therefore, whoever you are in terms of race, ethnicity, gender, age, sexual orientation, gender identity, or ability and wherever you are on your faith journey, we welcome you and hope you will give us an opportunity to be your spiritual home.

HOLY EUCHARIST, RITE II

The people standing, the Celebrant says

Celebrant Blessed be the One, Holy, and Living God!!

People **And blessed be God's kingdom now and forever! Amen!**

COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Grant us, O Lord, to trust in you with all our hearts; for, as you always resist the proud who confide in their own strength, so you never forsake those who make their boast of your mercy; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

THE FIRST LESSON

Proverbs 22:1-2, 8-9, 22-23

A Reading from the Book of Proverbs.

A good name is to be chosen rather than great riches,
and favour is better than silver or gold.

The rich and the poor have this in common:
the LORD is the maker of them all.

Whoever sows injustice will reap calamity,
and the rod of anger will fail.

Those who are generous are blessed,
for they share their bread with the poor.

Do not rob the poor because they are poor,
or crush the afflicted at the gate;

THE EPISCOPAL CHURCH OF THE ASCENSION, SLIGO PARISH

633 SLIGO AVE. • OFFICES: 634 SILVER SPRING AVE., SILVER SPRING, MD 20910

301-587-3272 • WWW.ASCENSIONSLIVERSPRING.ORG

for the LORD pleads their cause
and despoils of life those who despoil them.

The Word of the Lord.

People **Thanks be to God.**

THE GOSPEL

Mark 7:24-37

Deacon The Holy Gospel of our Lord Jesus Christ according to Mark.

People **Glory to you, Lord Christ.**

Jesus set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophenician origin. She begged him to cast the demon out of her daughter. He said to her, "Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs." But she answered him, "Sir, even the dogs under the table eat the children's crumbs." Then he said to her, "For saying that, you may go—the demon has left your daughter." So she went home, found the child lying on the bed, and the demon gone.

Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, "Ephphatha," that is, "Be opened." And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, "He has done everything well; he even makes the deaf to hear and the mute to speak."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

SERMONETTE

The Rev. Terri M. Murphy, Deacon

A moment of silence for reflection will follow.

AFFIRMATION OF FAITH

**We believe in God the Father,
From whom every family
In heaven and on earth is named.
We believe in God the Son,
Who lives in our hearts through faith,
And fills us with his love.
We believe in God the Holy Spirit,
Who strengthens us,
With power from on high.
We believe in one God:
Father, Son, and Holy Spirit. Amen.**

PRAYERS OF THE PEOPLE FORM VI

392

The Leader and People pray responsively.

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;
For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;
For all who work for justice, freedom, and peace.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For Michael our Presiding Bishop, Mariann our bishop, Joan our Rector, Terri our Deacon, Creamilda, our seminarian, Bailey, our Director of Music Ministries, and Marian our guest celebrant and preacher, for all in discernment for holy orders, and for all bishops, and other ministers.
For all who serve God in God's Church.

For the special needs and concerns of this congregation, especially **all who are suffering from COVID-19 ...**
***Faye ... Virginia ... Gloria ... Gwendolyn ... Rachel ... Tina ... Florri ... Glen¹ ... Riza ...**
***Yvonne ... Jean ... *Bob ... Mary ... Lillian ... *Buck ... Mariann ... David ... Joré Yvonne ...**
Paula and Michael ... The Clark Menard Families ... Pat¹ ... Jeff ... Rita ... *Kiki ... Sean ...
The Floyd Family ... Geoff ... Gloria ... Lorraine ... Kitty ... Martie ... Pat² ... Jere ... Dick ...
***Maggie ... The Hunte Family ... Lynn ... Paul ... Sara ... Barbara ... *Bert ... Pauline ... Linda ...**
Johannas ... Pat³ ... Mike ... Les ... Marsha ... David ... *Lisa ... Zobida ... Cynthia ... Rudi ...
Severn ... *Carol¹ ... The Seaton Family ... Carol² ... *Martha ... *Joyce¹ ... *Dana ... The Tate Family ...
***Giselle ... The Thomas Family ... Emma ... *Helen ... Ed ... *Libby ... Glenn² ... Joyce² ... and**
Judah.

Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life. Today we pray for the following members of our parish: Cudore Snell; Joey and Paul Snow, and Emily Clough; Drew and Owen Snyder and Laura Schattschneider; Joy Spencer; Tom Spilsbury and Susan Farrer; and Joyce Sterling. And for those celebrating birthdays: Caleb Yoda, Jr., Samuel Ayirebi, Julia Barlow, and Arabella Littlepage.

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, especially Rich Galloway, friend of Lisa Null and Jennifer Woods, and Nan Maestri (former member of Ascension), and Nancy Sites (mother of Melissa Sites, Deacon Candidate.) Please pray for comfort for the Galloway, Maestri, and Sites families, that they may have a place in your eternal kingdom.

Lord, let your loving-kindness be upon them;
Who put their trust in you.

I invite you now to offer your petitions or thanksgivings either aloud or in the silence of your hearts.
Silence.

Deacon

We pray to you also for the forgiveness of our sins.

Silence

CONFESSION

God of all mercy, we know that we have fallen short: We turn our backs when we could embrace; we remain silent when we could speak; we speak when we could listen. When we could fling the door open, instead we close it; when we could be open hearted, instead we judge. Forgive us, O God, and strengthen us to grow into the people you created us to be, through Christ our Lord. Amen.

THE ABSOLUTION

THE PEACE

Celebrant The Peace of the Lord be always with you.

People **And also with you.**

WELCOME AND BRIEF ANNOUNCEMENTS

THE HOLY COMMUNION

OFFERTORY WORDS

Celebrant All things come of thee, O Lord.

People **And of thine own have we given thee.**

HOLY EUCHARIST FORM 1

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For by water and the Holy Spirit you have made us a new people in Jesus Christ our Lord, to show forth your glory in all the world.

And so, we join the saints and angels in proclaiming your glory, as we say,

SANCTUS AND BENEDICTUS

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory. Hosanna in the highest.**

**Blessed is the one who comes in the name of the Lord.
Hosanna in the highest.**

We praise you Loving God, for the gift of your Son Jesus Christ, who is for us, the way, the truth, and the life. And so, in faith and hope, we bring you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you. This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Gracious God, we now celebrate the memorial of your Son. By means of this holy bread and cup, we show forth the sacrifice of his death, and proclaim his resurrection, until he comes again.

Gather us by this Holy Communion into one body in your Son Jesus Christ. Make us a living sacrifice of praise.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. AMEN.

THE LORD'S PRAYER

And now let us pray as our Savior Christ has taught us,

**Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread. And forgive us our trespasses,
as we forgive those who trespass against us
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

THE BREAKING OF THE BREAD

Alleluia! Christ our Passover is sacrificed for us!
Therefore let us keep the feast. Alleluia!

FRACTION ANTHEM

Celebrant The disciples knew the Lord Jesus in the breaking of the bread.
People **The bread which we break, alleluia, is the Communion of the Body of Christ.**

THE INVITATION

These are holy gifts for you God's holy and beloved people: Take them in remembrance that Christ lived, died, and rose for you, and feed on him in your hearts by faith with thanksgiving.

ADMINISTRATION OF HOLY COMMUNION

PLEASE walk up the center aisle of the chapel single file toward the priest.

Only the host will be distributed which is full communion. The common cup is still not allowed at this time.

POST COMMUNION PRAYER

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

THE BLESSING

DISMISSAL

Mustard Seed Ministry Opportunities • September 2021



Ascension's Mustard Seed Ministry offers simple moments of ministry that are easy to complete, often from the comfort of your own home. Don't know what to do to combat the hate and need you see all around you? Choose one or more of the Mustard Seed opportunities below!

- **NEW:** Drivers needed for Oak Chapel Church Food Bank to deliver food to needy families, once a week in the Silver Spring area. To sign up contact [OCUM:Home deliveries for Oak Chapel](#) ; For more info contact **Chuck McCarter** at c_mccarter@hotmail.com.
- **NEW:** Tommy's Pantry, volunteer to help at Ascension on Saturdays to prep and distribute food to needy neighbors. <https://m.signupgenius.com/#!/showSignUp/10c0a4aafa72fa0f58-gift>.
- **NEW:** Give to Ascension's efforts to furnish an apartment for refugee families.
- **NEW:** Volunteer to help the Adventist Community Center sort supplies for refugee families
- **NEW:** Volunteer with Lutheran social services to help with administrative detail for incoming refugee families.
- **Casserole Ministry.** Please help us feed the local needy. Shepherd's Table asks that rather than making a casserole for Shepherd's Table, you donate the cost of making one (\$10), to Shepherd's Table. Please let Carol Schwobel know of your donation. Cjs_skye@hotmail.com¹
- Knit a baby blanket, sweater, booties or caps for Palestinian newborns at St. Luke's Hospital in Nablus, Palestine. Please drop off your items with Rev. Terri.
- **Donate time around Ascension** to help with yard clean up shoveling or mowing in the spring.
- **Drop off a \$10.00 Giant or Safeway food card** at the front of the church on Wednesdays from 10-11 a.m. to help feed the homeless!³
- **Diaper Ministry to benefit Greater DC Diaper Bank.** On Sundays between 11-11:30 a.m. you can drop off items at the front door of the church. Contact Laura Schattschneider at les291@nyu.edu or Drew Snyder at drewsnyder@pobox.com for details.⁴

In August, you donated:

1. \$370.00 (37 casseroles) to Shepherd's Table
2. \$1100.00 in grocery store gift cards and 110 comfort packs to the area homeless|
3. 1219 diapers; 1300+ wipes for the D.C. Diaper Bank.

Church of the Ascension
In-Person Worship Protocols
Revised July 30, 2021

In accordance with the CDC, Montgomery County, and Diocesan Guidelines
PLEASE READ CAREFULLY THESE REVISED PROTOCOLS
(New portions in RED)



8:00 AM— HOLY EUCHARIST RITE II (in the sanctuary)
to be resumed **Homecoming Sunday, September 12th, 2021**



9:00 AM — HOLY EUCHARIST RITE II (in St. Clare's Outdoor Chapel)
Last Sunday until Spring 2022

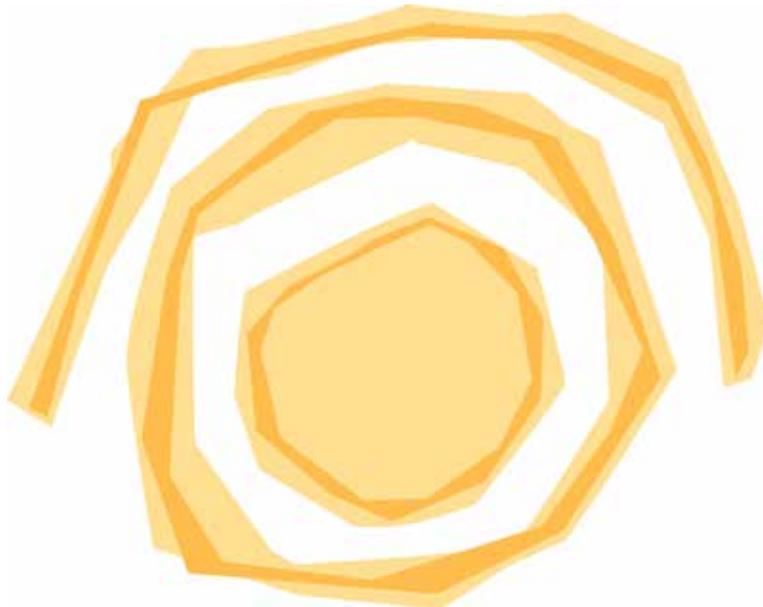
- **VACCINATION:** It is strongly recommended that all be *fully vaccinated* for the COVID-19 virus, *but vaccination is not required.*
- **MASKS:** *Optional* for outdoor worship.
- **BULLETINS:** Please provide *your own bulletin* (i.e., a print copy, on your phone, on your tablet.) A limited number of paper bulletins will be available for visitors and those who need them. Please take all paper copies of the bulletin with you upon departing the service.
- **GENERAL PARKING:** *Street parking* and the *school lot* behind the church are available.
- **HANDICAPPED PARKING:** The church parking circle at 633 Sligo Avenue is reserved for those with *limited mobility.*
- **SEATING AND SOCIAL DISTANCING:** Please *bring your own lawn chairs* to accommodate yourself and/or your family members. The *benches* in the outdoor chapel *will be reserved* for those who find it difficult to carry chairs to the service. When choosing a seating area, please observe *social distancing* if the people around you are more comfortable with more space between you.
- **RESTROOMS:** The *restrooms* in the Gathering Space will be available for your use. You may reach the restrooms by *walking past the red front doors, turning left, and entering the outdoor Gathering space doors.* The restrooms are immediately to your right.
- **THE PASSING OF THE PEACE:** Bows, waves, peace signs, elbow bumping, handshaking, kissing, or hugging are allowed but *please be respectful* and check if others welcome these gestures or not.
- **HOLY COMMUNION:** Please walk up the *center aisle* of the chapel single file toward the priest. Only the host will be distributed which is full communion. The common cup is still not allowed at this time.





10:00 AM—HOLY EUCHARIST RITE II (in the Sanctuary)

- **LIVE-STREAM:** This service will be *live-streamed permanently*.
- **MUSIC:** *Congregational singing or humming is allowed with a mask!*
- **RESERVATIONS:** *No reservations* are required for this service.
- **VACCINATION:** It is *strongly recommended* that all attending be *fully vaccinated* for the COVID-19 virus.
- **MASKS:** *masks are required for all attendees.*
- **BULLETINS:** Please provide *your own bulletin* (i.e., a print copy, on your phone, tablet, etc.) A limited number of print bulletins will be available for visitors and those who need them. Please *take all paper copies* of the bulletin with you as you depart.
- **GENERAL PARKING:** *Street parking* and the *school lot* behind the church are available.
- **HANDICAPPED PARKING:** The church parking circle at *633 Sligo Avenue* is reserved for those with *limited mobility*.
- **ENTRANCES:** You may the church through the *ramp entrance* at 634 Silver Spring Avenue or through the *red main doors* at 633 Sligo Avenue.
- **GREETERS:** Will be present to welcome and assist you during the service.
- **SEATING & SOCIAL DISTANCING:** All *available seats* have been marked off in the sanctuary with blue tape. Please find a space that accommodates you and/or your family/friend group. When taking a seat, please observe *social distancing* if the people around you would be more comfortable with more space between you.
- **RESTROOMS:** The *restrooms* in the Gathering Space will be available for your use.
- **THE PASSING OF THE PEACE:** Bows, waves, peace signs, elbow bumping, handshaking, kissing, or hugging are allowed but *please be respectful* and check if others welcome these gestures or not.
- **HOLY COMMUNION:** *Please walk single file* up the center aisle toward the priest. Only the host will be distributed which is full communion. The common cup is still not allowed at this time. Please return to your seat using the aisle to your right to avoid the live stream equipment.
- **COFFEE HOUR:** *No in-person coffee hour following the 10:00 AM service.*



Serving This Week

SUNDAY, SEPTEMBER 5, 2021

The Fifteenth Sunday after Pentecost • Year B

Celebrant & Preacher: The Rev. Marian Humphrey

Rector: The Rev. Dr. Joan E. Beilstein

Deacon: The Rev. Terri M. Murphy

Seminarian: Creamilda Yoda

Director of Music Ministries: Bailey Myers

Lector (10 a.m.): Susan Poling

LEM (10 a.m.): Marta Brenden

Greeter: Chuck McCarter

Warden of the Day: Anne LeVeque

Tech Team (10 a.m.): Mary Kelly and Bill Schauman

Serving Next Week

SUNDAY, SEPTEMBER 12, 2021

The Sixteenth Sunday after Pentecost • Year B

Celebrant & Preacher: The Rev. Dr. Joan E. Beilstein

Rector: The Rev. Dr. Joan E. Beilstein

Deacon: The Rev. Terri M. Murphy

Seminarian: Creamilda Yoda

Director of Music Ministries: Bailey Myers

Lector (10 a.m.): Jennifer Woods

LEM (10 a.m.): Annmarie Quigley

Greeter: Chuck McCarter

Warden of the Day: Anne LeVeque

Tech Team (10 a.m.): Buck Buckingham and Peter Chang

THE VESTRY OF ASCENSION

- Jane Alpersen ('22), Senior Warden • Steve Fromyer ('23), Junior Warden
 - Theo Emery ('24) • Anne LeVeque ('24)
 - Arabella Littlepage ('22) • Dick Marks ('22) • Chuck McCarter ('24)
 - Jonathan Mengesha ('23) • Laura Schattschneider ('22)
 - Blaise Strandquist ('23) • Sandra Sussman ('23) • Joan Thomas ('24)
 - Ex Officio: Mary Fromyer – Registrar
 - Leticia Read – Clerk of the Works
 - Leona Cosby – Treasurer • Fred Paul – Assistant Treasurer
- treasurer-ascension@comcast.net

To submit a prayer request or add birthdays, anniversaries, and other thanksgivings to the Sunday prayer list please email: Jennifer Woods, knitpick@mac.com and The Rev. Dr. Joan E. Beilstein, revdrjeb@comcast.net

Special Thanks to Chris Chang and Astrocasters for helping make our live stream possible by providing our streaming server and cota.live site!



For peace and an end to violence and terrorism everywhere.

Our Parish Cycle of Prayer

Cudore Snell

Joey and Paul Snow, and Emily Clough

Drew and Owen Snyder and Laura Schattschneider

Joy Spencer

Tom Spilsbury and Susan Farrer

Joyce Sterling

For those celebrating birthdays:

September 9: Caleb Yoda, Jr.

September 10: Samuel Ayirebi

September 11: Julia Barlow, Arabella Littlepage

In our Diocese:

We pray for each member of our congregations to invite a friend to church.

Campus Ministries of Howard University, University of Maryland, George Washington University, Georgetown University, American University, and St. Mary's College

National Association of Episcopal Schools

Pray for all students and teachers

Labor Day (September 6)

Pray for all who labor, those who are unemployed, those who seek jobs, and all who must work for less than a living wage.

In the Anglican Communion:

The Province of the Episcopal Church of Sudan

For those with HIV/AIDS everywhere, but especially in Africa.

In the World

All with the COVID-19 virus and all who have died.

For people in need of healing

(*indicates a member of the parish; italics, new this week):

*Faye Adams, Virginia Allen, Gloria Alexander, Gwendolyn Alexander, Rachel Anderson, Tina Arnold, Florri Aversa, Dick Baker, Glen Bediarum, Riza Bediarum, *Yvonne Boyd, Jean Brady, *Bob Brown, Mary Bucher, *Buck Buckingham, *Bishop Mariann Budde*, David Cato, Joré Yvonne Chumbley, The Rev. Canon Paula Clark, Bishop-elect of Chicago, and her husband Andrew, The Clark Menard Families, Pat Cox, *Jeff Crites*, Rita Ferrara, *Kiki Feissner, Sean Fitzsimmons, The Floyd Family, Geoff Grub, Gloria Gunness, Lorraine Haben, Kitty Hall, Martie Heckman, Jere Herzenberg, *Maggie Howard, The Hunte Family, Lynn Hutcheson, Paul Jackson, Sara Jackson, Barbara Jacobs, *Bert Joseph, Pauline Lerner, Linda LeVeque, Johannes Mann-Chow, Pat Martin, Mike Mattson, Les Maul, Marsha Maul, David Meyer, *Lisa Null, Zobida Ragbirsingh, Cynthia Roberts, Rudi Salvermoser, Severn Savage, *Carol Schwobel, Brian Seaton, The Seaton Family, Carol Fiddler Smith, *Martha Smith, *Joyce Sterling, Dana Sussman-Martin, The Tate Family, *Giselle Thomas, The Thomas Family, Emma Tunaley, *Helen Van Doren, Ed Webber, *Libby Williams, Glenn Woodley, Joyce Woody, Judah Yoda

For those who have died:

Rich Galloway, friend of Lisa Null and Jennifer Woods
Nan Maestri (former member of Ascension)

Nancy Sites (mother of Melissa Sites, Deacon Candidate.)

Please pray for comfort for the Galloway, Maestri and Sites families.

Please take the Prayer List home for use in daily prayers.