

The Seventh Sunday After Pentecost

Year B • Proper 910

Sunday, July 11, 2021 • 10:00 a.m.



Welcome to Church of the Ascension. We are an inclusive community that respects the dignity of every human being. Therefore, whoever you are in terms of race, ethnicity, gender, age, sexual orientation, gender identity, or ability and wherever you are on your faith journey, we welcome you and hope you will give us an opportunity to be your spiritual home. **Congregational singing is now allowed for those who are fully vaccinated, while wearing a mask. Those who have not been fully vaccinated are requested not to sing at this time. If you need a mask, ask the Greeter and one will be provided to you.**

HOLY EUCHARIST, RITE II

PRELUDE

Morning Has Broken

Traditional Gaelic Melody, Arr. Stan Pethel

Bailey Myers, *piano*

PROCESSIONAL

HYMNAL 372

Praise to the Living God

1 Praise to the liv - ing God! All prais - ed be his Name
 2 Form - less, all love - ly forms de - clare his love - li - ness;
 3 His Spi - rit flow - eth free, high surg - ing where it will:
 4 E - ter - nal life hath he im - plant - ed in the soul;

who was, and is, and is to be for ay the same.
 ho - ly, no ho - li - ness of earth can his ex - press.
 in pro - phet's word he spoke of old; he speak - eth still.
 his love shall be our strength and stay while a - ges roll.

THE EPISCOPAL CHURCH OF THE ASCENSION, SLIGO PARISH

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The one e - ter - nal God ere aught that now ap - pears:
 Lo, he is Lord of all. Cre - a - tion speaks his praise,
 Es - tab - lished is his law, and change - less it shall stand,
 Praise to the liv - ing God! All prais - ed be his Name

the first, the last, be - yond all thought his time - less years!
 and ev - ery - where a - bove, be - low, his will o - beys.
 deep writ up - on the hu - man heart, on sea, on land.
 who was, and is, and is to be, for ay the same.

The people standing, the Celebrant says

Celebrant Blessed be the One, Holy, and Living God!

People And blessed be God's kingdom now and forever! *Amen!*

COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

SONG OF PRAISE

HYMNAL S 278

Glory to God

Setting: William Mathias (1934-1992)

1. Glo-ry to God in the high-est, and
 peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al -
 might - y God and Fa-ther, we wor - ship you, we give you thanks, we
 praise you for your glo - ry. 3. Lord Je - sus Christ,

on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
 take a - way the sin of the world: have mer - cy on us;
 5. you are seat - ed at the right hand of the Fa - ther: re -
 ceive our prayer. 6. For
 you a - lone are the Ho - ly One, you a - lone are the Lord,
 7. you a - lone are the Most High, Je - sus Christ, with the
 Ho - ly Spi - rit, in the glo - ry of
 God the Fa - ther. A - men.

THE COLLECTS OF THE DAY

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE FIRST LESSON

Dana Jung, *Lector*

2 Samuel 6:1-5, 12b-19

A Reading from the Second Book of Samuel.

David again gathered all the chosen men of Israel, thirty thousand. David and all the people with him set out and went from Baale-judah, to bring up from there the ark of God, which is called by the name of the LORD of hosts who is enthroned on the cherubim. They carried the ark of God on a new cart, and brought it out of the house of Abinadab, which was on the hill. Uzzah and Ahio, the sons of

Abinadab, were driving the new cart with the ark of God; and Ahio went in front of the ark. David and all the house of Israel were dancing before the LORD with all their might, with songs and lyres and harps and tambourines and castanets and cymbals.

So David went and brought up the ark of God from the house of Obed-edom to the city of David with rejoicing; and when those who bore the ark of the Lord had gone six paces, he sacrificed an ox and a fatling. David danced before the Lord with all his might; David was girded with a linen ephod. So David and all the house of Israel brought up the ark of the LORD with shouting, and with the sound of the trumpet.

As the ark of the LORD came into the city of David, Michal daughter of Saul looked out of the window, and saw King David leaping and dancing before the LORD; and she despised him in her heart.

They brought in the ark of the LORD, and set it in its place, inside the tent that David had pitched for it; and David offered burnt offerings and offerings of well-being before the LORD. When David had finished offering the burnt offerings and the offerings of well-being, he blessed the people in the name of the LORD of hosts, and distributed food among all the people, the whole multitude of Israel, both men and women, to each a cake of bread, a portion of meat, and a cake of raisins. Then all the people went back to their homes.

People The Word of the Lord.
 Thanks be to God.

PSALM 24

Dana Junf, *Lector*

- 1 **The earth is the LORD's and all that is in it, *
the world and all who dwell therein.**
- 2 **For it is he who founded it upon the seas *
and made it firm upon the rivers of the deep.**
- 3 **"Who can ascend the hill of the LORD? " *
and who can stand in his holy place?"**
- 4 **"Those who have clean hands and a pure heart, *
who have not pledged themselves to falsehood,
nor sworn by what is a fraud.**
- 5 **They shall receive a blessing from the LORD *
and a just reward from the God of their salvation."**
- 6 **Such is the generation of those who seek him, *
of those who seek your face, O God of Jacob.**
- 7 **Lift up your heads, O gates;
lift them high, O everlasting doors; *
and the King of glory shall come in.**
- 8 **"Who is this King of glory?" *
"The LORD, strong and mighty,
the LORD, mighty in battle."**
- 9 **Lift up your heads, O gates;
lift them high, O everlasting doors; *
and the King of glory shall come in.**

10 “Who is he, this King of glory?” *

“The LORD of hosts,
he is the King of glory.”

THE SECOND LESSON

Dana Jung, *Lector*

Ephesians 1:3-14

A Reading from the Letter of Paul to the Ephesians.

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance toward redemption as God’s own people, to the praise of his glory.

The Word of the Lord.

People **Thanks be to God.**

THE GRADUAL HYMN

MHSO 20

Celtic Alleluia

The musical notation consists of two staves of music in G major (one sharp) and 6/8 time. The first staff begins with a treble clef and a common time signature, then changes to 6/8. The melody is: G4 (quarter), A4 (quarter), B4 (quarter), A4-G4 (beamed eighth notes), F#4 (quarter), E4 (quarter), D4 (quarter), C4 (quarter). The lyrics are: Al - le - lu - ia, al - le - lu - ia! The second staff continues the melody: G4 (quarter), A4 (quarter), B4 (quarter), A4-G4 (beamed eighth notes), F#4 (quarter), E4 (quarter), D4 (quarter), C4 (quarter). The lyrics are: Al - le - lu - ia, al - le - lu - - ia! ____

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THE GOSPEL

Mark 6:14-29

Deacon The Holy Gospel of our Lord Jesus Christ according to Mark.

People **Glory to you, Lord Christ.**

King Herod heard of Jesus and his disciples, for Jesus’ name had become known. Some were saying, “John the baptizer has been raised from the dead; and for this reason these powers are at work in him.” But others said, “It is Elijah.” And others said, “It is a prophet, like one of the prophets of old.” But when Herod heard of it, he said, “John, whom I beheaded, has been raised.”

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, "It is not lawful for you to have your brother's wife." And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, "Ask me for whatever you wish, and I will give it." And he solemnly swore to her, "Whatever you ask me, I will give you, even half of my kingdom." She went out and said to her mother, "What should I ask for?" She replied, "The head of John the baptizer." Immediately she rushed back to the king and requested, "I want you to give me at once the head of John the Baptist on a platter." The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb. many demons, and anointed with oil many who were sick and cured them.

People The Gospel of the Lord.
 Praise to you, Lord Christ.

SERMON

The Rev. Terri M. Murphy, Deacon

A moment of silence for reflection will follow the sermon.

THE AFFIRMATION OF FAITH

**We believe in God above us, maker and sustainer of all life,
of sun and moon, of water and earth, of male and female.**

**We believe in God beside us, Jesus Christ, the word made flesh,
born of a woman, servant of the poor, tortured and
nailed to a tree.**

**A man of sorrows, he died forsaken.
He descended into the earth to the place of death.
On the third day he rose from the tomb.
He ascended into heaven to be everywhere present,
and his kingdom will come on earth.**

**We believe in God within us, the Holy Spirit of Pentecostal fire,
Life-giving breath of the church,
Spirit of healing and forgiveness,
Source of resurrection and of eternal life. Amen.**

From the Abbey of Iona, Scotland (Celtic)

PRAYERS OF PRAYERS OF THE PEOPLE FORM IV

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. We pray for Michael our Presiding Bishop; Mariann and Chilton, our Bishops; Joan our rector; Terri our deacon; Bailey our music director; Creamilda our seminarian; and for all bishops and other ministers; and for all the People of God. In our Diocese, We pray for leaders in our congregations to engage an offering on leadership, discipleship, or spiritual formation. We pray for all Canons and staff of the Diocese of Washington and all vestries, parish leaders and staff members. In the Anglican communion we pray for The Episcopal Church of the Philippines.

Silence

Lord, in your mercy

Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. Today in our parish we pray for Dana Moffett and Christopher Durban; Lucio and Rose Morales; Eleanor and Paul Mullen; Sharon Murphy; Terri Murphy; and Bailey Myers and Kevin Grasel. We pray also for the birthdays of Mary Smith, Julia Yoda, Valentine Sherry, Andrew Clayton, and Rosa Morales.

Silence

Lord, in your mercy

Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. Especially All who are suffering from COVID-19 ...
***Faye ... Virginia ... Gloria ... Gwendolyn ... Rachel ... Tina ... Florri ... Dick¹ ... Glen ... Riza ... *Yvonne ... Jean ... *Bob ... Lillian ... Joré Yvonne ... Paula ... The Clark Family ... *Andrew ... Pat¹ ... Rita ... Sean ... Geoff ... Gloria ... Kitty ... Martie ... Pat² ... Jere ... Dick² ... *Maggie ... The Hunte Family ... Lynn ... Paul ... Barbara ... *Tom ... *Bert ... Pauline ... Linda ... Johannas ... Pat³ ... Mike ... Les ... Marsha ... *Kathryn ... David ... Brian¹ ... *Lisa ... Zobida ... Cynthia ... Rudi ... Severn ... *Carol¹ ... Brian² ... The Seaton Family ... Carol² ... *Martha ... *Joyce ... *Dana... The Tate Family ... *Giselle ... The Thomas Family ... *Helen ... *Libby ... and Judah.**

I invite you now to offer your prayers either aloud or in the silence of your hearts.

Silence

Lord, in your mercy

Hear our prayer.

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy

Hear our prayer.

The Celebrant adds a concluding Collect.

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

THE CONFESSION AND ABSOLUTION

Deacon: Let us now confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Celebrant declares God's mercy and forgiveness.

THE PEACE

WELCOME & ANNOUNCEMENTS

THE HOLY COMMUNION

OFFERTORY ANTHEM

Amazing Grace! How Sweet the Sound

Arr. Mark Hayes

Tune: *New Britian*, Virginia Harmony, 1831

Bailey Myers, *piano*

OFFERTORY HYMN

LEVAS 111

Come Thou Fount of Every Blessing

1. Come, Thou fount of ev - ery bless - ing, Tune my heart to sing thy
 2. Here I raise my Eb - en - e - zer, Hith - er by thy help I'm
 3. O, to grace how great a debt - or, Dai - ly I'm con - strained to

1. grace; Streams of mer - cy nev - er ceas - ing, Call for songs of loud - est
 2. come; And I hope, by thy good pleas - ure, Sure - ly to ar - rive at
 3. be; Let that grace, Lord, like a fet - ter, Bind my wan - d'ring heart to

1. praise. Teach me some me - lo - dious son - net, Sung by flam - ing tongues a -
 2. home. Je - sus sought me when a stran - ger, Wan - d'ring from the fold of
 3. Thee. Prone to wan - der, Lord, I feel - it, Prone to leave the God I

1. bove. Praise the mount, O fix me on it. Mount of God's un - chang - ing love.
 2. God. He, to save my soul from dan - ger, In - ter - posed His pre - cious blood.
 3. love. Here's my heart, Lord, take and seal it, Seal it from thy courts a - bove.

OFFERTORY WORDS

Celebrant All things come of thee, O Lord.

People **And of thine own have we given thee.**

BLESSING OF THE AGAPE MEAL AT HOME

OVER WINE

Blessed are you, O Lord our God, King of the universe. You create the fruit of the vine; and you have refreshed us when we gather in community with the cup of salvation in the Blood of your Son Jesus Christ. Glory to you for ever and ever. *Amen.*

OVER BREAD

Blessed are you, O Lord our God, King of the universe. You bring forth bread from the earth; and you have given us the bread of life in the Body of your Son Jesus Christ. As grain scattered upon the earth is gathered into one loaf, so gather your Church in every place into the kingdom of your Son. To you be glory and power for ever and ever. *Amen.*

THE GREAT THANKSGIVING: EUCHARIST PRAYER C

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:



SANCTUS AND BENEDICTUS

HYMNAL S 128

Holy, Holy, Holy Lord

SETTING: WILLIAM MATHIAS (1934-1992)



Ho - ly, ho - ly, ho - ly,
 ho - ly Lord, God of power and might,
 heaven and earth are full of your glo - ry. Ho-san-na in the
 high - est. Bless - ed is he who
 comes in the name of the Lord. Ho-san-na in the high-est.

The people may stand or kneel as is their preference.

And so, Gracious God, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."



After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."



Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection, as we await the day of his coming.

Lord God of our ancestors of faith: God of Abraham, Sarah, and Hagar; Isaac and Rebekah; Jacob, Leah, and Rachel. God, Father and Mother of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the bread.

Accept these prayers and praises, loving God, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. AMEN.

THE LORD'S PRAYER

And now in hope and confidence, let us pray as our Savior Christ has taught us,

**Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread. And forgive us our trespasses,
as we forgive those who trespass against us
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. AMEN.**

THE BREAKING OF THE BREAD

Alleluia! Christ our Passover is sacrificed for us!

Therefore let us keep the feast. Alleluia!

FRACTION ANTHEM

Behold the Lamb of God

The musical score is written for a four-part choir (Soprano, Alto, Tenor, Bass) in a key of D major (two sharps) and a 4/4 time signature. The tempo is marked 'slowly'. The lyrics are: 'Be - hold the Lamb of God, be - hold the Lamb of God. — He takes a - way the sin, the sin — of — the world. —'. The score consists of two systems of music, each with a vocal line and a piano accompaniment line. The piano part features a steady, rhythmic accompaniment with chords and moving lines in both hands.

THE INVITATION

These are holy gifts for you God's holy and beloved people: Take them in remembrance that Christ lived, died, and rose for you, and feed on him in your hearts by faith with thanksgiving.

Please walk single file up the center aisle toward the priest.

Only the host will be distributed which is full communion. The common cup is still not allowed at this time.

Please return to your seat using the aisle to your right to avoid the live stream equipment.

MUSIC DURING COMMUNION

LEVAS 183

God Will Take Care of You

1. Be not dis-mayed_ what - e'er be - tide, God will take care of you;—
2. Through days of toil___ when heart doth fail, God will take care of you;—
3. All you may need___ He will pro- vide, God will take care of you;—
4. No mat - ter what___ may be the test, God will take care of you;—

1. Be - neath His wings___ of love a - bide, God will take care of you.____
2. When dan - gers fierce___ your path as - sail, God will take care of you.____
3. Noth - ing you ask___ will be de - nied, God will take care of you.____
4. Lean, wea - ry one,___ up - on His breast, God will take care of you.____

God will take care of you, Through ev - 'ry day, O'er all the way;

He will take care___ of you, God will take care___ of you.____

POST COMMUNION PRAYER

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. *Amen.*

THE BLESSING

DISMISSAL

PROCESSION INTO THE WORLD

HYMNAL 436 *Lift Up Your Heads, Ye Mighty Gates* Words: James Weldon Johnson (1871-1938)

Music: J. Rosamond (1873-1954)

1 Lift up your heads, ye might - y gates; be - hold the
2 O blest the land, the ci - ty blest, where Christ the
3 Fling wide the por - tals of your heart; make it a
*4 Re - deem - er, come! I o - pen wide my heart to
5 So come, my Sov - ereign; en - ter in! Let new and

1 King of glo - ry waits! The King of kings is
2 ru - ler is con - fessed! O hap - py hearts an
3 tem - ple, set a - part from earth - ly use fo
4 thee: here, Lord, a - bide! Let me thy in - ne
5 no - bler life be - gin; thy Ho - ly Spi - ri

1 draw - ing near; the Sa - vior of the world is here.
2 hap - py homes to whom this King of tri - umph comes!
3 heaven's em - ploy, a - dorned with prayer and love and joy.
4 pres - ence feel: thy grace and love in me re - veal.
5 guide us on, un - til the glo - rious crown be won.

POSTLUDE

Voluntary
Bailey Myers, organ

Charles Zeuner (1795-1857)

Mustard Seed Ministry Opportunities • July 2021



Ascension's Mustard Seed Ministry offers simple moments of ministry that are easy to complete, often from the comfort of your own home. Don't know what to do to combat the hate and need you see all around you? Choose one or more of the Mustard Seed opportunities below!

- **Restart!** We are hoping to restart the monthly Late Night Walkabouts. If you are interested in joining us, please contact Rev. Terri at reverendterri@aol.com
- **Casserole Ministry.** Please help us feed the local needy. Shepherd's Table asks that rather than making a casserole for Shepherd's Table, you donate the cost of making one (\$10), to Shepherd's Table. Please let Carol Schwobel know of your donation. Cjs_skye@hotmail.com¹
- Knit a baby blanket, sweater, booties or caps for Palestinian newborns at St. Luke's Hospital in Nablus, Palestine. Please drop off your items with Rev. Terri.
- **Donate time around Ascension** to help with yard clean up shoveling or mowing in the spring.
- **Wednesday donations** to support the Adventist Community Center pantry. From 10-11 a.m. on Wednesdays, drop off your donation of cereal at the front of the church.²
- **Drop off a \$10.00 Giant or Safeway food card** at the front of the church on Wednesdays from 10-11 a.m. to help feed the homeless!³
- **Diaper Ministry to benefit Greater DC Diaper Bank.** On Sundays between 11-11:30 a.m. you can drop off items at the front door of the church. Contact Laura Schattschneider at les291@nyu.edu or Drew Snyder at drewsnyder@pobox.com for details.⁴
- **NEW** Register to take Safeguarding God's Children, the diocesan child abuse prevention training. Ascension will offer this in early fall.
- **NEW** Voter Rights. To become involved in an easy way to help secure voter rights, please contact Jane Alperson at jaea1212@gmail.com.

In June, you donated:

1. \$220.00 (22 casseroles) to Shepherd's Table
2. 75 boxes of cereal for Adventist Food Bank.
3. \$450 in grocery store gift cards and comfort packs to the area homeless
4. 289 diapers; 800 wipes for the D.C. Diaper Bank.

OUT OF SIGHT DRAGONS

“The dragon boat racing team of the blind and visually impaired in the Metro Washington DC Area”

FUNDRAISING DINNER AT EL GOLFO RESTAURANT SILVER SPRING, MD

Address: 8739 Flower Ave, Silver Spring, MD 20901

Date: July 15, 2021 (Thursday)

Time: 6:00pm to 10:00pm

Please note on your receipt “Contribution to Out of Sight Dragons”.

We are the Out of Sight Dragons (OSD) a team of blind and visually impaired individuals, friends, families, volunteers, and partner organizations passionate about the ancient sport of dragon boat racing.



Website: www.dcdragonboat.org/osd
Facebook: www.facebook.com/outofsightdc

Please note on your receipt “Contribution to Out of Sight Dragons”.

There will be karaoke, raffle and door prizes*

A dragon boat is a canoe-like vessel with paddlers sit side by side, a drummer and a steerer. At races, boats are adorned with a dragon head and tail: a reflection of Chinese belief that dragons symbolize protection from evil and disease.

Out of Sight Dragons, Inc. is a 501(c)(3) tax-exempt organization.

Your gift is tax-deductible to the extent allowed by the law.

For your tax deductible donations, please send via **PAYPAL to: outofsightdragonsdc@gmail.com** or mail your checks or money order to **Out of Sight Dragons Inc c/o Simon Hinson-Jones. Address: 514 Constitution Avenue NE Washington DC 20002.**

Thank you!

Come join us at our fundraising dinner to raise funds to support our team’s goals this year!

The highlight of this year is our goal to race at the upcoming US National ‘PARA-DRAGON’ competition in Sarasota, Florida, and hopefully if we qualify to race at the World PARA-DRAGON championships in 2022. Your donation will help us to pay for training camps, travel, lodging and uniforms. In addition, your donations help to:

- Promote beneficial and healthful activities among blind and visually impaired people of all ages and backgrounds through dragon boat paddling
- Advocate the inclusion of people with disabilities
- Demonstrate ways to give back to the community

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Email us:
outofsightdragonsdc@gmail.com

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Church of the Ascension
In-Person Worship Protocols
Revised June 22, 2021 (please note new items in RED)

In accordance with the CDC, Montgomery County, and Diocesan Guidelines
PLEASE READ CAREFULLY



8:00 AM— HOLY EUCHARIST RITE II (in the sanctuary)
to be resumed **Homecoming Sunday, September 12th, 2021**



9:00 AM — HOLY EUCHARIST RITE II (in St. Clare's Outdoor Chapel)
(Every Sunday (weather permitting) – through Sunday, September 5th, 2021)

- **LIVE-STREAM:** This service *will not* be live-streamed.
- **SAID SERVICE:** No music.
- **RESERVATIONS:** No reservations are required for this service.
- **VACCINATION:** It is strongly recommended that all be *fully vaccinated* for the COVID-19 virus, *but vaccination is not required.*
- **MASKS:** *Optional* for outdoor worship.
- **BULLETINS:** Please provide *your own bulletin* (i.e., a print copy, on your phone, on your tablet.) A limited number of paper bulletins will be available for visitors and those who need them. Please take all paper copies of the bulletin with you upon departing the service.
- **GENERAL PARKING:** *Street parking* and the *school lot* behind the church are available.
- **HANDICAPPED PARKING:** The church parking circle at 633 Sligo Avenue is reserved for those with *limited mobility.*
- **ENTRANCES:** You may enter the church grounds either from *634 Silver Spring Avenue* or *633 Sligo Avenue.*
- **GREETERS:** Will be present at both entrances to welcome and assist you.
- **SEATING AND SOCIAL DISTANCING:** Please *bring your own lawn chairs* to accommodate yourself and/or your family members. The *benches* in the outdoor chapel *will be reserved* for those who find it difficult to carry chairs to the service. When choosing a seating area, please observe *social distancing* if the people around you are more comfortable with more space between you.
- **RESTROOMS:** The *restrooms* in the Gathering Space will be available for your use. You may reach the restrooms by *walking past the red front doors, turning left, and entering the outdoor Gathering space doors.* The restrooms are immediately to your right.
- **THE PASSING OF THE PEACE:** Bows, waves, peace signs, elbow bumping, handshaking, kissing, or hugging are allowed but *please be respectful* and check if others welcome these gestures or not.
- **THE OFFERTORY:** There will be *no collection* during this service. Online giving is strongly encouraged via *Realm.* But if you wish to turn in a pledge or donation, please see the *Warden of the Day.*
- **HOLY COMMUNION:** Please walk up the *center aisle* of the chapel single file toward the priest. Only the host will be distributed which is full communion. The common cup is still not allowed at this time.
- **DEPARTURE:** If you *engage with others,* please be respectful of what others are comfortable with in terms of masks and social distancing.
- **COFFEE HOUR:** *Not applicable.*



10:00 AM—HOLY EUCHARIST RITE II (in the Sanctuary)

- **LIVE-STREAM:** This service will be *live-streamed permanently*.
- **MUSIC:** *Congregational singing is now allowed but masks ARE REQUIRED to sing. If you need a mask, please ask one of the Greeters/Ushers and one will be provided for you. If you are not fully vaccinated, we ask that you refrain from singing.*
- **RESERVATIONS:** *No reservations* are required for this service.
- **VACCINATION:** It is *strongly recommended* that all attending be *fully vaccinated* for the COVID-19 virus.
- **MASKS:** Are *not required* for fully *vaccinated attendees*. All *un-vaccinated attendees are required* to wear a mask.
- **BULLETINS:** Please provide *your own bulletin* (i.e., a print copy, on your phone, tablet, etc.) A limited number of print bulletins will be available for visitors and those who need them. Please *take all paper copies* of the bulletin with you as you depart.
- **GENERAL PARKING:** *Street parking* and the *school lot* behind the church are available.
- **HANDICAPPED PARKING:** The church parking circle at *633 Sligo Avenue* is reserved for those with *limited mobility*.
- **ENTRANCES:** You may the church through the *ramp entrance* at 634 Silver Spring Avenue or through the *red main doors* at 633 Sligo Avenue.
- **GREETERS:** Will be present to welcome and assist you during the service.
- **SEATING & SOCIAL DISTANCING:** All *available seats* have been marked off in the sanctuary with blue tape. Please find a space that accommodates you and/or your family/friend group. When taking a seat, please observe *social distancing* if the people around you would be more comfortable with more space between you.
- **RESTROOMS:** The *restrooms* in the Gathering Space will be available for your use.
- **THE PASSING OF THE PEACE:** Bows, waves, peace signs, elbow bumping, handshaking, kissing, or hugging are allowed but *please be respectful* and check if others welcome these gestures or not.
- **THE OFFERTORY:** *RESUMES TODAY*. Offering plates will be passed. Online giving though is strongly encouraged via *Realm*.
- **HOLY COMMUNION:** *Please walk single file* up the center aisle toward the priest. Only the host will be distributed which is full communion. The common cup is still not allowed at this time. Please return to your seat using the aisle to your right to avoid the live stream equipment.
- **DEPARTURE:** If you *engage with others*, please be respectful of what others are comfortable with in terms of masks and social distancing.
- **COFFEE HOUR:** *RESUMES TODAY, after the 10:00 AM service. Coffee Hour will be held in the Gathering Space and outdoors. If you are not fully vaccinated, we ask that you move outside when you take off your mask to consume coffee hour beverages and snacks. Thank you for your understanding!*



Serving This Week

SUNDAY, JULY 11, 2021

The Seventh Sunday after Pentecost • Year B

Celebrant : The Rev. Dr. Joan E. Beilstein

Preacher: The Rev. Terri M. Murphy

Rector: The Rev. Dr. Joan E. Beilstein

Deacon: The Rev. Terri M. Murphy

Seminarian: Creamilda Yoda

Director of Music Ministries: Bailey Myers

Lector (10 a.m.): Dana Jung

LEM (10 a.m.): Marta Brenden

Tech Team (10 a.m.): Peter Chang and Bill Schauman

THE VESTRY OF ASCENSION

- Jane Alperson ('22), Senior Warden • Steve Fromyer ('23), Junior Warden
 - Theo Emery ('24) • Anne LeVeque ('24)
 - Arabella Littlepage ('22) • Dick Marks ('22) • Chuck McCarter ('24)
 - Jonathan Mengesha ('23) • Laura Schattschneider ('22)
 - Blaise Strandquist ('23) • Sandra Sussman ('23) • Joan Thomas ('24)
 - Ex Officio: Mary Fromyer – Registrar
 - Leticia Read – Clerk of the Works
 - Leona Cosby – Treasurer • Fred Paul – Assistant Treasurer
- treasurer-ascension@comcast.net

BAPTISM AT THE 9 A.M. SERVICE

Samuel Cornish Emery,

son of **Theodore Aldis Emery and**

Audie Natalie Cornish Emery,

younger brother of **Owen Cornish Emery**

His godparents are **Aaron Christopher Cornish**

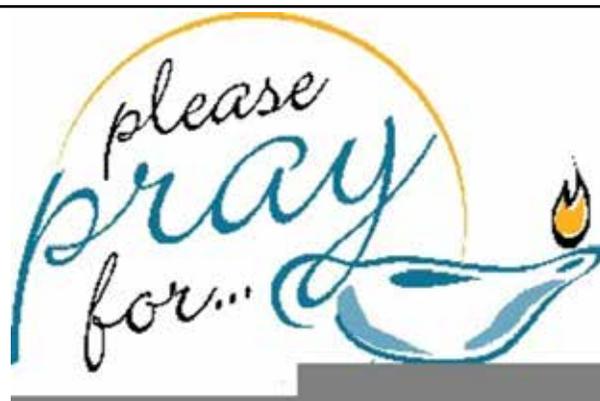
Lisa Chow, Jimena Soteb-Emery,

and **Sasha Abramsky.**



To submit a prayer request or add birthdays, anniversaries, and other thanksgivings to the Sunday prayer list please email: Jennifer Woods, knitpick@mac.com and The Rev. Dr. Joan E. Beilstein, revdrjeb@comcast.net

Special Thanks to Chris Chang and Astrocasters for helping make our live stream possible by providing our streaming server and cota.live site!



For peace and an end to violence and terrorism everywhere.

Our Parish Cycle of Prayer

Dana Moffett and Christopher Durban

Lucio and Rose Morales

Eleanor and Paul Mullen

Sharon Murphy

Terri Murphy

Bailey Myers and Kevin Grasel

For those celebrating birthdays:

July 12: Mary Smith, Julia Yoda

July 13: Valentine Sherry

July 14: Andrew Clayton

July 15: Rosa Morales

In our Diocese:

We pray for leaders in our congregations to engage an offering on leadership, discipleship, or spiritual formation.

Canons and staff of the Diocese of Washington and All Vestries, Parish Leaders and Staff Members

In the Anglican Communion:

The The Episcopal Church of the Philippines

For those with HIV/AIDS everywhere, but especially in Africa.

In the World

All with the COVID-19 virus and all who have died.

For people in need of healing

(*indicates a member of the parish; italics, new this week):

*Faye Adams, Virginia Allen, Gloria Alexander, Gwendolyn Alexander, Rachel Anderson, Tina Arnold, Florri Aversa, Dick Baker, Glen Bediaram, Riza Bediaram, *Yvonne Boyd, Jean Brady, *Bob Brown, Joré Yvonne Chumbley, The Rev. Canon Paula Clark, Bishop-elect of Chicago, The Clark Family, *Andrew Clayton, Pat Cox, Rita Ferrara, Sean Fitzsimmons, The Floyd Family, Geoff Grub, Gloria Gunness, Kitty Hall, Martie Heckman, Jere Herzenberg, Dick Holdstock, *Maggie Howard, The Hunte Family, Lynn Hutcheson, Paul Jackson, Barbara Jacobs, *Tom Jacobson, *Bert Joseph, Pauline Lerner, Linda LeVeque, Johannes Mann-Chow, Pat Martin, Mike Mattson, Les Maul, Marsha Maul, *Kathryn McCullough, David Meyer, Brian Newby, *Lisa Null, Zobida Ragbirsingh, Cynthia Roberts, Rudi Salvermoser, Severn Savage, *Carol Schwobel, Brian Seaton, The Seaton Family, Carol Fiddler Smith, *Martha Smith, *Joyce Sterling, Dana Sussman-Martin, The Tate Family, *Giselle Thomas, The Thomas Family, *Helen Van Doren, *Libby Williams, Judah Yoda

Please take the Prayer List home for use in daily prayers.