

Dell's Picks for Parents: Books

Youth Culture 101 by Walt Mueller; published by Youth Specialties

"Even though we once were teenagers, we'll never fully understand them. Times and cultures change, and the world of today's teenagers is far different than it was for us. But there's hope--we can understand them better and minister to them more effectively and meaningfully.

Walt Mueller and the Center for Parent/Youth Understanding have been studying American youth culture for nearly two decades--and now you have access to everything this cultural analyst knows about teenagers, their world, and how you can interact with them in significant ways.

...You'll discover more about teenage culture than you can imagine. Through Mueller's in-depth research and observations, you'll better understand: media and music that matters to teenagers; their struggles with substance abuse and depression; pressures they face; teenage faith...and much more!"

Faith-Shaped Kids: Helping your child grow spiritually by Steve and Valerie Bell; published by Moody Press

"Learn how to maximize the gift of relationship in helping your child become a kid, a teenager, and a young adult who is shaped in faith. Parents and children are so intimately linked spiritually that you cannot talk about a child's faith without also talking about the faith of the parent. Faith formation is not something we teach our kids but something that is learned together as a family. Steve and Valerie Bell share nine lessons they have learned from their parental years about how a genuine faith in Christ is formed in a child's life."

The One Year Book of Josh McDowell's Youth Devotions: a daily adventure in making right choices by Bob Hostetler; published by Tyndale House

"The daily readings may make you laugh or cry. Some are fiction, some are stranger than fiction, but each will help you discover how to make right choices in the everyday ups and downs of life. You'll be challenged and inspired to live as 'children of God without fault in a crooked and depraved generation, in which you will shine like stars in the universe' (Philippians 2:15)."

Josh McDowell's One Year Book of Family Devotions by Josh McDowell and Bob Hostetler; published by Tyndale House

"Your kids have to make a choice between right and wrong every day. This book is designed to help them make Godly decisions by helping you pass on sound biblical values. This collection of time-tested family devotions features contemporary stories, Bible readings, discussion questions, and more to help you guide your children in righteousness and preserve their zeal for faithful, honest and just living."

How to Stay Christian in College by J. Budziszewski; published by TH1NK Books an imprint of NavPress

"When you go to college, you're leaving behind your network of support and heading to a world with different perspectives, responsibilities and expectations. Even if you're going to a 'Christian' college, there's no guarantee you won't face challenges to your faith. So how do you stay Christian in college? How do you stay open about your faith in the face of potential ridicule? A must-read for every college student.....(the book) will guide you through the maze of campus realities. J. Budziszewski discusses the foundations of the Christian faith and directly addresses different worldviews and myths that students encounter at college. Filled with quotes, statistics, resources, stories, and encouragement, it will equip you to conquer the dangers that lie ahead."