



## Share stories, wisdom and lively discussions on conscious awareness of the life cycle.

2nd and 3rd Wednesdays, March, April and May 6:00 to 8:00 pm, Rear Lounge

## **Death Café returns!**

Facilitated by Jean Boudwin and Esther Rosado

Join us for facilitated discussions concerning death, aging and how we can make the most of our 'finite' lives. We meet to increase awareness of our limited time with a view to helping people make the most of it. As we share we will be enriched by the telling and listening to our stories and concerns.

Please contact: Esther Rosado, Director of Lifespan Religious Education at: (212) 683 - 4988 x 23, or by email: erosado@ccny.org, to confirm you will be attending or if you have any questions.

**Jean Boudwin** is a certified yoga and meditation instructor, and currently pursuing her creativity through crafts and writing.

Your participation in this event will be welcome and there will be, of course, tea and treats. To keep the cafe sustainable, donations are appreciated.