



## Meeting House Announcements for March 7, 2010

THIRD SUNDAY IN LENT  
March 7, 2010 – 8:30 and 11:00 am

SERMON	<i>I Can't Get No Satisfaction</i>	Rev. Laha
HYMNS	<i>O God, You Are My God Kind Maker of the World O for a Closer Walk with God</i>	
PRELUDE		<i>Vater unser im Himmelreich</i> Dietrich Buxtehude (1637-1707)
POSTLUDE		<i>Vater unser im Himmelreich</i> Joh. Pachelbel (1653-1706)

## CHURCH NEWS

**Reminder: Congregational Dinner Tonight.** Reception and Silent Auction, 5:30 pm; Dinner, 6:30 pm at the Virginia Theological Seminary refectory, 3737 Seminary Rd., Alex., 22304.

**Daylight Saving Time begins Sunday, March 14.**

**The Session has called a meeting of the congregation for Sun., March 21 following the 11 am worship service.** The purpose of the meeting will be to elect at-large members of the Nominating Committee.

**Holy Week Services** - Palm Sunday, March 28 at 8:30 am and 11:00 am; Maundy Thursday, April 1 at 7:00 pm; Good Friday, April 2 at 12:00 noon; Easter, April 4 at 8:30 am and 11:00 am (no education classes on Easter).

**Calling all Softball Players!** We're forming an all-level, all-age OPMH team to play in the Alex. Parks & Recreation League. Cost: \$25-\$45 depending on the amount of people who sign up. Extra \$25 cost if not a resident of the City of Alex. 10 games, starting March 22 to the playoffs in July. Games mostly on weeknights, some on Friday evenings. Register by Tues., March 9 by emailing Susan at [susan@opmh.org](mailto:susan@opmh.org).

**Mark Your Calendars - Youth Hosted Congregation-Wide Seder Dinner** - April 11 from 5-7 pm. Come celebrate our roots in the Jewish faith and learn the Passover Seder's connection to justice, freedom, and thanksgiving. Children welcome! Childcare available for infants and toddlers by reservation. RSVP to Alice.

**Heritage Sunday** – On Sunday, March 14, the deacons are hosting a luncheon for many of our long-time members and other “pillars of the church.” We hope you'll keep an eye out for them at 11:00 am worship, and give them a special greeting!



## ADULT EDUCATION

Sunday mornings at 9:40 am:

In Heritage Hall, March 7 and 14, **Where is God in our Grief?** Our Stephen Ministers host a two-session class offering help in dealing with grief. The class will address grief as a spiritual practice and practical matters surrounding grief. Nancy Scott, LCSW, from the Center for Pastoral Counseling of Virginia will lead the discussion.

**Troubling Texts in the Bible** continues in Fellowship Hall through March 28. Please join us as we wrestle with difficult biblical passages to see how they can provide important spiritual lessons. Each unit is self-contained. This week: Food for dogs? Jesus encounters a Syro-Phoenician woman.

In Westminster Hall, lower level of Flounder House, we begin a four-week study of **Resurrection**, using the video-based presentations of N.T. Wright. Dr. Wright explores the political, historical and theological issues at stake in Jesus' day and today. March 7, 14, 21, and 28.

**Bible Study on Luke** resumes this Wed., March 10 from 7:30-8:30 pm in Flounder 1b.

**Lenten Neighborhood Studies:** You may still join us for the remaining weeks. Details on the website, or in the flyers in the friendship pads.

## CHILDREN AND YOUTH

**Sunday School** begins with singing at 9:30. Children age 3 years through Grade 1 meet in Room 22 with Sally Laha; children in Grades 2-5 meet in Heaven with Julie Jernigan and Martha Beall.

The **Journey**, our workshop rotation Sunday School classes for children in grades 1-5, begins a new series of workshops learning about The Sermon on the Mount. Workshops include Art, Games and Discovery. Check the board in the main hallway for workshop assignments.

**Children in grades 2-5 will sing For Love Shall be Our Song, on Sun., March 14 at the 11 am service.**

Sunday School (9:40-10:40): High Schoolers (Flounder 2b) will begin the first of four classes on Sabbath as Resistance. Middle Schoolers (Elliot House Library) will begin a four week series on the Sermon on the Mount and the lessons we can take in our Lenten journey.

**Evening Fellowship - Congregational Dinner.** The Youth Praise Band will perform at the congregational dinner about 7 pm. If you sang with the band on Youth Sunday or if you have talked to Alice, you are welcome to participate! The band will also play at the Heritage Luncheon around 12:30 on March 14.

## MISSION

For the month of March, please pray for the National Capital Presbytery's mission partners in Malawi, Mozambique, South Africa, Uganda, Zambia, and Zimbabwe.



**Men needed!** Alexandria's iMovie Mentor Program pairs adult mentors with at-risk, minority and immigrant boys in sixth and seventh grades. Over the course of the year, the two work on shooting and editing a short film. No mentoring or moviemaking experience necessary. For more info. or to RSVP for an orientation at GW Middle School on Tues., March 9, from 5:30–8 pm, email [linda.odell@alexandriava.gov](mailto:linda.odell@alexandriava.gov).

OPMH is collecting overnight items for children who are placed in emergency foster care as part of our **First Night Love and Essentials Mission Project**. As an individual, family or fellowship group, consider helping to compile a list of items found on the insert in the friendship pad. Keep in mind that MOST of these foster children are teenagers and often leave home with no personal belongings. Thanks for your support of this important project for the children of Alexandria.

**Need a good workout?** OPMH needs four able-bodied persons (high school and up) to assist with ALIVE's furniture delivery on Sat., March 20, from 8 am to approximately noon (may end earlier). Helpers gather at the parking lot of First Christian Church, 2723 King St. Please contact Joan Moser at 703-548-3127 (H) or 703-299-2527 (W).

Join us at Westminster Presbyterian Church on Sat., March 20 at 7 pm for a **concert to benefit the Community Coalition for Haiti**. Lively music and dancing will be provided by the Irish Breakfast Band and Boyle School of Irish Dance. CCH continues to provide medical treatment and supplies to thousands of people injured in the earthquake. This is yet another opportunity to show our dedication to our mission in Haiti, and also to fellowship with another congregation.

**Haiti/Chile** - Thank you for your generous gifts! In addition to the relief we have provided to Haiti, we are also accepting contributions for disaster assistance to Chile. Please indicate Chile or Haiti on your check.

## FELLOWSHIP, STUDY AND PRAYER

**First Sundays with the Stephen Ministers:** Many of us struggle to find peace and meaning in our lives, especially during difficult and sad times. Stephen Ministers will host an informal time of fellowship on the first Sunday of each month and welcome all who would like a willing listener. We will be in the Elliot House parlor following the 11:00 am service. If you would like more information or would like to arrange to meet privately with a Stephen Minister, call Susan Grandy at 703-780-4134 or 703-299-4749.

**20s30s:** Please join us for a Lenten Neighborhood Study on Tuesdays, March 9, 16, and 23, 7:30-8:30 pm, 211 N. Payne Street (north of King Street). For more info., call Emily at 703-795-5280 or [emilyasmus@yahoo.com](mailto:emilyasmus@yahoo.com).

**SPIRIT EVENT** - Join SPIRIT in Heritage Hall on St. Patrick's Day, Wed., Mar. 17 from 1:00-3:00 pm for a "Tribute to Ireland". Call the church office at 703 549-6670 by Mon., Mar. 15, if you plan to attend.

Join the **Celebration couples' group** on March 20 at 7 pm for our annual Wine Tasting at the McElveens' (212 1/2 S. Pitt St., 22314). The Curious Grape will once again lead us through a themed tasting of affordable wines. RSVP NO LATER THAN March 17 to [maryjcmce@yahoo.com](mailto:maryjcmce@yahoo.com) or 703-299-1719. Cost is \$30 per couple. Please bring an hors d'oeuvre to share.

## UNSUBSCRIBE:

If you wish to unsubscribe or change your email address, write to [bob@opmh.org](mailto:bob@opmh.org). If you have friends who would like to receive the egram, please tell them how to get in touch with me to request this distribution.