



# August 2010 *FieldNotes*

## SUNRISES, SUNSETS & THANK YOU

**Meister Eckhart said, "if the only prayer you ever say in your entire life is thank you, it will be enough."**

I'm a West Coast person and I used to go camping in the California Mountains every summer. One night I went out to a rocky peak and sat and watched the sunset. It was spectacular. And so every night I would return and watch the sun drop beyond the mountains. Each year I would look forward to a trip like that and watching the sun set.

I wasn't the only one. There were others who found their way to the peaks each night. And when the sun did its thing—applause would break out. Hiking, camping and backpacking have been wonderful nature centered rewarding activities for me.

I'm glad I discovered those rocks and peaks and the people who went there. It brought me into the fold of those who treasure the world we have been given and the awe of it all. It gave me another way of praying. It helped me to take notice and to say thank you. It still works for me in ways that other spiritual disciplines do not.

Sometimes, the staff in the hospital will wonder how hospital chaplains do their job. How is it that we return day after day to listen to stories of tragedy, suffering and grief? How do we respond each day to ALL of the calls for coded patients, dying patients, and pain filled patients? We each have our own answer.

I recall one night, an 11pm to 7am shift, in which I responded to four deaths at St. Vincent Hospital and then a code at the St. Vincent Carmel hospital. It was my busiest night shift ever. Even the nurse in charge of the hospital that night (the AR—The nurse Administrative Representative—who is in charge of everything administrative about a code or death and also just about everything else in the hospital at night said to me)...How do you do this? The AR nurse was basically saying, "How can you be emotionally present each and every time someone dies in the hospital?" She was also sort of saying, "My job as the AR is basically to be sure that all of the paper-work is done administratively correct and that hospital policies are being followed. How is it that you as the Chaplain can be emotionally present to each of these families

### Parish Leaders & Staff

Gigi Nicholas, *Senior Warden*

Dan Bradley, *Co-Jr. Warden*

The Rev. Kate Cullinane, *Interim Rector*

The Rev. Steve Giovangelo, *Affiliated Priest*

A. Lee Barlow, *Organist & Choirmaster*

Laura Gronski, *Parish Administrator*

Woody Muse, *Sexton*

Scott Sanders, *Treasurer*

Geoff Hoops, *Vestry*

Jerry Munson, *Vestry*

Tom Merchat, *Vestry*

Jan Fezatte, *Vestry*

Warren MacKellar, *Vestry*

PT Buntin, *Vestry*

Peggy Robinson, *Vestry*

Kate Lin, *Vestry*

Bob Royalty, *Search Committee Co-Chair*

Wendell Walls, *Search Committee Co-Chair*

### Service Times:

Saturdays 6pm

Sundays 8am & 10am

### This Month at St. Francis

Vestry Meeting 7pm August 16th

Search Committee 7pm

2nd & 4th Mondays

(August 9th & 23rd)

Newsletter Deadline August 18th (Noon)

Parish Picnic August 22nd

Summer Impromptu Choir

August 29th

***If you would like to add to the calendar church events, please contact Laura at the church office!***

this night?"

My answer is; the sun rises and sun sets. Every day I watch the sun come up and it fills me with joy and I say, "Good morning world." I say "Good morning world and try to see the joy in the sunrise and a new day." My job is to try to be emotionally present at each and every crises and to care for the family and/or patient through the crisis. In most of the crisis times...my job of emotional availability is with the family and not the patient. It is rarely recorded as work done by the chaplain since time with the family is not part of the patient's chart; and yet, it is an extremely important part of the spiritual and emotional care for the patient's family as well as the patient.

Every evening that I can, I note that the sun is going down and watch the changes in the light. And again my spirit is renewed. And I am thankful and amazed.

God is good. God is good and new each and every day. God is with you this day as you read this. Give thanks for the God who loves and cares for you each and every day...the God who cares for you as you wake up to see the sunrise that God created and with you as you end your day and graces you with the colors of the sunset.

God Bless,  
Mother Kate

## LETTER FROM THE SAIDS

Kim and I wanted to express our appreciation for the showing of support and love from our St. Francis Family. We were truly touched by the amount of love and affection we felt on Sunday, it was very humbling. Thank you also to Joyce Alley and Crew for the wonderful coffee hour. And a special thank you to Bob and Pam Clark for all the kind words, (we really don't know who they were talking about!!).

We would also like to thank the anonymous donor of the beautiful red roses that we were given to pass out at the end of the service. What a nice touch!

Thank you all for your "holy hospitality" and for showing us the little bit of "Jesus" in all of you for the past 22 plus years. We will be home whenever we can. See you soon! We will stay in touch. Keep us in your prayers.

Love, Jim and Kim Said

2647 N. Van Dorn Street Apt. 12

Alexandria, VA 22302-1624

(317) 431-7023 (Kim's Cell will be our main number for now)

[kasaid@aol.com](mailto:kasaid@aol.com)



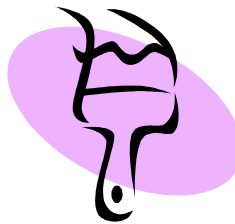


## NEWSLETTER DEADLINE

If you would like to contribute to September's Newsletter, please contact Laura at the Church office or by email at [lhiggins@stfrancisville.org](mailto:lhiggins@stfrancisville.org) by noon on Wednesday August 18th. Please keep it "Church Related".

## PAINTING THE NARTHEX

Hooray!!! We are getting the Narthex painted! Stay tuned for the new look! It's gonna be great!! If you have any questions/comments/concerns please contact Jan Fezatte!



## PLEASE PRAY FOR THE FOLLOWING:

### SICK

*Nathan, PJ, Glen, Levi, Gretchen, Susanna, Caroline, Sue, Mary Lou, George, Bruce, David, Laura, Susan, Amos, Pat, Frank, Kimberly & Fred.*

### ARMED FORCES

*Daniel, Ben, Aaron, RJ, Nicholas, Mark & Eddie.*

## HAPPY BIRTHDAY TO:

- 1: Amy Konz, Jason Lanie, Max Drexler
- 2: Jerry Davidson, Mike Wagner
- 4: Neely Evanoff
- 5: Joyce Alley
- 9: Christine Brown
- 10: Sarah Sorensen, Eva Stachler
- 11: Scott Baker, Claire Kaiser, Matt Sanders, Lauren Miller
- 13: Sue Irwin, Henry Yeager, Jakob Pringle
- 14: Clark Hodgins, Adam Konz
- 17: Grant Eibling, Brianna Deinlein
- 18: Gabriel Reynal, Gregory Schellhase
- 20: Warren MacKellar, Garrett Helsel
- 21: Sarah Barnes
- 22: Michael McGraw
- 23: Kate Lin, Maddie Cherry
- 26: Noel Royalty, Maddie Drexler
- 27: Elizabeth Davidson
- 28: Jana Hankins
- 29: Ray Brown, Andy Eibling
- 30: Beverly Dyken
- 31: Wendell Walls, Amanda Miller



# AUGUST 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>  6pm Holy Eucharist
<b>8</b> 8am Holy Eucharist 10am Holy Eucharist	<b>9</b>  7pm Search Committee	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>  6pm Holy Eucharist
<b>15</b> 8am Holy Eucharist 10am Holy Eucharist	<b>16</b>  7pm Vestry	<b>17</b>	<b>18</b> Noon: Newsletter Deadline	<b>19</b>	<b>20</b>	<b>21</b>  6pm Holy Eucharist
<b>22</b> 8am Holy Eucharist 10am Holy Eucharist  Parish Picnic	<b>23</b>  7pm Search Committee	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>  6pm Holy Eucharist
<b>29</b> 8am Holy Eucharist 10am Holy Eucharist Summer Impromptu Choir	<b>30</b>  7pm Search Committee	<b>31</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>  6pm Holy Eucharist