

## LIGHTHOUSE LYMPHEDEMA NETWORK

10240 Crescent Ridge Drive, Roswell, GA 30076  
770-442-1317 [www.lymphedemalighthouse.org](http://www.lymphedemalighthouse.org)

Dear Lymphedema Family,

### **The Lighthouse Lymphedema Network needs your financial support.**

At this time of the year, when you are thinking of giving, please include the LLN. As a 501C3 non-profit organization, all donations are tax-deductible.

The LLN continues to meet its goals of education, awareness, service to others, and giving support:

- Educating our patients, caregivers, family members and the medical professionals is ongoing – monthly meetings – annual conference with invited guests to present on their expertise – vendors demonstrating the latest in products.
- Creating awareness for lymphedema – Legislative efforts – Mugs in the Morning - Joan White, the LLN Director, was an 11 Alive Community Service Award Honoree at the formal ceremony in April 2008.
- Bandages and Garment Fund (BAG Fund) to date has helped over 50 patients to purchase garments and other devices when they did not have insurance or Medicare coverage.
- In 2009, the LLN will officially launch our **e-mail program**. Those who have valid e-mail addresses, will begin receiving the LLN newsletters via email. This will save the LLN a tremendous amount of money that we can better use for our Bandages and Garment Fund and other projects. If you have not already received a test email from Elaine Gunter (our newsletter editor), please be sure to fill out the attached form and make sure we have all your correct information. Don't worry, if you don't have an e-mail address, you will still be getting the newsletter via US mail.

Mark your calendar for our 2009 schedule of programs: For specific locations and times, please go to the LLN website in 2009 = <http://www.lymphedemalighthouse.org>.

- March 11, 2009: Legislative Education & Awareness Day at the Capitol.
- March 26, 2009: "Everything you want to know about Laser Therapy".
- June, our annual summer luncheon.
- September 24, 2009: we will be rerunning a small portion of several of the presentation from the 11<sup>th</sup> State of Georgia Lymphedema Education & Awareness Program.
- October 24, 2009: 12<sup>th</sup> State of Georgia Lymphedema Education and Awareness Program. We welcome ideas for subjects to be discussed. Please email [joanwhite59@charter.net](mailto:joanwhite59@charter.net)

In 2009, the Lighthouse Lymphedema Network hopes to launch the publication of our book entitled:

### ***"LIFE IS WORTH LIVING WITH LYMPHEDEMA"***

We are looking for patients, family members, therapists, or physicians to write inspirational short stories of why "Life is Worth Living with Lymphedema". These stories may be from:

- Patients who developed lymphedema after surgical, chemotherapy, or radiation treatment for breast cancer or other types of cancer (secondary lymphedema).
- Patients who were born with lymphedema (primary lymphedema).
- Patients who developed lymphedema from other surgeries such as: knee or hip replacement, abdominal surgeries, fracture, infection, other.
- Therapists: successful treatment stories, caring family stories, unusual stories.
- Physicians: Personal observations and comments.

The main goal of our book is to let patients and family members know they are not alone. We care and we are here for you – always. Help us to help others! The money raised from the sale of the book is to help needy patients through our Bandages and Garments (BAG) Fund.

All patients have a story to tell, so let us hear from you. Please submit your story to the LLN, 10240 Crescent Ridge Drive, Roswell, GA 30076 or you may email to [joanwhite59@charter.net](mailto:joanwhite59@charter.net) or [elaine.gunter@comcast.net](mailto:elaine.gunter@comcast.net).

The Lighthouse Lymphedema Network sincerely thanks you for your generous gift! Your contribution assists us in continuing our efforts in supporting patients and others through education & awareness.

Donor's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_  
Home Work Cell

E-Mail: \_\_\_\_\_

My gift is made in memory of: \_\_\_\_\_

My gift is made to honor: \_\_\_\_\_

Please send acknowledgement to: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Enclosed is a tax deductible donation in the amount of \$ \_\_\_\_\_

I would like my contribution to be used for: General Fund \_\_\_\_\_ BAG Fund \_\_\_\_\_

If you work for a company that provides **matching funds for charitable organizations** (i.e., those with a 501(C) (3) status), please be sure and take advantage of this mechanism to double the power of your gift to the LLN.

**Please make all checks payable to the Lighthouse Lymphedema Network** and mail to the LLN, 10240 Crescent Ridge Drive, Roswell, GA 30076

I appreciate the work of the LLN and I am interested in volunteering to help with LLN activities:

- Serve on the Fund Raising Committee \_\_\_\_\_
- Bake or bring refreshments for a group meeting \_\_\_\_\_
- Serve on the 2009 Lymphedema Education & Awareness Program Committee \_\_\_\_\_
- Become a member of the Board of Directors \_\_\_\_\_
- Help and/or bake for the legislative day at the Capitol \_\_\_\_\_
- Call me and I will help where needed \_\_\_\_\_

My suggestions for future meetings: \_\_\_\_\_

**Change of Address Request:** We try to keep our mailing list updated constantly and currently have over 1,000 names to receive each newsletter! If you have any changes that should be made to your address, or know of other changes that should be made, e.g., names to be added, deleted or corrected – or address and email changes, please send this information to the LLN address or [elaine.gunter@comcast.net](mailto:elaine.gunter@comcast.net). We strive for accuracy on our list, and also to keep costs down. Thanks for your help!

**Website:** [www.lymphedemalighthouse.org](http://www.lymphedemalighthouse.org) **Therapists and Clinics**, please go to the LLN website and verify the information. Please call Joan at 770-442-1317 for changes, additions, or deletions.