

Pastoral Counseling

A Clergy Guide to Child Abuse and Neglect	261.832 73	Will help the clergy move toward involving the congregation in the important work of addressing abuse & neglect issues. It gives detailed information about the dynamics of abuse & violence & provides guidance & theological reflection.
A Generous Presence: Spiritual Leadership and The Art of Coaching	253.5	An introduction to the important field of spiritual coaching, an inside look at creating spiritually alive and aware leaders and congregations.
A New Day for Family Ministry	259.1	New look at family units, how they are changing & how you can adapt their life & ministry together to meet the needs & rhythms of today's families.
Adolescents In Crisis: A Guide for Parents, Teachers, Ministers, and Counselors	259.23	Solid direction for solutions to many of the issues adolescents face. Integrating clinical research & experience with biblical insights. Ready help for parents, teachers & all those who care for youth.
After Suicide	259.428	Guide offers information and clinically tested advice for those struggling to cope in the aftermath of a suicide. (1980)
Beating Burnout In Congregations	262.1	This book will help readers reassess God's call to service, so that those who do offer their skill, knowledge, & energy become uplifted, healthier & stronger, & not burned-out. Congregational leaders would do well to take this book seriously.
Becoming Married	259.14	Information book that examines issues surrounding the process of forming the marriage bond & the events that must take place for successful bonding to occur. Designed for couples planning to marry, for parents of those making the plans & for clergy.
Called For Life: Finding Meaning in Retirement	253.208	Reflects on our calling to serve God/neighbor in retirement. The author explores retirement, the challenges of the transition, some options for meaningful activity, the importance of identifying our purpose - our doing & being & the final call to death.
Care of Mind, Care of Spirit: A Psychiatrist Explores Spiritual Direction	253.5	Practical advice & basic information on the psychiatric dimensions of spiritual direction.
Care of Troublesome People	250.68	The author brings us to a more empathic understanding of those who create stress & conflict in the church. He challenges us to see them as persons created in God's image & develops strategies enabling us to care for instead of cope with their behavior.
Career and Calling: A Guide for Counselors, Youth, and Young Adults	253.5 253.6	Excellent guide for discovering God's calling. Written for students, young adults & those who work with them, it contains a 6-session, small group career counseling program that focuses on God's calling, interests, gifts/talents, etc.

Counseling Troubled Older Adults: A Handbook for Pastors and Religious Caregivers	259.4	Helpful book for pastors & caregivers in giving practical, step-by-step guidance in caring for the older adults that may have a mental/emotional disorders.
Cries For Help: Time For Friends	259.428	Series of 9 video shorts to help recognize the basic danger signals of teen suicide - covering different topics. Suicide prevention is covered in a 30 minutes section as well. 1989
Critical Caring: A Feminist Model for Pastoral Psychology	253.52	The author makes major theoretical and clinical contributions to pastoral care and counseling and reclaims the constructive healing role of ritual and symbols in pastoral practice.
Defiant Hope: Spirituality for Survivors of Family Abuse	261.832 7	Provides aid to those trying to overcome the effects of abusive behavior. He reviews the spiritual dimension of the pain that survivors of violence confront daily & special skills that have developed to survive in a hostile environment.
Dictionary of Pastoral Care and Counseling	253.5	This volume offers authoritative, easy-to-find information that will assist anyone engaged in the study or practice of pastoral care and counseling.
Ending With Hope: A Resource For Closing Congregations	253.54	Representing 8 denominations, including pastors & other leaders, contributors share their stories. Includes models for assessing the choice to close, reflections on their experiences; case studies, excellent guidance, rituals for healthy closing & more.
Family Violence: A Religious Issue	261.832 7	Educational program for a variety of groups to better understand domestic & other types of family violence. Sessions on Spouse abuse, child abuse, elder abuse with case studies & questions. Articles & background info provided.
Family Violence: The Compassionate Church Responds	261.8327	A guide through issues dealing with many areas of violence within families & how the church can respond.
Generation To Generation: Family Process In Church & Synagogue	259	The author applies the concepts of systemic family therapy, along with his unique experience as rabbi and practicing therapist, to the emotional life of congregations and their leaders. He shows how family theory points to a less stressful approach.
God Breathes on Blended Families	248.845 1	A testimony of the restoration life that God wants all blended families to live. A tremendous handbook for families who are pursuing a solid, loving family, identifying several crucial problem areas.
God Breathes on Blended Families: Workbook	248.845 1	Workbook to assist couples in becoming successful blended families by applying God's principles to their families.
God Images and Self Esteem	268.434 082	Author believes women have difficulty with self esteem because their lives have been shaped by patriarchal rules that have made them feel like 2nd class citizens. She reviews this system & offers techniques & a plan for help. (1991)

Grounds For Marriage		A study and work manual to be used by marriage counselors, ministers, teachers and couples preparing for marriage.
	259.14	
Growing Together: Building a Marriage That Lasts		Ten week study offering excellent insights in: looking at your spouse in reality; forgiveness, building trust, sharing the work of marriage, talking & listening, physical intimacy, avoiding adultery & assessing your marriage.
	259.14	
Hate Work: Working through the Pain and Pleasures of Hate		A psychological, theological & sociological analysis of hate and an argument for moving from hatred to compassion in our dealings with others. The author explores different levels of hate & helps us understand hate as it operates in us and others.
	253.5	
Helpmates: Support in times of critical illness		The author shares his experience & other interviews, for those who find themselves suddenly caring for a loved one or spouse who is either critically or terminally ill. He gives guidance & direction for support for this overwhelming responsibility.
	259.4	
How to Avoid Divorce - Help For Troubled Marriages		Easy-to-understand guidance on facing trouble, recognizing problems & their consequences & learning exactly what to do about them. Good advice in mending a troubled marriage.
	259.146	
Interfaith Marriage: Resource by Presbyterian Christians		Covers the theological frameworks of Christian, Jewish & Muslim views as well as the challenges & opportunities in the interfaith marriages. Includes questions for groups and couples and liturgical resources & marriage contracts.
	259.13	
Jesus the Village Psychiatrist		The author shows that one of Jesus' purposes was to heal people from mental illnesses, which people in the ancient world called possessions & physical ailments. He feels Jesus attended to & overcame the psychological & cultural causes.
	259.42	
Keeping the Faith: Questions and Answers for the Abused Woman		Written in a question & answer format for those that have been abused to help give them support & guidance through this difficult time. Prayers, scripture, poems & other words of encouragement are also included.
	261.832 722	
Ministry & Sexuality: Cases, Counseling, and Care		Dr. Rediger's combination of case studies and frank discussion will be helpful in developing responsible administrative guidelines and clergy support systems in order to deal with issues of sexuality.
	253.2	
Overcoming the Rating Game: Beyond Self-Love - Beyond Self-Esteem		Examines how an inferiority complex is shaped, considers human worth & shows how people who strive for self-esteem often make themselves sick rather than healthy. A helpful personal development resource (1991)
	259.4	
Pastor, Our Marriage is in Trouble		Step-by-step approach that takes the pastor from beginning to end in a process of short-term intervention and counseling.
	253.5	
Pastoral Care for Survivors of Family Abuse		How to recognize and deal with long-term effects of physical and emotional abuse - for anyone involved in helping the survivor.
	261.832 7	

Pastoral Care in Context: An Introduction to Pastoral Care	253.5	An expert in the field of pastoral care, John Patton demonstrates that pastoral care is a ministry of the church. He focuses on the community of faith as an authorizer & source of care & upon the relationship between the pastor & a caring community.
Pastoral Counseling: The Basics	253.5	An invaluable resource for pastors & seminarians, offering a wealth of insight into many fundamental issues dealing with pastoral counseling. This book makes clear that pastoral counseling is a means toward, not a model for, maturity of person & faith.
Perspectives on Suicide	259.428	7 authorities deal with questions about suicide from various perspectives: medical; psychological, sociological, biblical, ethical & pastoral. Includes "suggestions for further reading supplement". 1990
Play Therapy With Adults	259.3	Valuable book for psychologists, therapists, social workers, & counselors interested in helping clients explore themselves through playful activities.
Practical Handbook For Ministry	259	Gathered for the first time in one volume by a minister who studied under Wayne Oates, are selected chapters from this distinguished author's fundamental works. It offers wisdom and usefulness to both seminarians and practicing pastors.
Promising Again	259.14	This book will greatly benefit couples who contemplate renewing or reevaluating their relationships. Also helpful for pastoral caregivers engaged in marital and family assistance. (Family Living in Pastoral Perspective 4th book in series)
Responding to Hate at School: A Guide for Teachers, Counselors and Administrators	261.834 8	An excellent guide for teachers, counselors & other administrative staff on responding to the many areas of hate found in school settings. Included is everyday action, emergency response & long range commitment ideas.
Restoring Justice (1 Hour Documentary on NBC)	261.833 1	Excellent video showing the positive effects of restorative justice on victims, families, offenders, and communities. It explores the bond that can make a difference and bring a better balance to communities. 50 minutes
Restoring the Soul of a Church: Healing Congregations Wounded by Clergy Sexual Misconduct	261.832 721	Experts in a variety of fields describe the nature of the damage to churches & assess what can be done about it. This book is about crises & long-term healing strategies for damaged congregations and restore them to being healthy communities of faith.
Soul Under Siege: Surviving Clergy Depression	253.2	The author describes his experiences as a pastor who went from good to bad health (including a deep depression) & back to even better health. He takes a realistic look at those aspects of ministry which can be destructive.
Speaking to Silence: New Rites for Christian Worship and Healing	265.9	Help for pastors & lay leaders to develop their own skills & insights for creating liturgies & rituals that provide relief, healing & support for those who face critical & life-altering situations.
Stress and the Healthy Family	259.1	This video shows how healthy families effectively deal with the four major areas of family stress - money, time, children & the couple relationship. Study guide included. (1988)

Surely Heed Their Cry: A Presbyterian Guide to Child Abuse, Prevention, Intervention and Healing	261.832 73	A good starting point for you to gain insight into the dynamics of child abuse and what God is calling us to do in response. Can be used in a group as a study with Adults, Sessions, Caregivers, etc. Includes questions for study & further reading. (1993)
The Caring Church: A Guide for Lay Pastoral Care	262.158	A helpful teaching resource for the pastor or for adult members who wish to broaden their people-caring ministry through a trained laity program. Useful for Deacons as well.
The Child's Song: The Religious Abuse of Children	261.832 73	Book about reconciliation & the healing of the child self that all adults carry within themselves. He is concerned with the hidden abuse by well-intentioned adults & the role that religion plays in the legitimating of these abuses.
The Decades of Life: A Guide to Human Development	259.2	New approach to understanding the stages of life, building on the work of Erik Erikson. The author integrates the insights of psychology with those of pastoral care, to help see how these decades of life impact churches.
The Power of Forgiveness	268.434	Even though forgiveness is an essential Christian principle, it sometimes seems impossible to accomplish. These 4 studies can open your mind & heart to a new understanding of forgiveness so you can embrace forgiveness as a key to a wholesome life.
The Touch of the Master's Hand	248	Inspirational film that speaks to the worth & potential of every individual by following the path of a fine violin that falls into uncaring hands & how it receives the "touch of the master's hand", revealing it's great value. 20 min. Guide included.
Thirst: God and the Alcoholic Experience	259.4292	The author offers his personal & theological reflection on alcohol addition & recovery. He weaves together foundational ideas of liberation theology & Christian tradition with medical & sociological insights that are best understood as a thirst for God.
When Bad Things Happen To Good People	259.6	A source of comfort & insight for anyone confronted by tragedy & suffering. I provides a reaffirmation of a belief in God & offers compassionate direction for those in pain. (60 minutes)
When You Feel Insecure	259.4	Written for a lay Christian audience as a self-help guide for pastors/counselors to help find a way to learn how to become free fro the fears that stifle self-confidence, creativity & a sense of security. 1989
When You Need to Take a Stand	259.4	Guidelines for deciding when & how to take stands & finding strength to do so. Encourages honesty, integrity & self-esteem. Concludes with reflections for personal meditation or group discussion. (1990)