

Sabbath Resources at Newton Presbytery Resource

| | | |
|---|--------|--|
| A Renewed Spirituality: Finding Fresh Paths at Midlife | 248.84 | Explore some time-tested patterns of spiritual discipline to help combat the restlessness felt during and after the changes that come at midlife. Includes questions for reflection. |
| A Testament of Devotion | 248.4 | A classic collection of simple & moving devotional essays. It aides the reader in their lifelong conversation with God, revealing eternal truths in surprising ways. (updated & edited) |
| Be Still: Designing and Leading Contemplative Retreats | 269.6 | A guide book on how to design and lead contemplative retreats. Sample retreats are included as well as a theological & biblical understanding of the model & purpose for such retreats. A design for home retreats & other suggested resources are included. |
| Becoming Bread: Meditations on Loving & Transformation | 242 | Using the time-honored ritual of making bread as a metaphor, the author explores how each phase of this activity can be seen to reveal the power of love to comfort, heal and transform. |
| Catch Your Breath: God's Invitation To Sabbath Rest | 263.3 | A guide for small groups of believers who wish to learn & practice Sabbath rest. |
| Celebrating The Sabbath: Finding Rest in a Restless World | 263.1 | Helpful, biblical & encouragingly look at what's so special about the Sabbath & how we can make the best use of Sundays in a fast-paced world. |
| Clergy Renewal: The Alban Guide to Sabbatical Planning | 253.2 | Definitive guide to putting together refreshing pastoral sabbaticals that can help keep ministry vital and growing for the long term. |
| Feasting With God: Adventures in Table Spirituality | 248 | An entertaining celebration of creative & spiritual ways to enjoy food within a variety of community settings. The author offers 16 different feasts which include reflections, activity ideas, recipes, liturgies & more. |
| Summer 2005 - God's Call: Our Vocation (We Believe) | 268.9 | Summer curriculum containing 13 sessions to be used with all age groups. Resource Pack contains song sheets, teaching pictures, stories, posters, etc. |

| | | |
|--|---------|---|
| Harvest of Righteousness: A Spiritual Discipline of Devotion in the Reformed Tradition | 248.46 | Aimed at helping Christians grow in prayer, Bible reading, and personal worship, this beautifully crafted workbook provides a four-week program for individuals & small groups in the practice of daily worship. |
| Inner Simplicity: 100 Ways to Regain Peace & Nourish Your Soul | 248.4 | An ideal book for those eager to enrich their lives & nourish their souls. Taking principles on simplifying your life, the author applies them to our inner lives. |
| Keeping the Sabbath Wholly: Ceasing, Resting, Embracing, Feasting | 263.1 | To help bring an understanding of who we are as people of God & a deeper comprehensions of the meaning of ceasing, resting, embracing & feasting, as it relates to Sabbath keeping. |
| Living Simply Through The Day: Spiritual Survival In A Complex Age | 248.34 | Addressing himself to our anxiety-ridden cultures, the author reaches out to people from all traditions., recounting the odyssey of his own spiritual growth & offering practical suggestions to help us live in prayer & simplicity, always. |
| Meditations For Women Who Do Too Much | 242.643 | Meditations for women to help provide sustenance & inspiration & create possibilities for positive change in their lives. |
| Sabbath Keeping | 263.1 | An introduction to Sabbath keeping "as a route to living a life of plenty". Fresh & timeless ways of learning to keep Sabbath in the midst of our busy lives. |
| Sabbath Keeping: Finding Freedom in the Rhythms of Rest | 263.1 | Offers a practical & hopeful guidebook for all of us to slow down & enjoy our relationship with the God of the universe. |
| Sabbath Sense: A Spiritual Antidote for the Overworked | 263.1 | An excellent invitation to rediscover the sense of Sabbath, not just for Sunday, but as a part of our everyday existence in our time-starved world. |
| Sabbath Time | 263.1 | Brings an clearer understanding of the Sabbath & demonstrates how the rhythm of the Sabbath can provide an alternative in life. It provides a sampling of putting Sabbath into practice within a family structure. |

| | | |
|---|---------|--|
| Sabbath: A time to renew the call and make a difference | 263.1 | An invitation for those in ministry to reflect on God's creation & its goodness & to help become renewed & refreshed in your call to ministry. Can be used with leaders in the church, adult studies or retreats also. |
| Sabbath: Finding Rest, Renewal, and Delight In Our Busy Lives | 263.1 | The author shows you how to create a special time of rest, delight & renewal for our souls. With wonderful stories, poems, & suggestions for practice, he teach us how to use Sabbath time to refresh & regain some inner happiness. |
| Seeking Sabbath: A Planning Guide for Women's Retreats | 269.643 | Creative ideas for developing a theme, selecting a site, preparing spiritually, & other topics that will help you develop meaningful retreats for the women in your church. |
| Soul Feast: An Invitation To The Christian Spiritual Life | 248 | Guidance & help to those who wish to explore the riches of Christian spirituality. The author offers a framework for understanding & instruction in developing & nurturing those practices. |
| Space For God | 248.32 | A study and practice of prayer and spirituality to help you create a special space for God. |
| To Celebrate: Reshaping Holidays and Rites of Passage | 263.9 | Collection of resources for alternative celebrations for all the major holidays & rites of passage in our culture, including Sabbath. |
| To Pray God's Will: Continuing The Journey | 248.32 | Looking upon Christian life as a spiritual journey, the author discusses the importance of prayer for those who want to continue their progress toward God. Helpful suggestions on meditation & contemplation are included. |
| To Will God's Will | 248.3 | The author describes how the elements of religion (prayer, reflection & good works) come together in the whole person. He shows how a journal can help in deepening faith. |
| Women at the Well: Meditations on Healing and Wholeness | 242.643 | Focusing on women's health, healing, & wholeness this resource provides daily devotions from women who share their own experiences as health professionals, pastors, caregivers, survivors of illness & person with disabilities. |

| | | |
|---|---------|--|
| Receiving the Day: Christian Practices for Opening the Gift of Time | 263.1 | Invites readers to embrace the temporal landmarks of our lives as opportunities for deeper relationship with God and one another. |
| Sabbath in the City: Sustaining Urban Pastoral Excellence | 254.22 | Using stories from urban pastors the authors identify & examine spiritual practices that foster excellence in urban ministry. |
| Nooma: Noise 005 | 268.434 | 10 minutes. Why is silence so hard to deal with? We're constantly surrounded with noisy voices influencing us on how to think, feel & act. Maybe this is why we can't really hear God - are we really listening? |
| One Step at a Time: A Pilgrim's Guide to Spirit-Led Living | 263.1 | Learn to recognize God's activity in your life, live more fully in God's love, follow Jesus Christ according to your unique calling & purpose & let the Holy Spirit fill & lead you in the journey. Reflection questions included. |
| Living Well: Christian Practices for Everyday Life | 248.4 | Developed to encourage Christian practices as a way of life. Presents 12 essential practices, a how-to book, learning about each practice & its foundation in scripture, how to make it an integral part of everyday life. Child's worksheet book available. |
| An Altar in the World: A Geography of Faith | 248 | From simple practices such as walking, working & meditations/prayer, the author reveals concrete ways to discover the sacred in the small things we do & see. |