

Didache which states that when the faithful were gathered to break bread and give thanks to God, “first, they have to confess their sins”- so that they may be worthy of this sacrament.

The 4 Parts of the “Penitential Rite”

1st Option:

Invitation: Brothers & sisters, let us acknowledge our sins,
and so prepare ourselves to celebrate the sacred mysteries:

Pause for Reflection:

Confiteor: I confess to almighty God
And to you, my brothers and sisters,
That I have greatly sinned,
In my thoughts and in my words
In what I have done and in what I have failed to do.

(while striking the chest area)
***Through my fault, through my fault,
Through my most grievous fault;***

Therefore I ask blessed Mary ever-Virgin
All the Angels and Saints,
And you, my brothers and sisters,
To pray for me to the Lord our God.

Absolution: May almighty God have mercy on us
Forgive us our sins,
And bring us to everlasting life.

Conclusion: Amen.

2nd Option:

Invitation: Presider: *Brothers & sisters ...*

Reflection: Presider: *Have mercy on us, O Lord.*
People: *For we have sinned against you.*
Presider: *Show us, O Lord, your mercy.*
People: *And grant us your salvation.*
Absolution: Presider: *May almighty God ...*

Sprinkling Rite: Sunday Renewal of Baptism during the Easter Season.