



PLEASE HELP FILL THE *ELDERNET FOOD PANTRY!*

Nonperishable food will be collected *in the Parish House* and *after all services* on *Sundays through July 15th*.

ElderNet, one of The Redeemer's Outreach Grant recipients, is located behind the Ludington Library at 9 South Bryn Mawr Avenue, Bryn Mawr. Since 1976, the organization has provided resources that are not available elsewhere in the community to over 2,700 elderly and disabled individuals who are among the most vulnerable in our community. This includes food and supplies. *During the summer months, donations decline but the needs continue.*

You can help by donating:

- Canned and jarred fruit
- Canned meat: tuna fish, salmon, chicken, Spam, beef stew, chicken
- Shelf-stable drinks: milk, juice, coffee, tea
- Cereal and oatmeal
- Spaghetti sauce and canned tomatoes
- Meals in a Can: ravioli, chili, chicken or beef stew, pork and beans
- Gluten-free and low sodium items
- Rice and other grains
- Soups – all types: meaty, vegetarian, broths
- Condiments: oil, ketchup, salad dressings, etc.
- Paper towels, toilet paper, tissues
- Incontinence Aids: bed pads, adult diapers
- Soap, shampoo, toothpaste, toothbrushes, feminine hygiene products

Please be sure food has not expired and that cans and boxes are not damaged.

Thanks for your help. It will be much appreciated!