# PLANNING FOR THE END OF LIFE

- A MEDICAL DIRECTIVE
- PLANNING YOUR FUNERAL SERVICE
- Preparing to Write Your Will







"The minister of the congregation is directed to instruct the people, from time to time, about the duty of Christian parents to make prudent provision for the well-being of their families, and of all persons to make wills, while they are in health, arranging for the disposal of their temporal goods, not neglecting, if they are able, to leave bequests for religious and charitable uses."

—The Book of Common Prayer Page 445



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# Contents

General Information	3
A Medical Directive	5
Planning Your Funeral Service: A Way to Express Your Values	. 15
Preparing to Write Your Will: An Estate Plan That Reflects Your Values	. 23
Including a Christian Preamble	. 24
Sample Forms of Bequest	. 25
Information Needed for Making a Will Family Information Financial Information	. 27



# "Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God."

**HEBREWS 13:16** 

### PRIVACY NOTICE

The Episcopal Church Foundation is committed to full legal compliance with respect to protecting the privacy of the information that you have entrusted to us.

We collect nonpublic personal, financial and statistical information about you from the following sources:

- Application or other forms you complete and give to us
- Transactions you make with us, our agents and sub-agents
- Consumer reporting agencies

We do not disclose any nonpublic, personal, financial information about you to anyone, except as required by law.

We restrict access to nonpublic, personal, financial information about you to those employees who need to know that information in order to provide products or services to you. We maintain physical, electronic and procedural safeguards that comply with federal and state regulations to guard your nonpublic personal information.

### GENERAL INFORMATION

### Introduction

o you haven't made a will? Join the crowd! In any given year, up to 70% of Americans die without a will.

Nevertheless, you **do** have a will: the state wrote it for you years ago, but you may not like what it says or how it divides your possessions!

Writing a will is essential if you want to control what happens to your family and your possessions after death. Appointing trustees and executors, naming guardians for young children and deciding how you would like your worldly goods distributed will give you peace of mind and relieve your loved ones of the burden of those decisions.

In the Episcopal Church we believe that your estate plan should reflect your values. That is why we suggest you consider the following three sections in the order we present them.

- "The Medical Directive" appoints a Healthcare Proxy and gives instructions for how you would like to be treated if you are incapacitated.
- "Planning Your Funeral." We suggest you design your funeral service before making your will. The funeral can then be a reflection of your life, a message to loved ones about your values and what was important to you.
- "Writing Your Will." Once you have clarified your values through writing your funeral service, then write or amend your will so that it reflects those values.

Possessions and how we use them have a way of defining who we are. We hope this material will help you make important decisions to guide your friends and loved ones so they will know who you were



### THE INFORMATION COLLECTED IN THIS BOOKLET WAS ENTERED BY:

(please print)

(Name)		
(Street Address, PO Box, and/or Apartment #)		
(City)	(State)	(Zip Code)
(Signature)	(Da	te)
WITNESS (please print)		
(Name)		
(Street Address, PO Box, and/or Apartment #)		
(City)	(State)	(Zip Code)
(Signature)	(Da	te)

This brochure is purely informational. The Episcopal Church Foundation is not engaged in offering legal or medical advice. As laws vary from state to state we urge you to consult your own financial planner, attorney and/or healthcare provider for those issues specific to our situation.

### A MEDICAL DIRECTIVE

Following is a general form of medical directive reprinted with the permission of the American Medical Association.\* Please note that many states have enacted legislation on advanced care directives. Please consult your attorney, healthcare provider, or state attorney general regarding requirements for healthcare directives in your state. —Episcopal Church Foundation

#### INTRODUCTION

As part of a person's right to self-determination, every adult may accept or refuse any recommended medical treatment. This is relatively easy when people are well and can speak. Unfortunately, during serious illness they are often unconscious or otherwise unable to communicate their wishes—at the very time when many critical decisions need to be made.

The Medical Directive allows you to record your wishes regarding various types of medical treatments in several representative situations so that your desires can be respected. It also lets you appoint a proxy, someone to make medical decisions in your place if you should become unable to make them on your own.

The Medical Directive comes into effect only if you become incompetent (unable to make decisions and too sick to have wishes). You can change it at any time until then. As long as you are competent, you should discuss your care directly with your physician.

#### COMPLETING THE FORM

You should, if possible, complete the form in the context of a discussion with your physician. Ideally, this should occur in the presence of your proxy. This lets your physician and your proxy know you think about these decisions, and it provides you and your physician with the opportunity to give or clarify relevant personal or medical information. You may also wish to discuss the issues with your family, friend or religious mentor.

The Medical Directive contains six illness situations that include incompetence. For each one, you consider possible interventions and goals of medical care. Situation A is permanent coma; B is near death; C is with weeks to live in and out of consciousness; D is extreme dementia; E is a situation you describe; and F is temporary inability to make decisions.

For each scenario you identify your general goals for care and specific intervention choices. The interventions are divided into six groups:

1) cardiopulmonary resuscitation or major surgery;

2) mechanical breathing or dialysis;

3) blood transfusions or blood products;

4) artificial nutrition and hydration;

5) simple diagnostic tests or antibiotics; and

6) pain medications, even if they dull consciousness and indirectly shorten life. Most of these treatments are described briefly. If you have further questions, consult your physician.

Your wishes for treatment options (I want this treatment; I want this treatment tried, but stopped if there is no clear improvement; I am undecided; I do not want this treatment) should be indicated. If you choose a trial of

<sup>\*</sup>Copyright ©1995 by Linda L. Emanuel and Ezekiel J. Emanuel. An earlier version of this form was originally published as part of an article by Linda L. Emanuel and Ezekiel J. Emanuel, "The Medical Directive: A New Comprehensive Advance Care Document," *JAMA* (1989), 261:328843248. It does not reflect the official policy of the American Medical Association.

treatment, you should understand that this indicates you want the treatment withdrawn if your physician and proxy believe that it has become futile.

The Personal Statement section allows you to explain your choices and say anything you wish to those who may make decisions for you concerning the limits of your life and the goals of intervention. For example, in situation B, if you wish to define "uncertain chance" with numerical probability, you may do so here.

Next you may express your preferences concerning organ donation. Do you wish to donate your body or some or all of your organs after your death? If so, for what purpose(s) and to which physician or institution? If not, this should also be indicated in the appropriate box.

In the final section you may designate one or more proxies who would be asked to make choices under circumstances in which your wishes are unclear. You can indicate whether or not the decisions of the proxy should override your wishes if there are differences. And, should you name more than one proxy, you can state who is to have the final say if there is disagreement. Your proxy must understand that this role usually

involves making judgments that you would have made for yourself had you been able—and making them by the criteria you have outlined. Proxy decisions should ideally be made in discussion with your family, friends and physician.

#### WHAT TO DO WITH THE FORM

Once you have completed the form, you and two adult witnesses (other than your proxy) who have no interest in your estate need to sign and date it.

Many states have legislation covering documents of this sort. To determine the laws in your state, you should call the state attorney general's office or consult a lawyer. If your state has a statutory document, you many wish to use the Medical Directive and append it to this form.

You should give a copy of the completed document to your physician. His or her signature is desirable but not mandatory. The directive should be placed in your medical records and flagged so that anyone who might be involved in your care can be aware of its presence. Your proxy, a family member, and/or a friend should also have a copy. In addition, you may want to carry a wallet card noting that you have such a document and where it can be found.

# My Medical Directive

This Medical Directive shall stand as a guide to my wishes regarding medical treatments in the event that illness should make me unable to communicate them directly. I make this directive, being 18 years or more of age, of sound mind, and appreciating the consequences of my decisions.

(please print)		
(Full Name)	(Da	ce)
Street Address, PO Box, and/or Apartment #)		
City)	(State)	(Zip Code)
Signature)		
Witnesses		
Full Name)	(Da	re)
Street Address, PO Box, and/or Apartment #)		
City)	(State)	(Zip Code)
Signature)		
Full Name)	(Da	re)
Street Address, PO Box, and/or Apartment #)		
(City)	(State)	(Zip Code)
 (Signature)		

### only if you become incompetent. higher mental functions no matter what is done, then my goals and specific wishes—if medically reasonable—for this and any additional illness You should, if possible, complete the form in the context of a discussion with would be: your physician. prolong life; treat everything ☐ attempt to cure, but reevaluate often You may also wish to discuss the issues ☐ limit to less invasive and less burdensome with your family, friends or religious interventions mentor. provide comfort care only other (please specify): You can change your Medical Directive as long as you are competent. I want treatment tried. If no clear Please check appropriate boxes: improvement, I am undecided I want stop. I do not want 1. Cardiopulmonary resuscitation (chest compressions, drugs, electric shocks, and artificial breathing aimed at reviving a person who is on the point of dying). 2. Major surgery (for example, removing the gallbladder or part of the colon). 3. Mechanical breathing (respiration by machine, through tube in the throat). **4. Dialysis** (cleaning the blood by machine or by fluid passed through the belly). 5. Blood transfusions or blood products. 6. Artificial nutrition and hydration (given through a tube in a vein or in the stomach). **7. Simple diagnostic tests** (for example, blood tests or x-rays). **8. Antibiotics** (drugs used to fight infection).

**Situation A** 

If I am in a coma or persistent vegetative state and, in the opinion of my physician and two consultants,

have no known hope of regaining awareness and

Medical Directive

9. Pain medications, even if they dull consciousness

and indirectly shorten my life.

The Medical Directive comes into effect

#### **Situation B**

If I am near death and in a coma and, in the opinion of my physician and two consultants, have a small but uncertain chance of regaining higher mental functions, a somewhat greater chance of surviving with permanent mental and physical disability, and a much greater chance of not recovering at all, then my goals and specific wishes—if medically reasonable—for this and any additional illness would be:

☐ prolong life; treat everything
☐ attempt to cure, but reevaluate often
☐ limit to less invasive and less burdensome
interventions
☐ provide comfort care only
other (please specify):

### **Situation C**

If I have a terminal illness with weeks to live, and my mind is not working well enough to make decisions for myself, but I am sometimes awake and seem to have feelings, then my goals and specific wishes—if medically reasonable—for this and any additional illness would be:

In this state, prior wishes need to be balanced with best guess about your current feelings. The proxy and physician have to make this judgment for you.

	□ attempt □ limit to interven □ provide	life; treat ever to cure, but re less invasive a ations comfort care of lease specify):	eevaluate ofter and less burde only	
	I want	I want treat- ment tried. If no clear improvement, stop.	I am undecided	I do not want
•				
L.				

	I want	I want treat- ment tried. If no clear improvement, stop.	I am undecided	I do not want		I want	I want treat- ment tried. If no clear improvement, stop.	I am undecided	I do not want
1.					1.				
2.					2.				
3.					3.				
4.					4.				
5.					5.				
6.					6.				
7.					7.				
8.					8.				
9.					9.				

### cannot be reversed and that makes me unable to only if you become incompetent. think or have feelings, but I have no terminal illness, then my goals and specific wishes—if You should, if possible, complete the medically reasonable—for this and any additional form in the context of a discussion with illness would be: your physician. prolong life; treat everything ☐ attempt to cure, but reevaluate often You may also wish to discuss the issues ☐ limit to less invasive and less burdensome with your family, friends or religious interventions mentor. provide comfort care only other (please specify): You can change your Medical Directive as long as you are competent. I want treatment tried. If no clear Please check appropriate boxes: improvement, I am I want stop. undecided I do not want 1. Cardiopulmonary resuscitation (chest compressions, drugs, electric shocks, and artificial breathing aimed at reviving a person who is on the point of dying). 2. Major surgery (for example, removing the gallbladder or part of the colon). 3. Mechanical breathing (respiration by machine, through tube in the throat). **4. Dialysis** (cleaning the blood by machine or by fluid passed through the belly). 5. Blood transfusions or blood products. 6. Artificial nutrition and hydration (given through a tube in a vein or in the stomach). 7. Simple diagnostic tests (for example, blood tests or x-rays). **8. Antibiotics** (drugs used to fight infection).

Situation D

If I have brain damage or some brain disease that in the opinion of my physician and two consultants

Medical Directive

9. Pain medications, even if they dull consciousness

and indirectly shorten my life.

The Medical Directive comes into effect

	Situation E		Situation F						
		nation that is imposed syou should conon):			If I am in my current state of health (describe br		scribe briefly):		
	□ attempt □ limit to interver □ provide	less invasive a ntions comfort care o	physician a but reversil make decis wishes—if prolong attempted and less burdensome limit to interve five:			nd two consulte, and I am tons, then my nedically reast life; treat ever to cure, but release invasive a	tants, is life to emporarily upoals and sponable—wo sything eevaluate ofte and less burde	nable to ecific uld be:	
	I want	I want treat- ment tried. If no clear improvement, stop.	I am undecided	I do not want		I want	I want treat- ment tried. If no clear improvement, stop.	I am undecided	I do not want
1.					1.				
2.					2.				
3.					3.				
4.					4.				
5.					5.				
6.					6.				
7.					7.				
8.					8.				

9.

9.

## My Personal Statement

(use next page if necessary)

Please mention anything that would be important for your phyparticular, try to answer the following questions: 1) What med living so unpleasant that you would want life-sustaining treatm Irreversible mental damage? Inability to share love? Dependency you would regard as intolerable?) 2) Under what medical circuinterventions that might already have been started? 3) Why do	ical conditions, if any, would make nent withheld? (Intractable pain? se on others? Another condition mstances would you want to stop
If there is any difference between my preferences detailed in the illiform my goals or from my personal statement, I wish my treatre personal statement (please delete as appropriate) to be given greater the personal statement (please delete as appropriate) to be given greater the personal statement (please delete as appropriate) to be given greater the personal statement (please delete as appropriate) to be given greater the personal statement (please delete as appropriate) to be given greater the personal statement (please delete as appropriate) to be given greater the personal statement (please delete as appropriate) to be given greater the personal statement (please delete as appropriate) to be given greater the personal statement (please delete as appropriate) to be given greater the personal statement (please delete as appropriate) to be given greater the personal statement (please delete as appropriate) to be given greater the personal statement (please delete as appropriate) to be given greater the personal statement (please delete as appropriate) to be given greater the personal statement (please delete as appropriate) to be given greater the personal statement (please delete as appropriate) the personal stat	nent selections / my goals / my
When I am dying, I would like—if my proxy and my healthcar to be cared for:	e team think it is reasonable—
at home or in a hospice	
☐ in a nursing home	
☐ in a hospital	
other (please specify):	

# ORGAN DONATION

☐ I he	ereby make this anatomical gift, to take	te effect after my death:
I give	<ul><li>☐ my body</li><li>☐ any needed organs or parts</li><li>☐ the following parts</li></ul>	
to	☐ the following person or institution	
	<ul><li>☐ the physician in attendance at my death</li><li>☐ the hospital in which I die</li></ul>	
	☐ the following physician, hospital storage	bank, or other medical institution:
for	☐ any purpose authorized by law	
	☐ therapy of another person	
	☐ medical education	
	☐ transplantation ☐ research	
☐ I do	o not wish to make any anatomical gi	ft from my body.

## HEALTHCARE PROXY

I appoint a	as my proxy and	decision-maker(s):
(Name an	d Address)	
and (optio	nal)	
(Name and	d Address)	
desires are u shall have th I am unable writing that authority to	nknown, my proxy i le authority to make to make them mysel I lack the capacity to	care decisions based on his/her assessment of my personal wishes. If my personal is to make healthcare decisions based on his/her best guess as to my wishes. My proxyall healthcare decisions for me, including decisions about life-sustaining treatment, if. My proxy's authority becomes effective if my attending physician determines in make or to communicate healthcare decisions. My proxy is then to have the same cisions as I would if I had the capacity to make them, EXCEPT ( <i>list the limitations, if taxy's authority</i> ).
I wish my wi (Delete as ap	_	be applied exactly as possible/with flexibility according to my proxy's judgment.
my above-na		nt between the wishes I have indicated in this document and the decisions favored by ny proxy to have authority over my written statements/I wish my written statements ropriate)
If I have app	pointed more than or	ne proxy and there is disagreement between their wishes, shall have final authority.
Signed:	(Signature)	(Printed Name)
	(Address)	(Date)
Witness:	(Signature)	(Printed Name)
T. 17.	(Address)	(Date)
Witness:	(Signature)	(Printed Name)
	(Address)	(Date)
·	(optional):	
		's physician. I have seen this advance care document and
		ass his/her preferences regarding medical intervention at the end of life.
		becomes incompetent, I understand that it is my duty to ferences contained in this document in order to fulfill his/her wishes.
Signed:		
oigiicu.	(Signature)	(Printed Name)

(Date)

(Address)

### PLANNING YOUR FUNERAL SERVICE

### A Way to Express Your Values



"I AM THE RESURRECTION AND THE LIFE, SAITH THE LORD; HE THAT BELIEVETH IN ME, THOUGH HE WERE DEAD, YET SHALL HE LIVE; AND WHOSOEVER LIVETH AND BELIEVETH IN ME SHALL NOT DIE."

JOHN 11:25

The Christian faith calls us to witness, even in death, the new life that God gives in Christ through his death and resurrection.

We have prepared this booklet to help you and your family prepare in advance. It will enable your family and the parish clergy to understand your wishes and preferences. The clergy will help plan the service and will stand ready to assist in any way.

Christian burial is marked by three characteristics. First and foremost, it is an act of worship wherein we glorify God for the gift of eternal life in Jesus Christ, our Lord. Second, it is a time when members of the Body of Christ gather to comfort one another and to offer mutual assurance of God's abiding love. Third, it is a liturgy of celebration whereby we give thanks for a deceased loved one and commend that person to the care of Almighty God.

The earliest records of Christian burial tell us that the following elements were included:

- Prayer in the home before the burial
- A gathering of the community for a burial

service, consisting of thanksgivings, psalms, hymns, readings from Scripture, and prayers for the departed and those who mourn

- Celebration of the Holy Eucharist
- A procession of lights and torches to the place of burial
- The interment of the remains

As part of the preparation for Christian burial, it is suggested that you talk with your clergy. It is also of great benefit to read about the service in *The Book of Common Prayer* (BCP, 468–507). The rubrics on these pages are of particular interest. It is also recommended that people familiarize themselves with the prayers for "Ministration at the Time of Death" (BCP, 462–467).

# My Funeral Instructions

### Final directions and instructions upon the death of

(Full Name)				(Date)	
				gested that you file this wit eted for their information.	h your local
(Full Name)			(Spouse's Full Nam	ne)	
(Street Address, PO	Box, and/or Apartment #	;)	(Street Address, P	O Box, and/or Apartment #)	
(City)	(State)	(Zip Code)	(City)	(State)	(Zip Code)
(Date of Birth)			(Date of Birth)		
(Place of Birth)			(Place of Birth)		
(Date of Baptism)			(Date of Baptism)		
(Father's Full Name)			living [	D.Voo. D.No.	
(Date/Place of Birth)	)		Living 🕻	l Yes □ No	
(Mother's Full Name)	)		India - E	DV. DN.	
(Date /Place of Birth)			Living L	l Yes ⊔ No	

(Occupation)			
(Employer)			
(Social Security Number)			
(Date of last executed Will)			
(Location of Will)			
(Executor's name and address)			
Names, addresses, and	telephone numbers of living brothers an	d sisters:	
(Full Name)	(Street Address, PO Box, and/or Apartment #)	(City/State/Zip Code)	(Phone Number)
Names, addresses, and Attach additional pages if neces	telephone numbers of persons to notify sary.	upon my death:	
(Full Name)	(Street Address, PO Box, and/or Apartment #)	(City/State/Zip Code)	(Phone Number)

## My Burial Instructions

Please fill out this form and return it to the parish secretary in the church office. (Full Name) (Please Print) (Street Address, PO Box, and/or Apartment #) (City/State/Zip Code) The Episcopal tradition is that church members are normally buried from the church. The Prayer Book indicates the body is to be present, although a memorial service without the body may be held. The coffin is closed and is always covered by a pall, which the church will provide. I request that my service be conducted at \_\_\_\_\_ (Name, City and State of Church) The rector or clergy of said congregation shall be in charge of the services. **2.** The Burial of the Dead (the funeral service) is a series of psalms, lessons, prayers. Holy Communion with special propers (i.e., Collect, Epistle, and Gospel) may be included. I request (check one): ☐ The Burial of the Dead with Holy Communion (body or urn present) ☐ Rite I (BCP, page 469) ☐ Rite I (BCP, page 323) ☐ Rite II (BCP, page 491) ☐ Rite II (BCP, page 355) ☐ The Burial of the Dead (body or urn present) ☐ Rite I (BCP, page 469) ☐ Rite II (BCP, page 491) ☐ A Memorial Service (body or urn not present)

Other arrangements as follows:
(Contact parish secretary)
(Altar flowers)
(Musicians)
(Ushers)
(Pall bearers)
(Speakers [if desired])
* * * *
I request that the following Scriptures be read:
Old Testament (choose one)
□ Isaiah 25:6–9 (He will swallow up death in victory) □ Isaiah 61:1–3 (To comfort all that mourn) □ Lamentations 3:22–26, 31–33 (The Lord is good unto them that wait for him) □ Wisdom 3:1–5, 9 (The souls of the righteous are in the hand of God) □ Job 19:21–27a (I know that my Redeemer liveth)
Psalms
New Testament (choose one)
<ul> <li>□ Romans 8:14–19, 34–35, 37–39 (The glory that shall be revealed)</li> <li>□ 1 Corinthians 15:20–26, 35–38, 42–44, 53–58 (Raised in incorruption)</li> <li>□ 2 Corinthians 4:16–5:9 (Things which are not seen are eternal)</li> <li>□ 1 John 3:1–2 (We shall be like him)</li> <li>□ Revelation 7:9–17 (God shall wipe away all tears)</li> <li>□ Revelation 21:2–7 (Behold, I make all things new)</li> </ul>
Psalms 23 27 106 116
Gospel (must be included if Holy Communion is celebrated)
<ul> <li>□ John 5:24–27 (He that believeth hath everlasting life)</li> <li>□ John 6:37–40 (All that the Father giveth me shall come to me)</li> <li>□ John 10:11–16 (I am the good shepherd)</li> <li>□ John 11:21–27 (I am the resurrection and the life)</li> <li>□ John 14:1–6 (In my Father's house are many mansions)</li> </ul>

5. I request that the following hymns be sung:
Music should be confident and strong, expressing the hope and faith that Christians affirm in the presence of death. The congregation should participate fully by praying, singing the hymns, and joining the responses. Easter hymns are especially appropriate. The Easter hymns are (#174–213) in the 1982 Hymnal. Also suggested are the hymns for Holy Communion (#300–347), the burial (#354–358), and #287, 376, 410, 556, 613-625, 637, 671, 680, and 688.
* * * *
6. I prefer to be:
☐ Buried: Location of cemetery plot deed, crypt deed, columbarium contract
Coffin specifications:  □ Least expensive □ Mid-range □ Elaborate
☐ Cremated: ☐ Before Funeral ☐ After Funeral
Ashes may be placed in (These niches may be purchased in advance.) Please contact the parish secretary.
☐ Donate entire body or certain organs:
(See Organ Donation Form on page 13.)
☐ Arrangements have been made
☐ Please make appropriate arrangements
Comments
Place of interment
Full address

\* \* \* \* \*

7. I pretei	er the following funeral home:	;
	, my family or attorney may make this decision.	
☐ I do	☐ I do not wish to have my coffin open at the funeral home.	
In lieu	u of flowers, I request that donations be made in my name to:	
or for [S	SPECIFY]:	
or to:		
(Name of	of Institution or Charity)	
(Full Add	ldress)	
Please ret	eturn to: Parish Secretary	
(Name of chu	nurch)	
(Address)		
(Telephone)		
	* * * *	
8. Other i	information for my survivors:	
Signature_	Date	

Be sure to keep a copy of your completed form for your own records.

### PREPARING TO WRITE YOUR WILL

### AN ESTATE PLAN THAT REFLECTS YOUR VALUES

Writing a will is a loving and responsible act for the sake of your family. Here are a few helpful suggestions on how to prepare to write your will.

#### **BEFORE SEEING AN ATTORNEY...**

- Make a list of everyone for whom you are responsible.
- List everyone that you would like to remember in your will.
- List all of your material assets.
- After subtracting your debts, match the names with the assets or consider giving a portion of your total estate to each individual. Take care of your family first. This is also the time to consider special friends and your church.
- Consider establishing a trust if your estate is large enough. (See our Charitable Remainder Trusts kit.)
- Ask your chosen estate administrator (sometimes called executor/executrix) if he or she is willing to serve.
- Consult with the people you select as guardians of your children (where minor children are involved).
- Talk with your priest to explore the ministries of the church that could best be funded with a gift from your will.

# BEQUESTS IN YOUR WILL CAN TAKE SEVERAL FORMS ...

- An outright monetary bequest.
- A percentage of an estate.
- A specific asset, such as personal or real property.
- A trust created in a will.
- A contingent beneficiary, i.e., the church receives the assets if there are no surviving beneficiaries.

Note: A bequest to the church is deductible from the value of your estate for tax purposes.

#### AFTER MAKING YOUR WILL ...

- Make sure someone knows where your will is located.
- Do not place funeral instructions in a safedeposit box. Generally, services will be over by the time your administrator checks your bank box. Instead, leave a copy of your funeral plans and wishes with your priest and a member of your family.
- Review your will from time to time with your legal advisor. Laws, assets, and personal interests often change over time.

Preparing to write a will is an act of love for your family and friends, a way of easing the pain of loss that follows death. It is also your final legacy.

### INCLUDING A CHRISTIAN PREAMBLE

A Christian preamble to your will provides a significant opportunity to share your faith with family and friends. Through this personal statement of your faith, an important message will be delivered to those who love and know you best. This message of faith comes at a time of grief and loss and serves as a reminder to them to place their trust in Jesus Christ as you have. Remember, this may be the last document they read about you, their loved one.

As you, together with your attorney, prepare your Will/Estate plan, give prayerful consideration to adding a Christian preamble such as:

I
of the City of,
County of, and
State of,
being of sound mind and memory and being under no restraint, do make, declare and publish this my
last will and testament, hereby revoking all wills and codicils heretofore made by me.

In thanksgiving to God for the gifts of life given in baptism, and for the many blessings God has showered upon me; and in thanksgiving to God for the gifts of faith and hope through Jesus Christ; and in thanksgiving to God for the gifts of nurture and love through the Church where we have shared faith and fellowship; I now commend my loved ones to grow in this same faith, being true to their own baptisms, knowing that God will continue to provide for them in their lifetimes; I encourage them to place their faith and trust in our Lord and Savior.

I know, therefore ...

[The particulars of the will would follow, leaving gifts to family and friends, but also an articulation of the gifts you might leave to the various ministries of the Church].

You may also want to use the following language for your gifts to support various ministries of the Church.

I faithfully respond with a decision to establish the [insert the name of the fund, such as your own] Memorial Endowment Fund.

The fund is an expression of my thanksgiving and stewardship with the hope that the ministries of Jesus Christ will be strengthened and extended in the life of the Church.

The fund assets are to be invested and reinvested in perpetuity by the Endowment Fund of the Episcopal Church Foundation (ECF) according to the prevailing policies for endowment management. The periodic distribution of the fund is to be used to support ministry(ies) in the following manner. [Here you would stipulate which ministry(ies) would receive an annual gift from your Memorial Endowment Fund.]

Your attorney may also need the following official language for gifts to the ECF. All gifts to whatever ECF ministry can be left to "the Episcopal Church Foundation, a New York, non-profit organization, located at 815 Second Avenue, New York, NY 10017." All bequests should be made to and sent to the attention of the Episcopal Church Foundation.

Adapted with special thanks to the Evangelical Lutheran Church in America.

# Sample Forms of Bequest

Specific Amount:	
Rector, Wardens, and Vestry of Yo	, hereby give, devise, and bequeath to the our Episcopal Church, 123 Main Street, Anywhere, MyState, e used at their discretion to assist in the ministries of the Church
	* * * *
Percentage Amount:	
Rector, Wardens, and Vestry of Yo	, hereby give, devise, and bequeath to the our Episcopal Church, 123 Main Street, Anywhere, MyState, and remainder of my estate, to be used at their discretion to urch.
	* * * *
Contingency Bequest:	
institutions, cease to be organizat Code, I, Wardens, and Vestry of Your Epis	requests and devises herein predecease me, or, in the case of cions described in section 501(c)(3) of the Internal Revenue, hereby give, devise, and bequeath to the Rector, scopal Church, 123 Main Street, Anywhere, MyState, the rest, ate, to be used at their discretion to assist in the ministries of

25

# Information Needed For Making a Will

### 1. Full Legal Name

(Name)		(Da	(Date of Birth)		(Social Security Number)			
(Street Address, F	PO Box, and/or	Apartment #)						(County)
(City)			(State)	(7	Zip Code)		(Er	nail Address)
(Armed Forces Da	te of Service)			(Disc	harge Certificate	Location)		
(Serial Number)								
Marital Status:	☐ Single	■ Married	☐ Div	orced	☐ Remarried	☐ Sep	parated	☐ Widowed
2. Do you ha	ve a Will?	□ Yes □	No (If no	o, go to	Family Information	tion)		
Sold or bou Celebrated Changed yo Changed yo Changed yo Done family	nother state's ght property the birth of a bur marital stour mind abour mind abour mind abour financial an	? ? a child or gran atus? ut your persor ut the guardia d charitable g	ndchild? nal repres in for you jift planni	ır child? ing?	•	☐ Yes☐ Yes☐ Yes☐ Yes☐ Yes☐ Yes☐ Yes☐ dated. Co	No No No No No No No No No	ne following questions,
		FA	MILY	IN	FORMAT	ION		
1. Legal Nam	e of Spous	se						
(Name)				(Da	ate of Birth)		 (Social S	 Security Number)
(Street Address, F	PO Box, and/or	Apartment #)						(County)
(City)			(State)	(2	Zip Code)		(Er	mail Address)
Doos vour spou	co have a Mi	II2 D Voc	□ No					

<b>2. Children</b> List your childre	en, including those legally adopted.		
(Full Name)	(Street Address, PO Box, and/or Apartment #)	(City/State/Zip Cod	e) (Date of Birth)
3. Other Dep	pendents		
4. Other Lov	ved Ones		
5. Person(s)	to be the Guardian(s) of My Child(ren)		
(Name)			(Telephone)
(Street Address,	PO Box, and/or Apartment #)		
(City)		(State)	(Zip Code)
(Name)			(Telephone)
(Street Address,	PO Box, and/or Apartment #)		
(City)		(State)	(Zip Code)

# 6. Executor

Person(s) to be the personal representative of my estate.		
(Name)		(Telephone)
(Street Address, PO Box, and/or Apartment #)		
(City)	(State)	(Zip Code)
(Name)		(Telephone)
(Street Address, PO Box, and/or Apartment #)		
(City)	(State)	(Zip Code)
7. Location of My Records		
(Will)		
(Living Will)		
(Birth Certificate)		
(Social Security Card)		
(Tax Records)		
(Safe-Deposit Box and Key)		
(Insurance Policies)		
(Durable Power of Attorney)		
(Durable Power of Attorney for Healthcare)		
(Funeral Directions)		
8. Beneficiary Information (Persons, Parish/Mission, or charitable associations you wis	sh to thank for being part of y	our life.)
(Name)		
(Name)		
(Name)		

(Residual Beneficiary—The final or residual beneficiary receives what is left over after all other bequests have been paid according to your Will. Please consider naming your Parish/Mission or the Episcopal Church Foundation as a residual beneficiary.)

## FINANCIAL INFORMATION

1. Present Annual Income				
Salary	\$			
Investment Income	\$			
Other	\$ L \$			
TOTAL	- Þ			
2. Property Real Estate				
(Description and Location)		(Original Cost)	(Present Market Value)	(Amount of Mortgage)
1.				
2.				
3.				
4.				
3. Notes and Mortgages				
(Name of Debtor)	(Description)		(Amount) (Interest F	Rate) (Rate of Payment)
1				
2.				
3.				
4.				
4. Leases				
1				
2.				
J				
5. Bank Accounts/Savings	<b>Institution Accou</b>	nts/Other Inc	ome-Producing Ac	counts
(Name of Institution)		(Type)		(Account Number)
1.				
2				
3.				
4				

6. Stocks			
(Corporation)	(# of Shares)	(Original Cost)	(Market Value)
1			
2			
3			
4.			
5			
7. Insurance Policies			
(Company)	(Policy #)	(Face Value)	(Cash Value)
1			
2			
3			
4			
8. Other Assets			
(Description)	(Location)	(Cost)	(Present Value)
1			
2.			
3			
4.			
5			
Notes			

# PLANNING FOR THE FUTURE

### 1. Monthly Expenses

Mortgage/Rental		\$ 
Insurance		\$ 
Utilities		\$ 
Taxes		\$ 
House expenses and repairs		\$ 
Auto expenses		\$ 
Clothing and personal care		\$ 
Education		\$ 
Pledge and charitable gifts		\$ 
Birthdays/Holidays/Allowances		\$ 
Medical and Dental		\$ 
Vacation and Recreation		\$ 
Other		\$ 
	Total	\$ 

### 2. Projected Retirement Income

110,000000 1100110110 111001110	Estimated	Contir	ues to sp	ouse
	Amount	Yes	No	Half
Social Security	\$ 			
Pension Plans	\$ 			
Charitable Trusts	\$ 			
Stock Dividends	\$ 			
Gift Annuities	\$ 			
Pooled Income Fund	\$ 			
Mortgages	\$ 			
Royalties	\$ 			
Other (describe below)	\$ 			
Total	\$ 			

### 3. Advisors

	(Name)	(Full Address)
Accountant		
Attorney		
Banker		
Banker		
Broker		
Insurance Agent		
Priest		
Trust Officer		
Notes		
110100		