

# SEW WHAT!!!

## WHAT?

We call it a “quilting” group...yes, and no. We are not a group like the ladies who used to gather around a big quilt stretched out on a frame that sewed the layers of the quilts together. They were using needles and thread to make stitches through the layers in a design---many, many tiny, tiny stitches...a talent all its own.



That is not our activity.

**We do fasten together layers** of fabric, batting and backing...but we do it on a work table with simply stitches here and there using heavy thread and tying the thread ends together in a knot. Easy, and serves the purpose of making useful, warm quilts quickly. We already have those who had never used a needle, doing this task now, quickly and expertly.

**However**, before we get to the tying, there are other necessary tasks.

**We cut fabric into squares**...again simple cutting to predetermined sizes to

end up with the desired size quilt tops. We use rotary cutters and mats but scissors are also available.

**We lay out these squares** on a table top to arrange into pleasing looking quilt tops and then put them in plastic bag kits ready to be sewn together. We do have sewing machines available on site, so this sewing can be done here at St. John...could be a good way to learn using a sewing machine...we have plenty of teachers and some have already learned the skill during our meetings.

**But we also distribute these kits** to be sewn together at home to create our colorful quilt tops. All of this is pretty easy stuff...and we have plenty of instruction available. Want a kit?...contact Kathi Dahlstrand at [kathidahl@gmail.com](mailto:kathidahl@gmail.com) or leave a message at 708-204-1878. And know that there is no strict time expectation for completing kits!

## WHY?

Why do we do this?

**What is more comforting** than wrapping up in a colorful quilt? Our quilts will offer that comfort to recipients served by several organizations.

**Phil's Friends** is a local Christian organization that delivers care packages to cancer patients. These care packages contain, among other things of comfort and love, a colorful quilt.

**BringingHope2Others** is a faith based organization whose mission is to improve the quality of life in developing countries. One of their programs is providing small blankets which help in lowering the infant mortality rate. Hypothermia is a leading cause of infant deaths even in countries we consider warm.

**Local agencies** – FPPD and FPPD can use quilts for comfort in domestic and fire situations.

**Lutheran World Relief** provides quilts to those in need all over the world. These quilts will provide warmth, shelter, a means of transporting their few possessions and love to many who have very little else.

**What is more enjoyable** than spending a couple hours doing something worthwhile in the company of others...working, chatting, sharing...good stuff!

**What is better than GIVING!!!**

## WHO?

**Anyone that is interested!!!** Neighbors, community friends...anyone is welcome!!

## WHERE?

**Sew What!! works on Thursday at St. John- 305 Circle. Forest Park, Door 8 off parking lot in Room 103 from 1-4 and 6-8. COME JOIN IN!! No strict attendance...come when you can, leave when you must. Additionally, we share a room with the childcare room...Moms can sew and socialize while the little ones play and socialize!**



HOPE 2 OTHERS

