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Exalting, Equipping, Evangelizing

Bible Study

Wednesday, May 2, 2018

9 QUALITIES THAT WILL CHANGE YOUR LIFE

Tonight, we will teach about the ninth and final quality that will change your life! The kind of life that God desires for all of His children. The fact that the Bible lists this quality last is no mistake (Galatians 5:22). The truth of the matter is that if every believer could perfect this final quality, you can be assured that we can achieve the previous eight qualities.

NINTH QUALITY – SELF-CONTROL

I. Description:

Choosing to do what's right when you feel like doing what's wrong! The ability to restrain from inappropriate passions and desires.

II. Self-Control Will Enable You to Regulate Your Thoughts, Emotions and Actions

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| 1. Master your moods | <i>Proverbs 25:28</i> |
| 2. Tame your tongue | <i>Proverbs 13:3</i> |
| 3. Regulate your reactions | <i>Proverbs 19:11</i> |
| 4. Control your calendar | <i>Ephesians 5:15-16</i> |
| 5. Manage your money | <i>Proverbs 21:20</i> |
| 6. Bridle your body | <i>1st Thessalonians 4:4</i> |

III. Qualities In The Life of Believers Who Have Self-Control

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| 1. They do their best at avoiding temptation. | <i>1st Corinthians 10:13</i> |
| 2. They are motivated to be overcomers. | <i>Romans 8:37</i> |
| 3. They are consistent at setting boundaries. | <i>Ephesians 6:10-13</i> |
| 4. They live life as directed by Jesus Christ. | <i>Galatians 2:20</i> |
| 5. They mature and grow despite difficulties in life. | <i>Romans 8:38-39</i> |
| 6. They are not perfect or sinless. | <i>1st John 1:8-9</i> |
| 7. They are committed to be a true disciple. | <i>Mark 8:34</i> |

IV. Self-Control In A Believer's Life Will Always Be A Battle

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| 1. We will always be confronted with conflicting desires. | <i>Galatians 5:17</i> |
| 2. We will always have warfare between our two natures. | <i>Romans 7:15-24</i> |
| 3. However, we will always be victorious when we are obedient to the Holy Spirit. | <i>Galatians 5:16</i> |

Brothers and sisters remember, Jesus already won the victory at Calvary. Therefore, we must discipline ourselves to win the battle of Self-Control!