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**Exalting, Equipping, Evangelizing**

Bible Study

Wednesday, November 11, 2015

### **HOW TO OVERCOME TEMPTATION**

None of us believers are exempt from temptation by the enemy; Satan. It doesn't matter how young or how old we are, he will tempt us. Every Christian must learn how to overcome temptation because we will be tempted. By God's grace we can overcome temptation.

The bible speaks of two classes of sin which are outward sins and inward sins.

**Outward Sins** – sins such as cursing, lying, stealing, scheming, immorality, drunkenness, murder, etc.; no Christian should be guilty of these sins. If these sins are still in a person's life, there is no evidence that he or she has been born again.

**Inward Sins** – sins such as pride, jealousy, envy, selfishness, unforgiveness, hatred, lust, etc., these are secret sins which man cannot see. But God sees all, and they are hateful in his sight. We must learn to have victory over them.

**To overcome temptation, we must do five things:**

**1. Pray**

*1<sup>st</sup> John 1:9; Proverbs 2:6-8; Philippians 4:6-7; Matthew 21:22*

Temptation can be like a minefield waiting to explode to hinder our walk with Christ or take us out. We need God to help navigate us to safety daily.

**2. Count On Our Death with Christ**

*Colossians 1:12-13; Romans 6:11, 12*

As Christians, we have been delivered from the kingdom of darkness where sin reigns.

**3. Count On Christ's Life In Us**

*James 1:14; Romans 8:2*

The word says at the moment of salvation we receive the spirit of God that dwells in us. We must lean and depend on him who is in us.

**4. Arm Ourselves With The Word of God**

*Ephesians 6:17; John 8:32; Romans 6:14, 8:28, 8:31, 35-39; James 4:7b; 1<sup>st</sup> John 4:4; 2<sup>nd</sup> Timothy 1:7; Philippians 1:6, 4:13; Ephesians 6:10*

The word says man shall not live by bread alone, but by every word proceeded out of the mouth of God.

**5. Make No Provision For The Flesh**

*Romans 13:14; Proverbs 1:10; 1<sup>st</sup> Corinthians 10:13*

We must not do things or get into situations that make it easy for us to sin.