

# Elsa S. Bakkum

**Contact Elsa at:**

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757-812-2389



**Personal Information/Interests:** I'm the Associate Director for Training, Education for Ministry (EfM), at Sewanee TN, (2011 – present).

**Number of years as a Spiritual Director:** I've been a Spiritual Director for 20+ years meeting with individuals and couples on the grounds of Grace Episcopal Church, Yorktown, VA.

**Availability:** My hours are flexible, mostly afternoons.

**Education, Training, Certifications and Experience:** I completed my M.Div. at Princeton Theological Seminary, Princeton NJ and earned my BA degree in Organ performance and Music Education from Goshen College, Goshen IN. Certificates I hold include:

- Pastoral Counseling Internship, Pastoral Counseling and Consultation Centers, Washington, DC. Clinical Pastoral Education, Internship & Residency, Holy Cross Hospital, Silver Spring, MD.
- EfM Mentor. EfM Trainer
- Myers-Briggs Type Inventory
- Enneagram
- Clifton StrengthsFinder
- Appreciative Inquiry
- Kaleidoscope Institute
- Institute for Intercultural Communication
- Emotional Intelligence EQi
- The Space Between Us – Learn to communicate truly and deeply
- Chakras

Member, Spiritual Directors International

**Specialties/Focus Areas:** The Holy Spirit is the real Spiritual Director.

**Style of Spiritual Direction:** As a Spiritual Director I count it a privilege to listen with folks who share authentic life experiences, puzzles, struggles. I look for where God/The Divine shows up, who is God/The Divine in every situation and where in the great Christian Tradition of stories and theology are parallels to the present situation.

**Personal Information/Interests:** Concert organist. Walking. Yoga. Crochet.