

James Skypeck

Contact James at:

804-625-5077

jimbobsky@aol.com

Number of years as a Spiritual Director: 2.5 years

Availability: I am available most days for spiritual direction by appointment. As I rely on the hospitality of my home parish for space, I must schedule sessions based on availability.



Education, Training, Certifications and Experience: I have a Masters degree in Theology from Yale Divinity School (1992) as well as training as a spiritual director from the RUAH School of Spiritual Formation at Richmond Hill in 2017. I have 5 years experience in mental health counseling including experience with dual diagnosis and substance abuse counseling.

Specialties/Focus Areas: LGBTQ issues are a primary area of focus for me. The struggle many LGBTQ individuals have reconciling their faith and their sexuality is one with which I am familiar and feel I can offer guidance and compassion.

Style of Spiritual Direction: I see my role as a conduit of the Holy Spirit, listening to both the needs of my directee and the direction God provides in the context of this holy experience. My goal is to make our time together both safe for self-disclosure yet providing gentle guidance, as needed, when my fellow traveler feels stuck or unsure.

Personal Information/Interests: I am a married gay man with the blessing of an amazing cocker spaniel who reminds me daily of God's great love for me and this world. I am a retired librarian and an amateur actor. I love movies, theatre, reading, and traveling this world and discovering new places and people.