

# Linda Rogers

**Contact Linda at:**

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**Number of years as a Spiritual Director:** I have been a spiritual director for about thirty years.

**Availability:** I was ordained to the Diaconate in 2018. During the Covid epidemic, I am currently visiting with directees virtually through Zoom. Please email or telephone me to arrange.

**Education, Training, Certifications and Experience:** For many years I was the spiritual directee of Stevens Heckscher, Ph. D., Benedictine oblate. Later, I apprenticed for two years at the Guild for Spiritual Guidance, founded by The Rev. Morton Kelsey (Episcopal priest, Jungian analyst, spiritual director and writer), and was certified by the Guild. The work I did transferred to the New York Theological Seminary and, with additional work, I earned an S. T. M., with a concentration in Spiritual Direction and Pastoral Ministry. Along with a prior degree in Theology, I did an additional four year post graduate training program at the 75 year old Blanton Peale Graduate Institute, with clinical work at the Greater New York Counseling Center, earning a diploma in Psychoanalytic Psychotherapy for adult individuals, couples and groups, which largely trains clergy and is a values oriented training program. I also became an associate of the Community of the Holy Spirit. Upon graduating, I became a staff therapist at the Samaritan Counseling Center in Pa., after which I opened a private practice for about 20 years. Additionally I attained the level of Fellow with the American Association of Pastoral Counselors. Occasionally, I counseled with spiritual directees, up to the present time, although I retired from psychotherapy when moving to Virginia. I remain a Spiritual Directee at this time.

**Specialties/Focus Areas:** Most of my work as a spiritual guide has focused on individual emotional and spiritual growth. My particular passion is in helping people to grow spiritually.

**Style of Spiritual Direction:** I believe in a transcendent God who longs to be in a personal relationship with us and to heal our lives, where they have become derailed.

**Personal Information/Interests:** Special interests are cooking, reading, healing ministry, music, genealogy and local history.