



## **Day 6 Contagious Love** **Sunday, March 22, 2020**

Who'd a thunk it? A virus is turning the world upside down! Jan and I, and hopefully you too, are trying to do our part by practicing aggressive social distancing. And as you know by now that means every non-essential thing going on in our lives is either being rescheduled or cancelled.

But it also means we are getting pretty creative, too. We are texting, emailing, calling, FaceTiming friends and family. Thanks to our BCC leadership and staff, worship comes to our community via YouTube. Our family living all across the country gets together for a "zoom happy hour"! Our kids are working from home and home schooling their kids as well. Our neighbors text asking if they can get anything we need from the store etc. The motivation to be creative and caring is immense.

But beyond radical change, creativity and caring, the bug has awakened many (and hopefully all of us) to the spiritual reality of our Oneness. It is becoming more perfectly clear every day that we are all in this together—every continent, every country, every class, every religion, every race, age and gender—ALL of us. We are all subject to this crisis, a crisis that by definition involves suffering and love, faith, and hope.

So, I invite you to take comfort and strength in the loving contagious words of spiritual giants like Henry Nouwen, who learned that "hope frees us to live in the present, with the deep trust that God will never leave us."

And the words that came to St. Paul from the Lord, *"My grace is sufficient for you, for my power is made perfect in weakness."*(2 Cor. 12:9 NIV)

Blessing to all. I wish you Peace and every Good!

-- *Rick Frost*