



Rumbling with Vulnerability

August 29, 2021

Exodus 4:10-18 (MSG)

Connect:

- Share your own definition of courage. Where did you see such a definition alive and active in your life this week?

Engage

- If you experienced the message from this weekend, what part challenged or engaged you the most?
- Read ***Exodus 4:10-18***. This passage picks up in the middle of a conversation (*argument?*) between Moses and God in front of the famed burning bush. God has a need for Moses to help and Moses is trying every way he knows how to get out of it. When (*and to what*) have you felt called by God to do something? Were you *all in* right away or did you try to find a way out of it?
- Moses leans on the “*I don’t speak well*” idea as the one that will keep him from the kind of leadership God is asking of him. Name a trait you have that you feel you hide behind when called upon to lead. Name a trait that has grown in you which you’ve come to lean on to lead effectively.
- Mark named in his message three things he tells his kids about control. “*You control three things: your preparation; your attitude; and your effort.*” Do you agree/disagree? Discuss.
- What critics do you listen to in your own life, if any at all? Who makes your list and why do you listen to them?
- How many green lights do you need, so to speak, in order to move forward with a decision? What is the role of faith and courage in your decision making?

Next Steps:

- Dr. Brene Brown suggests writing names on a one inch by one inch piece of paper of those you will invite into your Square Squad. Let them know they are on your squad as a trusted and respected presence in your life to help you live into the next calling of your life. These are not simply “yes” people but those who will challenge you and be honest with you about what they see in your life. Do this step as a practice of vulnerability and see how it guides you forward with greater courage.

Pray:

- “*Courage is admirable, God. We often see it more easily in others than we do ourselves. Help us see it more in our lives. Help us live with courage into the next calling you have for each of us. While we long for more green lights, help us trust the green lights you’ve already revealed. We’re ready to get involved, be engaged, and join the action of the arena. Guide us forward. Amen.*”