

8TH ANNUAL AUTUMN WOMEN'S WEEKEND at BERGFRIED

1528 Highway 100, Hermann, MO 65041, Cottage Phone: (573) 486-5877

SCHEDULE OF ACTIVITIES

FRIDAY, October 18:

ARRIVAL – Anytime that works for you. Bring your own dinner for Friday evening. Better to arrive before dark (8:00 pm) if you're setting up a tent, although many have set up camp in the dark over the years. Potluck dishes for Saturday's dinner may be placed in the refrigerator in the cottage.

There will be a campfire at the Lingenfelder Shelter. There will be charcoal available if you plan to grill. The grill won't be lit unless it's needed.

After dinner, maybe some songs around the campfire. Bring your camp chair, musical instruments, song sheets, if you have them, and a small light to see the song sheets.

SATURDAY, October 19:

ARRIVAL – Anytime that works for you.

Morning, whenever we get there: coffee and tea provided in the cottage. Your own breakfast.

10:30 Morning hike/walk to Missouri/Gasconade Rivers Overlook with Cindy Haynes

12:00 Lunch at the shelter on your own

1-1:45 Rustic Living in a fire tower discussion with Flo Reeves

2-2:45 Meditation with Lynn Murphy

3-4 Acorn Painting craft activity with Dawn Zeligman

4-5 Potluck food prep. Pot luck dishes to serve 4 to be brought out and made ready. The grill at the Shelter will be lit for those who want to cook something for dinner. There will also be the campfire for heating food, for those of us with campfire cooking skills.

5-6 Potluck dinner in the shelter. We want to be finished and cleaned up before dark!

Sunset will be at 6:15.

Dusk Campfire and song led by Dawn

Anytime: There are numerous opportunities for active or not-so-active things to do. All are your choice. There are a number of hikes at Bergfried: to the quarry; to the overlook of the confluence of the Gasconade and Missouri Rivers; to the gravesite of a Civil War Union soldier; or the Homestead Trail. All activities are optional and schedule is flexible. Sunset over the valley at Bergfried is gorgeous. For music around the campfire, bring musical instruments and/or song sheets if you have them.

SUNDAY, October 20:

10:0 a.m. A short worship service led by Lynn Murphy. Music on violin by Flo Reeves.

Coffee and tea provided in the cottage, before and after the service. Bring what your own breakfast. Packing up at your leisure.

WHAT DO I NEED TO BRING FOR THE WEEKEND?

\$5.00 donation/fee for use of the cottage

Food and drinks for yourself for the weekend and a dish to share (enough for 4 people) for the potluck on Saturday evening. Plan to keep your personal food in your own cooler. Potluck dishes can be held in the cottage refrigerator, until it is full. As a back-up, be prepared to keep your potluck dish in a cooler, if needed.

Water jugs can be filled at the cottage or bring water from home. There is no water at the shelter, in the bunk houses, or at camp sites. There are outhouses at the campground.

Pot luck dish to share (to feed 4 people) for Saturday evening dinner may be stored in the cottage refrigerator and can be heated in the cottage oven, stove top, microwave or at the shelter campfire or grill. Crock pots can be heated at the cottage.

Camping equipment, if you're camping.

Bedding: If you've reserved a bed or mattress in the cottage, on the porch, or in a bunkhouse, you need to bring pillows, sheets, blankets and/or sleeping bag.

Flashlights, batteries, lanterns, book light (for campfire sing along)

Sturdy, closed-toed walking shoes. High socks to pull over pant cuffs. (to keep bugs off)

Warm jacket and hat; rain jacket or poncho; a sun hat

Sunscreen, bug repellent

Nature books to share – birds, butterflies, wildflowers, trees, insects

Musical instruments, Song sheets if you have them

Camera, binoculars