

THE SEVEN SORROWS OF THE MOTHER OF GOD

V. Incline unto my aid, O God!

R, *O Lord, make haste to help me!*

One Glory Be



1. The prophecy of Simeon

I compassionate thee, O Sorrowful Mother Mary, on account of that grief suffered by thy tender heart at the prophecy of the aged Holy Simeon. O dearest Mother, through this thy afflicted heart, implore for me the virtue of humility and the Gift of the Fear of God.

One Hail Mary



2. The flight into Egypt

I compassionate thee, O sorrowful Mother Mary, on account of those distressing fears which thy affectionate heart endured on the flight to Egypt and during thy sojourn there. O dearest Mother, through this thy anxious heart implore for me the virtue of generosity, particularly for the poor, and the Gift of Piety.

One Hail Mary



3. The loss of the Child Jesus in the temple

I compassionate thee, O sorrowful Mother Mary, on account of that anxiety which thy worried heart endured in the loss of thy beloved Child Jesus. O dearest Mother, through this thy exceedingly troubled heart, implore for me the virtue of chastity and the Gift of Knowledge.

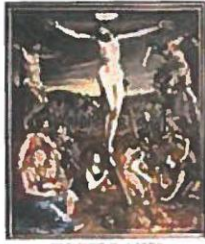
One Hail Mary



4. The meeting of Jesus and Mary on the Way of the Cross

I compassionate thee, O sorrowful Mother Mary, on account of that horror with which thy mother's heart was stricken when meeting Jesus bearing the Cross. O dearest Mother, through this thy exceedingly oppressed heart, implore for me the virtue of patience and the Gift of Fortitude.

One Hail Mary



5. The Crucifixion

I compassionate thee, O sorrowful Mother Mary, on account of that martyrdom which tortured thy magnanimous heart at the death-agony of Jesus. O dearest Mother, through this thy martyred heart, implore for me the virtue of temperance and the Gift of Counsel.

One Hail Mary



6. The taking down of the Body of Jesus from the Cross

I compassionate thee, O sorrowful Mother Mary, on account of the anguish inflicted upon thy tender heart by the thrust of the lance that opened the side of Jesus and pierced His Most Adorable Heart. O dearest Mother, through this vicarious transfixion of thy own heart, implore for me the virtue of brotherly love and the Gift of Understanding.

One Hail Mary



7. The burial of Jesus

I compassionate thee, O sorrowful Mother Mary, on account of that agony of soul, which racked thy most loving heart at the burial of Jesus. O dearest Mother, through this extreme torment that filled thy burdened heart, implore for me the virtue of zeal and the Gift of Wisdom.

One Hail Mary

V. Pray for us, O Virgin Most Sorrowful!

R, *That we may be made worthy of the promises of Christ,*

LET US PRAY:

O Lord Jesus Christ, we beseech thee that the Most Blessed Virgin Mary, whose soul was pierced by the Sword of Sorrow in the hour of thy Passion, may be our advocate at the throne of Thy Mercy, now, and at the hour of our death. Through Thee, Jesus Christ, Redeemer of the World, Who livest and reignest with the Father and the Holy Ghost, world without end.

Amen