

BASKETBALL LEAGUE

PLAY WITH PURPOSE



Parent Guide

Upward Basketball is dedicated to developing TOTAL ATHLETES to reach their full potential: ***Mentally, Athletically, Spiritually, and Socially.***

In other words, at Upward Basketball, young athletes don't just play... they ***PLAY WITH PURPOSE!***

UPWARD
SPORTS

As a parent of a young athlete, what do I need to know about Upward Basketball?

- Participating in Upward Basketball means your young athlete will get to experience the intentional teachings of the **360 Progression™** - the development of total athletes mentally, athletically, spiritually, and socially.
- Upward Basketball follows a unique set of rules designed to promote healthy competition and sportsmanship while promoting the objectives of the game. A full set of rules are available to you at Upward.org/rules.
- During this level of development, repetition is essential. Because of this, coaches will adhere to a unique participation system each game that allows all players the opportunity to develop and improve.
- At each practice, your coach will share a life lesson with your young athlete that centers on Christlike virtues. This season will focus on three virtues, each of which will be taught for three practices. Each virtue will also have a corresponding Bible verse.

Here are the virtues and verses for this season:

VIRTUE	VERSE
Honor	<i>Love one another deeply. Honor others more than yourselves. Romans 12:10 (NIRV)</i>
Endurance	<i>Blessed is the person who keeps on going when times are hard. James 1:12a (NIRV)</i>
Faith	<i>Faith is being sure of what we hope for. It is being certain of what we do not see. Hebrews 11:1 (NIRV)</i>

- At the end of every Upward Basketball game, be sure to join your young athlete, as they are recognized by their coach for their actions and attitudes on the court.



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