

**BASKETBALL CHEER**

# CHEER WITH PURPOSE



## ***Parent Guide***

Upward Cheerleading is dedicated to developing TOTAL ATHLETES to reach their full potential: ***Mentally, Athletically, Spiritually, and Socially.***

In other words, at Upward Cheerleading, young athletes don't just cheer... they ***CHEER WITH PURPOSE!***

**UPWARD**  
SPORTS

## ***As a parent of a young athlete, what do I need to know about Upward Cheerleading?***

- Participating in Upward Cheerleading means your young athlete will get to experience the intentional teachings of the 360 Progression™ - the development of total athletes mentally, athletically, spiritually, and socially.
- Upward Cheerleaders play a huge role in creating the excitement of game day. It is their enthusiasm that gets the crowd on their feet. Your young athlete will learn the skills necessary to perform on game day through positive cheers, chants and pom routines.
- Cheer squads will not have a particular team they cheer for on game day. The cheers and chants are designed to encourage all teams. No negative cheers or words will be allowed.
- All cheerleading squads will wear identical uniforms.
- At each practice, your coach will share a life lesson with your young athlete that centers on Christlike virtues. This season will focus on three virtues, each of which will be taught for three practices. Each virtue will also have a corresponding Bible verse.

*Here are the virtues and verses for this season:*

<b>VIRTUE</b>	<b>VERSE</b>
<b>Honor</b>	<i>Love one another deeply. Honor others more than yourselves. Romans 12:10 (NirV)</i>
<b>Endurance</b>	<i>Blessed is the person who keeps on going when times are hard. James 1:12a (NirV)</i>
<b>Faith</b>	<i>Faith is being sure of what we hope for. It is being certain of what we do not see. Hebrews 11:1 (NirV)</i>

- At the end of every game day, be sure to join your young athlete, as they are recognized by their coach for their actions and attitudes on the court.



[upward.org](http://upward.org)

