

GAME FORMAT (ALL LEVELS)

1. Refs lead both teams in prayer.
2. Flip coin to determine first possession.
3. Possessions alternate on jump ball situations.
4. Possession at the start of each segment is based on possession arrow.
5. Running clock throughout game (Only stopping for subs and halftime).
6. Coaches must adhere to sub system.
7. There are NO timeouts.
8. Teams switch goals at halftime.
9. No overtime periods allowed (ties remain ties).
10. All game in all divisions play 5 on 5
11. Learn correct positioning during game play.
12. Any Child receiving 2 fouls in a 6 min period is removed from that period but stays in the player rotation.
13. Instructional league- communicate clearly with coaches and players
14. Control the game – do not let rough play get started.
15. Encourage “help defense”.
16. Learn hand signals...
17. Children exhibiting bad behavior must be warned, then removed.
18. Referees must take charge from the beginning. Establish you authority! Use the whistle.

DEFENSE RULES OF PLAY

1. Man-to-Man defense at ALL times.
2. Players will “match up” at half court at the start of each segment. Coaches will be allowed to address match up issues before each period starts.
3. Defensive players must be within arm’s reach of the player they are guarding.
4. No double-teams (“Help and Recover” defense is strongly encouraged).
5. No full court presses.
6. Backcourt violations shouldn’t be called unless playing on full regulation court.
7. If a player commits two fouls in one segment, they must sit out the remainder of that segment.

OFFENSE RULES OF PLAY:

1. No stalling or running out the clock. First offense is a warning, Second offense results in a turnover.
2. No isolation plays allowed.
3. Non-shooting fouls will result in the ball being inbounded from baseline or sideline.
4. Shooting fouls will result in free throws. (does not apply to Kindergarten games)
5. No “bonus situation” free throws.
6. No score will be given for basket in own goal; result is a turnover of possession

RULE MODIFICATION (KINDERGARTEN)

Goal Height 7 Feet

Ball Size 25"

Game Length

Six, 6-minute periods with 8-minute halftime. One minute for subs between periods.

3-second violation No.

Coaches on floor Yes.

Steals Not allowed (Against dribbler or passer).

Double-dribble

1) Not called for dribbling with both hands at same time.

2) Called picking up dribble and dribbling again, but does not result in turnover.

Traveling Called but does not result in turnover.

Fast Breaks Not allowed.

Shooting Fouls Fouled shooter retries shot from spot of foul without being defended. Ball is live after attempt.

RULE MODIFICATION

(1-2 BOYS & 1-3 GIRLS)

Goal Height	8 Feet
Ball Size	25"
Game Length	Six, 6-minute periods with 8-minute halftime. One minute for subs between periods.
3-second violation	No.
Coaches on floor	No (Sidelines Only).
Steals	No stealing off the dribble (ok to steal off the pass)
Double-dribble	Yes. Results in turnover.
Traveling	Yes. Results in turnover.
Fast Breaks	Yes.
Shooting Fouls	Free throws are awarded on all shooting fouls. Shots are taken from 10' line. Ball is inbounded after second shot regardless of shot result.

RULE MODIFICATION

(3-4 BOYS*/4-6 GIRLS & 5-6 BOYS)**

Goal Height	9 Feet* (3-4 Boys) and 10 Feet** (4-6 Girls & 5-6 Boys)
Ball Size	28.5”
Game Length	Six, 6-minute periods with 8-minute halftime. One minute for subs between periods.
Keep Score	Yes.
3-second violation	Yes. Results in turnover.
Coaches on floor	No (Sidelines Only).
Clock Rules	Runs continuously with special rules under 2 minutes: 1) non-shooting fouls result offensive team receiving one point and possession. 2) Shooting fouls results in offensive team receiving two points and opposing team gets possession. 3) Players fouled in the act of shooting and make the basket are credited with the basket plus one point. The opposing team takes possession.
Traveling and Double-dribble	Yes ... Results in turnover.
Steals and Fast Breaks	Yes. Shooting Fouls Free throws are awarded on all shooting fouls. Shots are taken from 10' line. Ball is inbounded after second shot regardless of shot result.
Backcourt Violations	No (3-4 Boys) ... but defense may attack the offense once the mid-court line is crossed. Yes (4-6 Girls & 5-6 Boys) . (10 seconds to cross half-court)
3 Point basket	Counted for (4-6 girls & 5-6 Boys)