

CITADEL NEWS QUARTERLY

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Bishop Lincoln C. Haughton, III, Senior Pastor and Chief Executive Officer

Deacon James R. Haughton, Jr., Chief Operating Officer and Pastor of Music & Fine Arts

Words from the Bishop: To Be Blessed, You Must Stay in Position

God has revealed through His Word for us to be blessed, we must believe in the Word, speak the Word, and stand on the Word. He is also a God of order. *Genesis 26* describes how He appeared unto Isaac and gave him specific instructions. Isaac obeyed God's instruction to sow in the land of Gerar, where there was famine and hard times. Because Isaac obeyed God's instructions he was exceedingly and abundantly blessed in the same year!

Famine in our lives may take the form of trouble, difficulty, trials, and hardships. Isaac realized in *Genesis 26:3* that he was instructed by God to be a sojourner of Gerar. So we must remind ourselves that we are only temporary residents here on Earth. Our citizenship is in heaven.

No matter how harsh our circumstances may be, how we respond is much more important. We must decide to go forward and pursue the blessings God has promised to us. Spiritual growth will require that the believer encounter resistance in this world. Without challenges and tests, we cannot measure our spiritual growth. Trouble will either make us sensitive to God, stronger in faith, aware of our weaknesses and our need for him; or make us dull and insensitive, weaker in faith, disconnected and discouraged.

It is also important for believers to stop beating up on themselves. God is a forgiving God. He is doing the impossible right now! No matter what the circumstances, if you have Jesus, you have enough. The highest goal for every believer is to be better acquainted with the Lord.

Our greatest revelations come hiding behind our greatest trials! Embrace the trials and difficulties that come your way. They have come to make you stronger. You will be better for the trial.

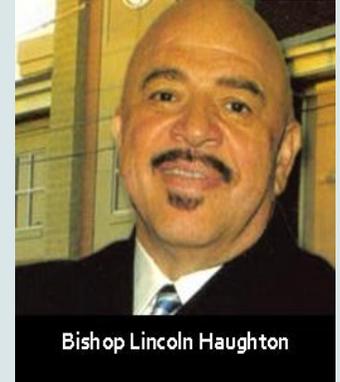
The Word of God shows that the greatest testimonies arose from believers who endured harsh circumstances. Paul and Silas grew stronger in faith because of their imprisonment. The disciples developed stronger faith as they endured the storm while riding in the ships on the open sea. The woman with the issue of blood had stronger faith because of her suffering and miraculous healing. Isaac had no evidence that God would bless him, but he had confidence. Isaac stayed faithful and fought past doubt and fear to reap the blessings God promised him.

Often we miss out on our harvest, because we stop sowing when famine and difficult circumstances seem to overtake us. It is then that believers find themselves "backing up" on their confessions, "backing up" on their reading the Word of God, "backing up" on their prayer life, and "backing up" on believing God. A murmurer/complainer "backs up", as well Each believer must make up in his/her mind to save him/herself. Each of us must stay in position to be blessed. God will NOT release YOUR blessing until YOU are in position.

God has a blessing for you. However you MUST stay in position. Remember:

- **Stay where God tells you to stay!** In *1 Kings 17:3*, Elijah was told by God to move and hide, and ravens

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Bishop Lincoln Haughton

Happy New Year!

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SCRIPTURE FOR THE QUARTER

Put on the whole armour of God, so that you will be able to stand against the tricks of the devil.

Ephesians 6:11

WORDS CONTINUED & NEW MEMBERS

(Continued from page 1)

would bring him food. If we wait on the Lord and delight in obeying His Word, He will give us the desires of our heart!

- **Believe that the time is now!** *Ecclesiastes 3:1* instructs us that there is a time and season for everything.
- **Let God be God!** Let God use whatever method He wants to bless you. Having done all to stand, we are instructed to keep standing.
- **Do whatever God tells you to do!** When God says dig ditches, fill pots with water, whatever, do it! Remember He used dirt to restore sight to a blind man.
- Praise God like you are experiencing the blessing right now! Often believers find themselves “imprisoned” in family turmoil, debt, and depres-

sion by failing to realize that their own faith and praise will bring a breakthrough. God has divinely ordered blessings for us that we **MUST** stay in position to obtain.

However, a believer will never fulfill the “call” that God has on his life or reach the degree of anointing he may seek, if he fails to position himself. The believer must acknowledge the need for a spiritual head in his/her life. Anointing flows down from the head. As the head of the house is blessed, the house is blessed.

Let us resolve to do as Isaac did. Resist the temptation to “return to our own Egypt's” and resolve to sow in the place where God plants us. Even when circumstances seem to contradict the promised blessings, God is a Rewarder of those who diligently seek Him!

The **New Members** listed below have joined the Cleveland Church of Christ Citadel of Hope Ministries family from October 14, 2018 through December 30, 2018. Please welcome them!



Shavon R. Austin

Betty J. Benton

Betty Beverly

Beverly A. Burks

Rasche Bush

Bruce S. Carroll

Tamara S. Dorroh

Evonna E. Eaton

Micah Evans

Anthony O. Finley

Kevin G. Freeman

April S. Glenn

Davan L. Glenn

Rev. Diane Horton

Kenyona Horton

Leslie N. McFarland

Donovan D. Polk

Shawntel M. Robinson

Nathaniel R. Saddler

Alphonzo G. Smith

Steven T. Smith

Gregory Thomas

Letraize Walker

Anita J. Webb

John R. Webb

Latoya E. Webb

Julia L. Wilson

CHURCH NEWS

Intercessory Prayer Warriors is a ministry of compassion and love where believers “stand in the gap” by going before God on behalf of others. It is the desire of the Intercessory Prayer Warriors to intercede with prayer believing that God will answer. The ministry meets on the first Wednesday of each month from 6 p.m. until 6:25 p.m. and the first Thursday of each month from noon to 1 p.m.

The **Sisterhood** holds their **Fellowship Meeting** on the third Sunday of each month at 1:30 p.m. in the Sanctuary. Come and enjoy a variety of interesting topics during their meetings each month.

The Brotherhood meets with the Pastor on the third Saturday of each month from 10 until 11:30 a.m. in the Holy Grounds concession area in the Citadel. Brothers are encouraged to come and join the **Brotherhood Fellowship Meeting** each month.

The **Youth Ministry and Young Adults Fellowship Meeting** will take place on January 27, and February 24, 2019, for their monthly meeting.

The **New Member Fellowship Meeting** is scheduled for Sunday, March 31, 2019, in the Eloise Harvey Room at 1:30 p.m. There will be discussion about the church and its ministry. Refreshments will be served. Come and learn more about your Christian life.

CLOTHING and other DONATIONS

Clothing and personal grooming donations are being collected for individuals and families in need. The items are then distributed each month during Community Meals. Community Meals is a program held on the third Saturday of each month from noon until 2 p.m. People in need are fed and they may choose to receive available items they may need. Your donation of items may be given to Sister Carol Moore or Brother Tim Coleman. For a list of items being requested, check at the information desk in the Rotunda.

SERVICES

There is a change in the Wednesday Night Services. We will be having a **High Praise Service** on the first Wednesday of each month, from January through April, beginning at 7 p.m. That service will be held at **The Chapel**. **The Chapel** is our newly renovated Youth House. If you wish to tarry for the Holy Ghost and be delivered, be there at 6:30 p.m. Baptism will also be available.

All Sunday School classes meet from 9:30 a.m. until 10:30 a.m. each Sunday in various classrooms in the Citadel.

REHEARSALS

The Gospel Pearls Choir Rehearsal is held every Tuesday evening beginning at 6:30 p.m. in the Citadel choir stand.

The Citadel Women’s Chorus rehearses on the first Sunday of the month following the 11 a.m. worship service in the Citadel choir stand.

The Citadel Male Chorus rehearses on the second Sunday of the month following the 11 a.m. worship service in the Citadel choir stand.

OTHER NEWS

THE CLEVELAND CHURCH OF CHRIST FEDERAL CREDIT UNION (CCCFCU) is reminding ALL credit union members of the importance of updating their beneficiary information on their share accounts.

Each account should have a primary and a contingent or secondary beneficiary. This year several share accounts were turned over to the State of Ohio because the account holder had passed away AND the beneficiary on the account was also deceased. Credit union members may also name the CLEVELAND CHURCH OF CHRIST CITADEL OF HOPE MINISTRIES as the primary or secondary beneficiary on their account.

As a credit union member, you should make sure to update your beneficiary information now to ensure your account funds will be directed to the right person or institution which you have designated.

DORMANT ACCOUNTS

Each year the Cleveland Church of Christ Federal Credit Union MUST turn dormant share accounts over to the **Ohio Division of Unclaimed Funds**. If there has been no activity on an account for five years, by law, the credit union is REQUIRED to turn the account funds over to the State of Ohio. Making a deposit or withdrawal today will keep your CCCFCU account active!

SHARE HOLDERS MEETING

The annual Share Holders Meeting for the CCCFCU will be held on February 24, 2019, in the Holy Grounds concession area at 1:30 p.m., after morning worship service. Come and learn more about your credit union, win door prizes, and have some refreshments.

CREDIT UNION HOURS

We will be open on the first Wednesday of each month, from February through April, from 6-6:30 p.m. Tuesday hours remain the same, from 6:30-7:30 p.m. Sunday hours also remain the same, 10:30-11:00 a.m. and for one hour after morning worship service ends.

CHURCH MEMBERSHIP



Stop by the Administrative Office to ensure that your membership personal information, including current address and telephone number, are up to date. Even though you may not have moved for many years and/or have been a member for many years, you still need to make sure your information is correct. Some of us no longer have landlines or have changed or updated cellular service. Membership Update sheets are available in the Administrative office.



Daylight Saving Time begins
Sunday, March 10, 2019.
Spring Forward!
Set your clocks **forward** one hour!

JANUARY NURSING NEWS

January 2019 is the month for:

National Radon Action
National Birth Defects Prevention
National Folic Acid Awareness
Healthy Pregnancy Awareness
National Blood Donor
National Glaucoma Awareness
Cervical Health Awareness
Thyroid Disease Awareness
Hearing Loss Awareness
National Healthy Weight Awareness
National Fit and Family Awareness
National Mentoring Awareness
Reading Month
National Winter Sports Traumatic Brain
Injury Awareness
National Stalking Awareness
National Human Trafficking Awareness

January 2019 Days to Remember:

21 Martin Luther King, Jr. Day of Service
30 World Leprosy Day

BASIC RADON INFORMATION

Radon is a naturally occurring, radioactive, noble gas that is odorless, colorless, and tasteless. It is formed as part of three radioactive decay chains that begin with uranium and thorium. These elements are found in small amounts in most rock, soil, and water.

Radon is normally found in very low levels in outdoor air. Radon progeny (particles from radon) are often attached to dust and you may be exposed by breathing them in. Radon and radon progeny are normally found at higher levels in indoor air in homes, schools, and office buildings.

Concrete construction materials or cracks in the basement or foundation of a home may allow higher levels of radon and radon progeny inside the home. Radon and radon progeny may also be found in drinking water from the surface, groundwater, and wells. Radon water can become airborne especially when the water is used for cooking or showering.

Breathing radon in your home can cause lung cancer. Despite whether your home is old or new, well sealed or drafty, with or without a basement, radon gas can be present. Radon is the number one cause of lung cancer among people who do not smoke. Homes with high levels of radon have been found in every state. In fact, radon levels can vary greatly from home to home—even levels next door can be very different.

Testing your home for radon is easy. If your house has a radon problem, it can be fixed. Radon poses a serious health risk. Fixing a radon problem reduces the risk of lung cancer for you and your family. It can be reduced easily and cost effectively. Take action today. Encourage your friends and family members to do the same!

You may get a Radon Test kit by: (1) buying one online at www.sosradon.org or at your local home improvement or hardware store, (2) ordering a test kit by calling 1-800-SOS-RADON (1-800-767-7236), or (3) requesting one from your state radon program at www.epa.gov/radon/whereyoulive.html.

Help is available to fix a radon problem. You can call your state radon office to find qualified mitigators in your area. Also local companies with radon mitigators are in the phone book or online. The cost to reduce radon depends on how your home was built and how you use it. Most homes can be fixed for about the same cost as other common home repairs.

Information from the CDC Information Center, the Agency for Toxic Substances and Disease Registry, Division of Toxicology and Human Health Sciences, and the United States Environmental Protection Agency.

***Hide not your talents,
they for use were made,
What's a sundial in the shade?***

Benjamin Franklin,
American Statesman
1706-1790

***It really boils down to this:
that all life is interrelated...
Whatever affects one
directly, affects all indirectly.***

Martin Luther King, Jr.,
American Civil Rights Leader
1929-1968

FEBRUARY NURSING & BLACK HISTORY NEWS

February 2019 is the Month for:

Dental Health
American Heart
National Burn Awareness
National Cancer Prevention
National Children's Dental Health
International Prenatal Infection
Prevention
AMD/Low Vision Awareness
National Wise Health Consumer
Aging and Mental Health Awareness
National Library Lovers
National Eating Disorders
National Self-Esteem
National Condom
National Teen Dating Violence
Awareness and Prevention
National Senior Independence
African American History

February Days to Remember:

1 National Wear Red
4 World Cancer
7 National Black HIV/AIDS Awareness
9 Toothache
14 National Organ Donor
14 National Condom Awareness
17 Random Acts of Kindness
28 Rare Disease

2019
GO RED FOR WOMEN

15th Anniversary Experience

SAVE THE TIME

2.15.19

Hilton Cleveland
Downtown

10:30 a.m.—2:00 p.m.

American Heart Association

Oral Cancer includes cancers of the mouth and pharynx (the back of the throat). Oral cancer accounts for roughly three percent of all cancers diagnosed in the United States as of 2016. On average, 64 percent of those with the disease will survive more than five years. Oral cancer most often affects more than twice as many men as women.

Tobacco and alcohol use puts people at risk. HPV infections has been linked to a subset of oral cancers. Sometimes age is a risk for people over 40. Cancer of the lips can be caused by sun exposure. A diet low in fruits and vegetables may play a role in oral cancer development.

A physician/dentist should be seen for symptoms that last more than two weeks. This might be a sore, irritation, lump or thick patch in your mouth, lip or throat. Difficulty chewing or swallowing and/or a feeling that something is caught in your throat. Numbness of your tongue or other areas of your mouth. Pain in one ear without hearing loss by no means completes the lists, but be wary of unexplained signs or symptoms.

Oral Cancer exams to detect early signs of cancer are painless and take only a few minutes. Early detection can lead to more successful treatment.

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES, National Institutes of Health

February is Black History Month!

Richard Allen—Abolitionist, Preacher, Former Slave, Educator—Because God doesn't segregate, but humans do—1760-1831

James Baldwin—Novelist, Playwright—Because he embraced the responsibility to be a voice for his nation—1924-1987

Benjamin O. Davis, Sr.—General, Officer—Because he led the fight against enemies both foreign and domestic—1880-1970

Frederick Douglass—Abolitionist, Author—Because his voice rose from the horror of slavery to challenge the denial of Black humanity—1818-1895

Dr. Charles Drew—Doctor—Because he was a true blood-pioneer who has saved, and still is saving, millions of lives—1904-1950

Jesse Jackson—Civil Rights Activist, Politician—Because he kept hope alive and made the White House real—1941-

Malcolm X—Civil Rights Activist, Minister—Because he was the spark who sought to ignite equality by any means necessary—1925-1965

Thurgood Marshall—Supreme Court Justice—Because he was the most feared black man in the South—1908-1993

Barack Obama—44th President of the United States—Because he was President of the United States—1961-

Jesse Owens—Track and Field Athlete—Because he was the sprinter who humiliated Hitler—1913-1980

MARCH NURSING & WOMEN'S HISTORY NEWS

March 2019 is the Month for:

National Problem Gambling
National Colorectal Cancer
National Nutrition
National Multiple Sclerosis
Education and Awareness
National Poison Control
Prevention
National Kidney Awareness
National Brain Injury Awareness
National Endometriosis Awareness
Mental Retardation Awareness
National Sleep Awareness
American Red Cross
Save Your Vision
National Cheerleader Safety
National Development Disabilities
Awareness
Workplace Eye Wellness
Trisomy Awareness
National Professional Social Work
National Athletic Training
Deep Vein Thrombosis and
Pulmonary Embolism Awareness
Prescription Drug Abuse Prevention
National Breakfast
National Frozen Food
National Women's History

March 2019 Days to Remember:

2 Red Cross America
4 National Grammar
5 Multiple Personality
6 National Cyberbullying Awareness
8 International Women's
10 National Women and Girls HIV/
Aids Awareness
21 World Down Syndrome
22 World Water
24 World Tuberculosis (TB)
25 National Colonoscopy Screening
26 Global Epilepsy Awareness

**GAMBLING IS ALL FUN
AND GAMES, UNTIL!**

Think about your **GAMBLING**. Have you used borrowed money? Do you spend lots of time thinking about gambling? Are you restless and irritable when not gambling? Do you lie about gambling? Do you make larger bets to increase the excitement? Do you gamble to escape uncomfortable or personal problems? Have you neglected responsibilities and bills because of gambling? Have you hurt friends and family because of gambling?

You may be able to use the tips given here to help you play responsibly.

- Never gamble with borrowed money.
- Gamble only what you can afford to lose.
- Set a limit and stick to it.
- Bet with your head, not above it.

Problem gambling refers to any gambling that goes beyond the normal bounds of gambling for fun, recreation, or entertainment. *Ohio for Responsible Gambling* and the *ADAMHS Board of Cuyahoga County* are committed to helping players be responsible. The *Ohio Problem Gambling Hotline* is 1-800-589-9966.

March is Women's History Month!

Maya Angelou—Poet, Activist—Because she rose to greatness, despite facing some of life's cruellest hardships—1928-2014

Ella Baker—Civil Rights Activist—Because she didn't let her gender keep her from defending her race—1903-1986

Shirley Chisholm—Politician—Because before 'Yes We Can' there was 'Unbought and Unbossed'—1924-2005

Aretha Franklin—Singer, Song Writer—Because hers is a title well earned: Queen of Soul—1942 -2018

Katherine Johnson—Physicist, Mathematician—Because she used numbers to find her voice at NASA—1918-

Henrietta Lacks—HELA CELL LINE—Because she was the subject of a medical experiment that is still saving lives today—1920-1951

Sojourner Truth—Abolitionist, Activist—Because of a famous speech amid a lifetime of activism—1791-1883

Harriet Tubman—Abolitionist—Because she was a conductor of the Underground Railroad—1820-1913

Madam C. J. Walker—Entrepreneur, Activist—Because she found out you can never go broke working black women's hair—1867-1919

Serena Williams—Tennis Player—Because she's simply the best—1981-

Oprah Winfrey—Media Mogul, Philanthropist—Because it's Oprah. You know Oprah—1954-

**Cleveland Church of Christ
Citadel of Hope Ministries**

1035 East 105th Street

Cleveland, OH 44108

(216) 373-2151

**Bishop Lincoln C. Haughton, III
Senior Pastor**

**Visit us ON THE WEB at
www.clevelandchurch.org**



Do you have an advertisement, article, or news item you would like published in the ***Citadel News Quarterly***? All newsletter submissions must be presented to the Administrative Office on or before the third Sunday of each quarter.

All submissions to the **Citadel News Quarterly** are subject to administrative approval and/or editing and may not necessarily be published.

If you have any questions or concerns regarding this publication, please contact us at (216) 373-2151.

CORPORATE FAST DATES

Plan to participate with your church family in our Corporate Fast from midnight on the first Friday of each month until noon on Saturday. We are fasting for souls to have a closer walk with the Lord. Those who fast and pray can expect a miracle. The next set of Corporate Fast dates are given below:

February 1, 2019

March 1, 2019

April 5, 2019

**Thank you to all who contributed
to this issue!**

WORDS OF HOPE BOOKSTORE

Stop by the Words of Hope Bookstore after service. The Citadel of Hope Ministries Photo/Memory Books are available to be purchased for \$20. Included in the book are 5 by 7 inch color pictures of the Joylanders, Community Meals, Education Day, and the Citadel Mimes and Praise Dancers. You will also find a wide variety of Bibles, books, CDs, and T-shirts. The audio quality of our CDs has been enhanced to produce an even higher level of audio excellence than in the past. T-shirts come in a variety of sizes and colors. All items may be purchased on your visit. Items may also be ordered given certain circumstances.



BIBLES